



# FOOTTRAILS

SPRINGFIELD ROAD RUNNERS CLUB

NOVEMBER / DECEMBER 2017

## UPCOMING DATES:

- 12/3/2017—Frostbite Festival
- 12/14/2017—SRRC Medal Mixer
- 1/27/2018—Post Race Party—SRRC Banquet at Erin's Pavilion
- January 2018—Halfwits Training Begins!

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## Joe Moreno to be SRRC Banquet Special Guest

Joseph (Joe) Moreno, Race Director for the Quad Cities Marathon, will be the guest speaker at our Annual SRRC Banquet on January 27, 2018, at Erin's Pavilion. Joe founded the Quad Cities Marathon in 1997, and he directs two other area races: the Freedom Run and the Firecracker Run. He served on the East Moline City Council from 1989 to 2001, and served as Mayor from 2001 to 2005. SRRC member Megan Styles interviewed Joe this week to learn a little more about his life in running, race directing, and local politics.

### A Conversation with Joe Moreno, Race Director for the Quad Cities Marathon

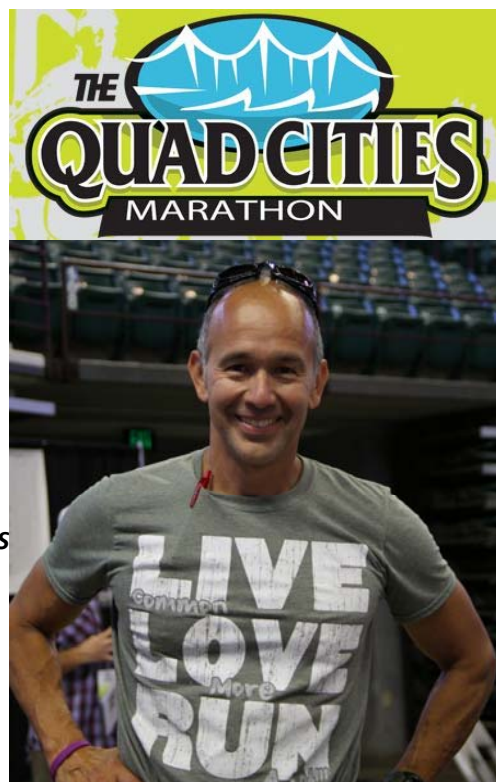
By Megan Styles

MS: When did you first become a runner?

JM: I was a troubled teenager. I was the last one that anyone would guess would end up successful in life. Back in the early 1970s, it was uncommon for a Hispanic Catholic couple to get divorced, but my parents did. I really struggled with it. My mom couldn't control me, and I was in trouble at home and in trouble with the law.

One day, two young guys came to my door and asked me to come out with them. They were from an organization called the Youth Service Bureau, and they had volunteered to mentor troubled teens. They took me to the movies and for ice cream, and they just happened to be runners. I kept doing the bad stuff for a while longer because I enjoyed it so much [laughs], but they sort of weaned me away from it. I joined them on some runs and they took me to some races, and I found that I was pretty good at it.

I've seen them both since. One became a judge and one became a professor at St. Ambrose University, but at the time, they were just two twenty-something guys looking after a fourteen-year old kid. They were



part one of pulling me away from the bad elements. Part two was my wife, Lorna. We were high school sweethearts, and we've been married now for almost 41 years. She was a great influence on me, and I'm very fortunate to have that. We have four children, and seven grandchildren now.

MS: How and when did you get started directing races in the Quad Cities?

JM: Since I started running, I've been a very active and very consistent runner. I started volunteering at local races, and when you start volunteering, you get a better view of what it takes to put something on. You have an appreciation for

(Continued on page 4)

## 2017 SRRC Board

### **President**

**Nick Fogleman**  
sn95nik@gmail.com

### **Past President**

**Bryan Glass**  
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### **Vice President**

**Carrie Ward**  
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### **Treasurer**

**Teri Taylor**  
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### **Special Programs Director**

**Dave Drennan**  
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### **Race Director Liaison**

**Lance Cull**  
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### **Volunteer Liaison**

**Dustin Morrison**  
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### **Membership Coordinator**

**Matt Minder**  
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### **Member at Large**

**Kristina Mucinkas**

### **Webmaster**

**Neil Glessner**  
Neil.Glessner@gmail.com

### **Newsletter Editor**

**Tammy Bumgarner**  
tebumgarner@gmail.com

# Club Information

## Membership

Annual Membership Rates:

\$30 Family  
\$20 Adult  
\$5 Students

Memberships run from January 1st to December 31st. Half-price membership starts on September 1st. Renew or join online at [www.srrc.net](http://www.srrc.net)

### **Address/e-mail changes:**

Matt Minder  
Membership Coordinator:  
SRRCMembership@gmail.com

### **Find us online!**

[www.srrc.net](http://www.srrc.net)  
[www.facebook.com/srrc.net](http://www.facebook.com/srrc.net)

## Board Meetings

Board Meetings are held on the second Tuesday of each month starting at 5:30 pm at the United Community Bank located at 617 Bruns Lane (Brunns Lane & Jefferson) in Springfield

## Advertising

At the present time, we plan to publish Foottrails on a bi-monthly basis. This schedule is subject to change. Advertising rates are as follows (black and white)

\$60 - Full page ad  
\$40 - Half page  
\$20 - Quarter page  
\$15 - Eighth page

## SRRC Training Groups

### **HALFWITS**

12-week half marathon training for the Lincoln Presidential Half Marathon.

Cost: Free to SRRC members

Dates: January—March

Leaders: Lance Cull, and Lori and Tommy Dale

[www.facebook.com/SRRCHalfWits](http://www.facebook.com/SRRCHalfWits)

[www.srrc.net/halfwits](http://www.srrc.net/halfwits)

### **GET FAST!!!**

Work on your speed at the summer track sessions led by Susan Becker.

Dates: April—September

Wednesday evenings, 5:45 at SHG Track  
[www.srrc.net/speedwork](http://www.srrc.net/speedwork)

### **ABES ARMY**

Popular 12-week summer training program for the Abe's Amble 10K race in August.

Cost: TBD

Dates: May—August

Leaders: Tracy Dowell

[www.srrc.net/abes-army](http://www.srrc.net/abes-army)

[www.facebook.com/SRRCAbesArmy](http://www.facebook.com/SRRCAbesArmy)

### **FROSTTOES**

Train for the Frostbite Premier 10 mile race with this 12 week program

Cost: Free to SRRC members

Dates: October—December

Leaders: Nick Fogleman and Matthew Duff

[www.srrc.net/frosttoes](http://www.srrc.net/frosttoes)

[www.facebook.com/SRRCFrostToes](http://www.facebook.com/SRRCFrostToes)

We welcome members to submit articles, outstanding performances by club members, and photographs to be included in future newsletters. Subject to board approval.

## President's Message:



Welcome to the end of our season, Springfield Road Runners! As I'm writing this, we are gearing up for the FrostBite 10 and 2 mile races, which will be the

last for 2017.

It has been an interesting year for me in my role as President. I am not normally one to take the spotlight in positions like this, but working with this

club has made it so much easier than I imagined.

I want to take a minute and thank the SRRC Board of Directors. The time and effort that these people put in to leading the club has been nothing less than amazing to me. Even though I'll be sad to see some of them leave next year, I'm also excited about creating new opportunities for some other people to be involved.

Similarly, thanks to the Race Directors, Group Leaders, and

other volunteers. You have each donated time, effort, and in many cases, material to make club events happen. These are the people who make the Club run. Be sure to thank these volunteers when you have a chance, because most of the things that bring us together would not happen without them.

I'll see you out there on the road!

-Nick Fogleman



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Apparel  
Accessories**



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## A conversation with Joe Moreno (cont.)

what it takes behind-the-scenes. I have four kids, and when they were little, our local park was really in disarray. I would ask the alderman to fix things, and they would just come and remove the playground equipment instead of repairing or replacing it.

I thought I would start a race and give the proceeds to the local parks department so they could afford to make improvements. I went to talk to a good friend who started the Firecracker Run to ask for advice, and wouldn't you know it, I walked out a few hours later with his race! [laughs] It's a great run. We do it every year on the Fourth of July, and we just celebrated our 35th anniversary. I've been the Race Director for 25 years, and we've grown participation from around 700 people to more than 3,000 runners.

MS: That's impressive! What did you do to promote the race and make it so successful?

JM: I was an active and very competitive runner, and I had been volunteering all the time with other races. That gave me great insight. Going to other races and seeing how other people do stuff has been my biggest asset and my sharpest and best tool for being a Race Director. I've always said that this is true of any situation. If you watch and learn from others and apply the lessons to your situation, then your situation is always going to improve.

I also have great appreciation and respect for the volunteers, the race committee, and the community members that work to put together the run. The Firecracker Run committee has really been together since day one. I've always said that my goal was never just to get bigger. It was to get better. Everyone who runs the race should walk away with a great experience, and we let them do the marketing and be the ambassadors for the run the next year.



MS: What inspired you to start the Quad Cities Marathon?

JM: I have run 30 marathons in all four corners of the U.S. and in Mexico and Frankfurt, Germany. I was traveling to all of these places to run marathons, and I thought, 'You know what? This area needs our own marathon.' If you look at the Quad Cities, we're right smack in the center of several major urban areas – Chicago, Madison, St. Louis, Indianapolis, Des Moines. People could travel from all these places to run a marathon here.

I really wanted to start a community marathon – not just one in East Moline or any one city, but a marathon that would involve all of the communities. Being on the East Moline City Council and being able to network and be in constant contact with council members from the other cities really helped. I did my homework first and went around and made connections with the mayors, the legislators, the chambers of commerce, the visitor and convention bureaus, everyone that would need to agree to make this happen. Then I called a special meeting with all these entities, and

everyone walked away with a sense of, 'We can do this. Let's do this!' The city councils made a really important commitment to cover all of the expenses associated with having the police out on the course. This is really our biggest expense, and they've honored that commitment for twenty years! Each municipality covers thousands of dollars in expenses, and it's pretty cool they've all upheld that commitment for so long.

Our marathon is also very unique because we run across the I-74 Bridge. I'm pretty sure that we're still the only marathon in the U.S. with permission to run on a federal highway. The bridge is only two lanes, and we get one for the runners. We were very blessed that our representatives in Congress got involved and negotiated with the federal Department of Transportation to allow us to legally run on the bridge.

MS: You have had a long and successful career in local politics. As former city council person and mayor, what do you think races like this contribute to a community?

JM: This is a really important point. Races are not just about the runners and the participants; they're not just about people being selfish and wanting a run and tying up city streets. Races like this bring people into downtown for the day, and they spend money in local businesses. They also bring people together. Races are about engaging with volunteers, local officials, and local businesses. They are about building connections that bring so much to the community. I always tell our sponsors, 'We don't just want your money. We want your enthusiasm too.'

I'll give you an example that really illustrates why these races are so valuable for communities like ours. We just celebrated the fifth anniversary of the Freedom Run, which is a military-themed run that benefits military families in our community that need support. One Saturday five years ago, a guy in my running group heard that his friend's neighbor had a broken water heater. The woman's husband was deployed overseas, she was new to the community and didn't really know anyone, and she was taking care of two kids alone in a house with no hot water. We all pitched in to raise the money to repair her water heater, but it made me think, 'How many other people in our local military community are dealing with issues like this and need help?'

So what started out as an effort by strangers to aid another stranger turned into a run that benefits the United Service Organizations (USO) and Association of the United States Army (AUSA). We have twenty military vehicles parked at the start line, and a general from Arsenal Island starts the race by firing a Civil War cannon. We have 100 volunteers with full-size American flags stationed on the sidelines throughout the race, and at the finish line, runners get special edition dog tags with our symbol embossed on it. It's more than a run. It's a celebration in honor of our service members, and the proceeds go directly to these great organizations.

MS: You had a small stroke in 2013. Can you talk a little bit about what you learned from your health scare?

JM: Absolutely. I've got something to tell the world. Just because we run and we're able to keep the weight off and we look physically fit, doesn't mean we're healthy. I never really put that together until my minor stroke. I love the fat on prime rib. I used to eat all of that, and I learned that you really can't do that. My plumbing was completely plugged up. I learned a lot, and it really changed my thinking about how I eat. I would eat everything and eat a lot. [laughs] I'm still struggling with this because I was a big eater my whole life, but I'm mak-

ing changes. It also taught me how blessed I am, and how many friends I have in the community. There was just an out-pouring of support.

MS: I heard you've been a long-time SRRRC member, and you competed in the Abraham Lincoln Half Marathon several times?

JM: Yes! I belong to six or seven running clubs, including the SRRRC. These are all clubs that really make you feel welcome. You feel good when you go to their races. Yours is really one of those clubs. I've run the Abe Lincoln half about a dozen times. When I see Bryan Glass and Dave Drennan and other runners from Springfield at races as far away as Florida, we're all on a first-name basis. Your club makes everyone feel comfortable, welcome, and appreciated.

I come every year and set up a booth at the half marathon expo here in Springfield and advertise the Quad Cities Marathon at no cost, and I'd love for you all to come do the same at our expo. There is a brand new market in the Quad Cities waiting for you. Come get that exposure at no cost, and we will make you feel welcome. The goal is to build friendship and camaraderie. You all do that really well, and I'd like to reciprocate! ♦

Thanks, Joe. We're looking forward to meeting you and hearing more of your stories at our annual banquet!



## SRRRC MEDAL MIXER!

Come out to Boone's Saloon on Thursday, **December 14, 2017**, from 5:00 until 7:00 for happy hour! We will have the side room reserved and will provide appetizers to snack on.

Wear your favorite medal you earned in 2017. We'll also be celebrating the FrostToes successful 2017 training. If you can, please bring a new toy to donate. The SRRRC will be donating the collected toys to children of need this holiday season.

Register at: [www.srrc.net/social](http://www.srrc.net/social)

# SRRC Members—Finisher's Report

## Shoreline Classic 5K

|                |       |
|----------------|-------|
| Scott Leopold  | 22:07 |
| Rick Hernandez | 23:24 |
| Nicole Perkins | 31:29 |
| Lindsey Hauer  | 33:48 |
| Roseanne Nance | 45:30 |
| Vernee Peters  | 47:33 |
| Kathy Kassing  | 48:02 |
| Amy Savel      | 48:57 |
| Barb Leveque   | 50:22 |
| Sherri Leopold | 52:06 |

## Shoreline Classic 15K

|                  |         |
|------------------|---------|
| Sam Levon        | 1:03:11 |
| Jeff Bennett     | 1:05:23 |
| Wes Johnson      | 1:09:39 |
| Randi Lucas      | 1:10:09 |
| Blake Scranton   | 1:10:29 |
| Dustin Morrison  | 1:12:39 |
| Bryan Lenzi      | 1:15:24 |
| Craig Frick      | 1:18:06 |
| Corey Colson     | 1:18:07 |
| John Hauer       | 1:19:13 |
| Amber Chasco     | 1:19:21 |
| Jennifer Rhoades | 1:19:44 |
| Emily Mueller    | 1:20:05 |
| Randy Rieke      | 1:24:56 |
| Theresa Bright   | 1:25:46 |
| Denise Figueroa  | 1:27:08 |
| Hannah Nation    | 1:28:36 |
| Scott Nation     | 1:28:37 |
| Jan Andrews      | 1:29:09 |
| Matthew Duff     | 1:29:59 |
| Chris Mueller    | 1:33:26 |
| Doug Galayda     | 1:33:51 |
| Sally Lajoie     | 1:34:24 |
| Julie Boots      | 1:34:26 |
| Amanda Johnson   | 1:35:22 |
| Mary Kay Lackman | 1:36:10 |
| Donna Brayfield  | 1:36:21 |
| Sasha Cadigan    | 1:38:20 |
| Dennis Ferree    | 1:38:48 |
| Dawn Raycraft    | 1:38:48 |
| Ryan Dunn        | 1:40:00 |
| Bill Shelley     | 1:40:39 |
| Heather Dunn     | 1:45:05 |
| Chris Hernandez  | 1:46:39 |

|                      |         |
|----------------------|---------|
| Rai Richardson       | 1:47:26 |
| Kathleen Knolhoff    | 1:48:28 |
| Sam Woods li         | 1:48:31 |
| Diane Muncy          | 1:50:02 |
| Melissa Wiseman      | 1:50:44 |
| Heather Shipp        | 1:50:44 |
| Susan Collins        | 1:51:00 |
| Jc Large             | 1:52:09 |
| Kim Vy Williams      | 1:53:01 |
| Brenda Humbert       | 1:54:07 |
| Poornima Jayaramaiah | 1:54:58 |
| Angela Ryan          | 1:55:48 |
| Amy Williams         | 1:58:05 |
| Kim Wonnell          | 2:01:41 |
| Christianna Sullivan | 2:10:26 |
| Madalynn Sullivan    | 2:10:26 |
| Scott Sievers        | 2:10:36 |
| Patricia Petersen    | 2:11:00 |
| Dawn Stearns         | 2:11:12 |
| Jennifer Herman      | 2:17:37 |
| Paul Wonnell         | 2:23:15 |
| Michele Pitts        | 2:24:35 |
| Denise Beauman       | 2:25:11 |
| Brenda Glahn         | 2:41:48 |

## QuadCities Half Marathon

|                 |         |
|-----------------|---------|
| Blake Scranton  | 1:42:29 |
| Kate Schroter   | 1:57:29 |
| Matthew Duff    | 2:19:38 |
| Jan Andrews     | 2:19:46 |
| Amanda Johnson  | 2:20:50 |
| Julie Boots     | 2:21:17 |
| Donna Brayfield | 2:23:44 |
| Jana Brennan    | 2:42:44 |
| Michele Pitts   | 3:40:49 |

## QuadCities Marathon

|                |         |
|----------------|---------|
| Wes Johnson    | 3:52:51 |
| Dave Stewart   | 5:14:23 |
| Sandra Elliott | 5:37:53 |
| Nancy Ferguson | 6:15:01 |

## Springfield Marathon

|                |         |
|----------------|---------|
| Jason Nikson   | 4:00:16 |
| Blake Scranton | 4:08:21 |
| John Alsup     | 4:13:48 |
| Emily Jones    | 4:18:39 |
| Steve Washko   | 4:28:05 |

|                  |         |
|------------------|---------|
| Holly Dahlquist  | 4:30:42 |
| Russell Schaefer | 4:42:49 |
| Kathleen Jensen  | 4:49:29 |

## Springfield Half Marathon

|                   |         |
|-------------------|---------|
| Kevin Hingle      | 1:38:04 |
| Jay Weber         | 1:39:44 |
| Henry Janssen     | 1:40:03 |
| William Wilson    | 1:41:35 |
| Alex Batten       | 1:44:42 |
| Travis Lobmaster  | 1:45:19 |
| Wes Johnson       | 1:46:24 |
| John Hauer        | 1:49:31 |
| Jamie Fitzpatrick | 1:50:05 |
| Matt Minder       | 1:50:41 |
| Jeff Andrews      | 1:54:15 |
| Marybeth Young    | 1:55:25 |
| Frank Midiri      | 1:58:00 |
| Randi Lucas       | 1:59:28 |
| Jan Andrews       | 2:01:58 |
| Shelley McIntyre  | 2:03:11 |
| Daniel Cullen     | 2:10:00 |
| Brenda Vail       | 2:15:13 |
| Terry Jones       | 2:19:29 |
| Doug Galayda      | 2:19:56 |
| Denise Figueroa   | 2:19:56 |
| Brian Shaw        | 2:20:59 |
| Scott Reimers     | 2:24:42 |
| Cathy Gochenour   | 2:29:39 |
| Amanda Johnson    | 2:29:39 |
| Diane Muncy       | 2:35:20 |
| M. Katie Buskirk  | 2:39:21 |
| Linda House       | 2:39:21 |
| Rachel Benedict   | 3:04:41 |
| Michele Pitts     | 3:31:08 |

## Springfield 1/4 Marathon

|                 |         |
|-----------------|---------|
| Keith Virden    | 44:46   |
| Rick Hernandez  | 48:03   |
| Rebecca Collier | 1:04:12 |
| Jon Popovitch   | 1:06:50 |
| Jayne Antonacci | 1:07:05 |
| Kim Curtis      | 1:07:05 |
| Nancy Washko    | 1:09:06 |
| Jc Large        | 1:12:19 |
| Jana Brennan    | 1:13:07 |
| Megan Styles    | 1:15:15 |
| Teresa Pisula   | 1:15:16 |



|                   |         |
|-------------------|---------|
| George Hinkle     | 1:17:14 |
| Tori Taylor       | 1:19:20 |
| Susan Collins     | 1:22:27 |
| Patricia Petersen | 1:24:43 |
| Angela Turasky    | 1:24:47 |
| Lindsey Lister    | 1:24:50 |
| Dawn Stearns      | 1:25:24 |
| Debbie Fortman    | 1:28:34 |
| Nina Rossini      | 1:28:35 |
| John Stearns      | 1:28:43 |
| Vernee Peters     | 1:28:57 |
| Jill Rizzs        | 1:29:30 |
| Kathy Leuelling   | 1:29:51 |
| Denise Wilson     | 1:41:09 |
| Denise Beauman    | 1:41:14 |
| Amy Savel         | 1:42:34 |
| Julie Summers     | 1:48:17 |
| Barb Leveque      | 1:50:33 |

**Springfield Marathon 5K**

|                 |         |
|-----------------|---------|
| Henry Janssen   | 16:32.5 |
| Keith Virden    | 19:50.4 |
| Daniel Cullen   | 23:22.3 |
| Denise Figueroa | 25:39.6 |
| Frank Midiri    | 25:53.3 |
| Nancy Ferguson  | 27:02.9 |
| Jayne Antonacci | 30:29.3 |
| Kim Curtis      | 30:29.3 |
| Kathleen Jensen | 32:34.8 |
| Angela Turasky  | 33:26.0 |
| Joni Winhold    | 36:36.4 |
| Susan Collins   | 36:38.0 |
| Rachel Benedict | 39:15.1 |
| Jill Rizzs      | 39:45.4 |
| Nina Rossini    | 40:28.6 |
| Dawn Stearns    | 40:45.4 |
| Lindsey Lister  | 41:01.5 |
| John Stearns    | 41:47.3 |
| Kathy Leuelling | 42:01.8 |

|                |         |
|----------------|---------|
| Denise Beauman | 44:35.6 |
| Kathy Kassing  | 45:56.5 |
| Amy Savel      | 46:29.8 |
| Barb Leveque   | 47:45.4 |

**Canal Connection 10K**

|                 |         |
|-----------------|---------|
| Lance Cull      | 47:53   |
| Nick Fogleman   | 48:24   |
| Pamela Hart     | 49:09   |
| Matthew Duff    | 54:14   |
| Denise Figueroa | 54:51   |
| Melissa Wiseman | 1:02:37 |
| Robert Cramer   | 1:04:59 |
| Lois Jazo       | 1:06:07 |
| Carrie Ward     | 1:09:10 |
| Paul Turner     | 1:10:06 |
| Dana Lovekamp   | 1:10:31 |
| George Hinkle   | 1:11:31 |
| Michele Pitts   | 1:28:26 |



Some photos from the SRRC Wine Bus Social to Southern Illinois vineyards in October.



## Photos from SRRC Participation Races & Events



*Top row: SRRC Members at Shoreline Classic. Middle row: (L) Checking out the new SVT trail extension with FrostToes, (C) Celebrating a first half marathon finish, (R) SRRC at Canal Connection. Bottom row: Cold Duck Run on Thanksgiving morning.*



# Member Birthdays—Dec/Jan

|                    |       |                        |       |                      |      |
|--------------------|-------|------------------------|-------|----------------------|------|
| Mary Fairclough    | 12/2  | Glen Gochenour         | 12/26 | David Baker          | 1/14 |
| Todd Jokisch       | 12/2  | Patricia Hopkins-Price | 12/26 | Denise Beauman       | 1/14 |
| Jay Weber          | 12/3  | Sam Oertel             | 12/27 | Elizabeth Krah       | 1/14 |
| Michael Garber     | 12/4  | Denise Figueroa        | 12/28 | Devin Amin           | 1/17 |
| Whitney Walsh      | 12/4  | Christina Griffin      | 12/28 | Heather Shipp        | 1/17 |
| LeAnne Woody       | 12/4  | Rick Hernandez         | 12/29 | Amber Chasco         | 1/18 |
| Aaron Holmes       | 12/5  | Vernee Peters          | 12/29 | John Stearns         | 1/18 |
| Brice Diveley      | 12/6  | Julie Boots            | 12/30 | Joe Donelson         | 1/19 |
| Bobbie Jo Hill     | 12/6  | Carl Hinman            | 12/30 | JC Large             | 1/19 |
| Bobbie Hill        | 12/6  | Aaron Minder           | 12/30 | Sam Woods II         | 1/19 |
| Jamie Shreves      | 12/9  | Lori Fleming           | 12/31 | Mollie Langley       | 1/20 |
| Beth LaFata        | 12/10 | Christine Mazrim       | 12/31 | Melinda Vance        | 1/20 |
| Cindi Rieke        | 12/11 | Dean Rademaker         | 1/1   | Jessica Franklin     | 1/21 |
| Bill Shelley       | 12/11 | Russell Schaefer       | 1/1   | Levi Biggs           | 1/22 |
| Kathy Thomas       | 12/12 | Jean Broaddus          | 1/3   | Lori Iocca           | 1/22 |
| Tom Weir           | 12/12 | Betty Dold             | 1/3   | Keena Small          | 1/23 |
| Joshua II Montalvo | 12/13 | Verna Stallone         | 1/3   | Brian Willard        | 1/23 |
| David Suiter       | 12/13 | River Buchanan         | 1/4   | Steve Koester        | 1/24 |
| Ryan McKennedy     | 12/14 | Kevin Hingle           | 1/5   | Nathan Siegwart      | 1/24 |
| Sarah Sagmoen      | 12/14 | Melissa Schaefer       | 1/5   | Joni Winhold         | 1/24 |
| Lydia Rudd         | 12/15 | Jon Popovitch          | 1/7   | Jennifer Alessia     | 1/25 |
| Crysta Weitekamp   | 12/15 | Kelly Duppong          | 1/9   | Bryan Lenzi          | 1/25 |
| Daron Poage        | 12/17 | Leann Fox              | 1/9   | Jeff Bennett         | 1/26 |
| Shannon Hughes     | 12/18 | Bill Gochenour         | 1/9   | Jamie Fitzpatrick    | 1/26 |
| Sierra O'Connor    | 12/18 | Rachel Benedict        | 1/10  | William Wilson       | 1/26 |
| Amanda Johnson     | 12/19 | Matt Fahler            | 1/11  | Dave Stewart         | 1/27 |
| Rhonda Leonard     | 12/19 | Wade Koehler           | 1/11  | Amy Whitecotton      | 1/28 |
| Caroline Hower     | 12/20 | Sam LeVon              | 1/11  | Jan Andrews          | 1/29 |
| Stephanie Moore    | 12/20 | Samuel LeVon           | 1/11  | Gabby Gauvin         | 1/29 |
| Nyle Robinson      | 12/20 | Rhonda Robinson        | 1/11  | Laura Hauer          | 1/29 |
| Melody Guardia     | 12/21 | Teresa Pisula          | 1/12  | Lindsey Hauer        | 1/29 |
| Susan Becker       | 12/22 | Thomas Thornton        | 1/12  | Ashley Edge          | 1/30 |
| Cathy Popovitch    | 12/23 | Siddarth Bangaru       | 1/13  | Poornima Jayaramaiah | 1/30 |
| Amy Woolfolk       | 12/23 | Susan Cowles           | 1/13  | Sam Wagay            | 1/30 |
| Chris Buchanan     | 12/24 | Ash Hinman             | 1/13  | Mark Janus           | 1/31 |
| Brian Lee          | 12/25 | Rosa Reim              | 1/13  |                      |      |

# The Trainer's Corner—#GOALS

## Tracking progress to reach your goals (part 1)

One of the most effective ways to improve is to set goals and write down your progress. The way to get stronger, faster, healthier, and more awesome is to track your progress toward your goals. True success stories all have one thing in common, everything was written down. Even when goals are different and results are greatly different, this was the specific change that helped them get the results they wanted. The key is to write down measurements, food intake, and workouts.

Keeping track of your measurements is so vital to the success of your lifestyle pursuits. It may be the one thing that ensures your healthy lifestyle success.

### Record your body changes

Record your body changes because they will prove your success. When I say body changes I am not referring to stepping on a scale every day and watching helplessly as your numbers bounce up and down. Scales do not tell the whole story. It is more beneficial to measure your body fat percentage, take photos

of your changes, and take measurements of your body. Your body fat will decrease as your muscle increases so this is a direct correlation to your success in the gym. To measure body fat, a certified trainer (like me!) can measure your body fat using a skinfold caliper. Another option is to go to a nutrition store that

has a BIA machine (Complete Nutrition on Veterans offers free use of a BIA). Taking pictures of yourself (front view and profile) is an easy way to literally see the changes occur before your eyes. Finally, use a tape measure to record clothing size changes for your waist, hips, thighs, and shoulders. Measure your body composition once a month to track your progress, using the same method every time. This is highly motivating and will ensure your adher-

ence to your nutrition and workout plans.

How do you know you're going the right way if you have no idea where you came from or where you are headed? Planning and tracking your workouts leads you down the path of a life-long, successful pursuit of health.

Stay tuned for part 2 of #Goals in the next newsletter...

~Joy Guardia, Certified ACSM Personal Trainer





# 2017 Participation & Points Series Rules

## SRRC Participation Series

This series is designed to reward SRRC members who finish and volunteer for the designated 19 races in our circuit. Your eligibility begins once your membership is processed. To be eligible for all 19 races, a person must have his/her membership processed by the Lincoln Presidential Half Marathon. If a person applies for membership after the half marathon, that person will be eligible for all races thereafter.

The SRRC reserves the right to alter these rules when necessary.

- Points will be greater for longer distances. A person may only enter ONE race for any race event. (Attempts to race multiple events may result in member disqualification.)
- Five bonus points will be given for finishing \*SRRC races.
- Five bonus points will be given for volunteering for \*SRRC races.
- Abe's Army does not count for volunteering since it is separate from the race.
- SRRC male members that volunteer for WDF will be awarded all race day points.
- A tier system is used to determine awards.

### Race Distance Points:

2m – 5k = 5 point  
 4m – 8k = 8 points  
 10k – 12k = 10 points  
 15k – 10m = 15 points  
 ½ Marathon = 20 points  
 Marathon = 30 points

### Awards Tier System:

Gold Level 180+  
 Silver Level 140-179  
 Bronze Level 100-139

Current Participation Series totals are listed at the back of the newsletter.

## SRRC Points Series

Your eligibility begins once your membership is processed. To be eligible for all five SRRC Points races, a person must have his/her membership processed by the Lincoln Presidential Half Marathon. If a person applies for membership after the half marathon, that person will be eligible for all races thereafter. Please understand that membership processing could take up to a week.

The SRRC reserves the right to alter these rules when necessary.

- Members must compete in a minimum of three of the five club races to be eligible for end of the year awards. Points classifications will be based on the *best* three of five club races (i.e. your lowest two scores will be dropped).
- **Members must volunteer for a minimum of two of the five club races to be eligible for end of the year awards.** *Age groups 14 and under AND 15-19 are not required to volunteer due to limitations. For this award, Abe's Army will not count as volunteering.*
- Your age as of the Lincoln Presidential Half Marathon will establish the age group in which you'll be competing for the entire year.

### Tie Breaker Procedure (subject to change)

- Head-to-head matchup (2 minimum)
- Number of races completed
- Volunteering
- Participation Series values

### SRRC Points Races

- Lincoln Presidential Half Marathon
- Women's Distance Festival
- Illinois State Fair Parade Run
- Abe's Amble
- Frostbite Festival 10 mile

Age groups will be as follows:

*The SRRC reserves the right to only award age groups in which there are at least two eligible competitors.*

|              |
|--------------|
| 14 and under |
| 15-19        |
| 20-24        |
| 25-29        |
| 30-34        |
| 35-39        |
| 40-44        |
| 45-49        |
| 50-54        |
| 55-59        |
| 60-64        |
| 65-69        |
| 70+          |

Points will be awarded as follows: Overall, Masters, and Age Group. Points are tabulated against other SRRC members. One award allowed per member.

| Place | Points |
|-------|--------|
| 1st   | 10     |
| 2nd   | 9      |
| 3rd   | 8      |
| 4th   | 7      |
| 5th   | 6      |
| 6th   | 5      |
| 7th   | 4      |
| 8th   | 3      |
| 9th   | 2      |
| 10th  | 1      |

Any points questions or corrections may be emailed to SRRCMemberShip@gmail.com.



|                    | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|--------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| Women's Overall    |                                       |                              |                   |                 |                            |              |              |
| Joy Guardia        | 10                                    | 10                           | 9                 |                 |                            | 29           | 29           |
| Patricia Schaefer  | 9                                     | 8                            | 10                | 9               |                            | 36           | 28           |
| Tracy Dowell       | 8                                     | 5                            | 7                 | 5               |                            | 25           | 20           |
| Chelsea Griffin    |                                       | 6                            | 8                 | 6               |                            | 20           | 20           |
| Lydia Rudd         |                                       | 9                            |                   | 10              |                            | 19           | 19           |
| Randi Lucas        |                                       | 7                            |                   | 7               |                            | 14           | 14           |
| Jamie Fitzpatrick  | 4                                     | 3                            | 6                 |                 |                            | 13           | 13           |
| Leanne Woody       | 7                                     |                              |                   | 4               |                            | 11           | 11           |
| Amanda Nelson      |                                       |                              |                   | 8               |                            | 8            | 8            |
| Jordan Orr         | 5                                     | 2                            |                   |                 |                            | 7            | 7            |
| Kate Schroter      | 6                                     |                              |                   |                 |                            | 6            | 6            |
| Tammy Bumgarner    |                                       | 4                            | 2                 |                 |                            | 6            | 6            |
| Shannon Cole       | 3                                     |                              |                   | 2               |                            | 5            | 5            |
| Terese Laughlin    |                                       |                              | 5                 |                 |                            | 5            | 5            |
| Sarah Enlow        |                                       |                              | 4                 |                 |                            | 4            | 4            |
| Marybeth Young     |                                       |                              | 3                 | 1               |                            | 4            | 4            |
| Jennifer Rhoades   |                                       |                              |                   | 3               |                            | 3            | 3            |
| Holly Dahlquist    | 2                                     |                              |                   |                 |                            | 2            | 2            |
| Emily Mueller      | 1                                     | 1                            |                   |                 |                            | 2            | 2            |
| Denise Figueroa    |                                       |                              | 1                 |                 |                            | 1            | 1            |
| Women's Masters    |                                       |                              |                   |                 |                            |              |              |
| Tracy Dowell       | 10                                    | 10                           | 10                | 10              |                            | 40           | 30           |
| Tammy Bumgarner    | 8                                     | 9                            | 7                 |                 |                            | 24           | 24           |
| Marybeth Young     | 7                                     |                              | 8                 | 9               |                            | 24           | 24           |
| Holly Dahlquist    | 9                                     | 6                            | 4                 | 6               |                            | 25           | 21           |
| Lynn Kerber        |                                       | 5                            | 6                 | 7               |                            | 18           | 18           |
| Theresa Bright     | 6                                     | 7                            | 3                 |                 |                            | 16           | 16           |
| Suzannah Bartos    |                                       | 8                            |                   | 8               |                            | 16           | 16           |
| Susan Becker       |                                       | 4                            | 5                 | 4               |                            | 13           | 13           |
| Terese Laughlin    |                                       |                              | 9                 |                 |                            | 9            | 9            |
| Brenda Hillen      | 5                                     |                              | 2                 |                 |                            | 7            | 7            |
| Jan Andrews        | 2                                     | 3                            | 1                 |                 |                            | 6            | 6            |
| Arlene Hall        |                                       |                              |                   | 5               |                            | 5            | 5            |
| Diana Nevitt       | 4                                     |                              |                   |                 |                            | 4            | 4            |
| Shelley McIntyre   |                                       |                              |                   | 3               |                            | 3            | 3            |
| Elizabeth Orthmann | 3                                     |                              |                   |                 |                            | 3            | 3            |
| Angela Liles       |                                       |                              |                   | 2               |                            | 2            | 2            |
| Melissa Wiseman    |                                       | 2                            |                   |                 |                            | 2            | 2            |
| Cheryl Biesiada    |                                       |                              |                   | 1               |                            | 1            | 1            |
| Donna Brayfield    | 1                                     |                              |                   |                 |                            | 1            | 1            |
| Sandra Elliott     |                                       | 1                            |                   |                 |                            | 1            | 1            |



|                    | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|--------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| W 14 and Under     |                                       |                              |                   |                 |                            |              |              |
| Caroline Dahlquist |                                       | 10                           | 10                | 9               |                            | 29           | 29           |
| Sarah Rieke        |                                       |                              | 9                 | 7               |                            | 16           | 16           |
| Samantha Rieke     |                                       |                              | 8                 | 5               |                            | 13           | 13           |
| Hannah Nation      |                                       |                              |                   | 10              |                            | 10           | 10           |
| Jocelyn Bumgarner  |                                       | 9                            |                   |                 |                            | 9            | 9            |
| Suna Tabag         |                                       |                              |                   | 8               |                            | 8            | 8            |
| Kaylee Brooks      |                                       |                              |                   | 6               |                            | 6            | 6            |
| Hannah Beaver      |                                       |                              |                   | 4               |                            | 4            | 4            |
| W 15 - 19          |                                       |                              |                   |                 |                            |              |              |
| Haylee Brickey     | 10                                    |                              |                   | 9               |                            | 19           | 19           |
| Lindsey Hauer      |                                       | 9                            |                   | 10              |                            | 19           | 19           |
| Madalynn Sullivan  |                                       | 8                            |                   | 7               |                            | 15           | 15           |
| Laura Hauer        |                                       | 10                           |                   |                 |                            | 10           | 10           |
| Emily Calcara      |                                       |                              |                   | 8               |                            | 8            | 8            |
| W 20 - 24          |                                       |                              |                   |                 |                            |              |              |
| Lydia Rudd         |                                       | 10                           |                   | 10              |                            | 20           | 20           |
| Amanda Nelson      |                                       |                              |                   | 9               |                            | 9            | 9            |
| Rachael Mcmillan   |                                       |                              |                   | 8               |                            | 8            | 8            |
| W 25 - 29          |                                       |                              |                   |                 |                            |              |              |
| Chelsea Griffin    |                                       | 10                           | 10                | 10              |                            | 30           | 30           |
| Kate Schroter      | 10                                    | 9                            |                   | 8               |                            | 27           | 27           |
| Jamie Fitzpatrick  | 8                                     | 8                            | 9                 | 9               |                            | 34           | 26           |
| Emily Mueller      | 7                                     | 6                            | 7                 | 7               |                            | 27           | 21           |
| Sarah Enlow        | 5                                     | 5                            | 8                 |                 |                            | 18           | 18           |
| Jordan Orr         | 9                                     | 7                            |                   |                 |                            | 16           | 16           |
| Sally Lajoie       | 6                                     |                              |                   | 6               |                            | 12           | 12           |
| Adrienne Hawkins   |                                       |                              | 6                 |                 |                            | 6            | 6            |
| Cassie Branstetter |                                       |                              |                   | 5               |                            | 5            | 5            |
| Holly Kaminski     |                                       |                              |                   | 4               |                            | 4            | 4            |

|                         | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|-------------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| W 30 - 34               |                                       |                              |                   |                 |                            |              |              |
| Randi Lucas             | 10                                    | 10                           | 6                 | 10              |                            | 36           | 30           |
| Amanda Johnson          | 9                                     | 8                            | 8                 | 6               |                            | 31           | 25           |
| Kathleen Knolhoff       | 7                                     | 9                            | 9                 | 5               |                            | 30           | 25           |
| Amber Chasco            | 8                                     |                              |                   | 9               |                            | 17           | 17           |
| Adrienne Sweet          |                                       |                              | 10                | 7               |                            | 17           | 17           |
| Ashleigh Koerner        | 6                                     |                              | 7                 |                 |                            | 13           | 13           |
| Shawn Gibbs             | 5                                     |                              | 5                 |                 |                            | 10           | 10           |
| Melissa Schaefer        |                                       |                              |                   | 8               |                            | 8            | 8            |
| Amanda Rieger           |                                       | 7                            |                   |                 |                            | 7            | 7            |
| Sarah Sagmoen           |                                       | 6                            |                   |                 |                            | 6            | 6            |
| Jennifer Herman         |                                       | 5                            |                   |                 |                            | 5            | 5            |
| Jessica Franklin        |                                       | 4                            |                   |                 |                            | 4            | 4            |
| Jennifer Carnduff-Lewis |                                       |                              |                   | 4               |                            | 4            | 4            |
| Margaret Burns          |                                       |                              |                   | 3               |                            | 3            | 3            |
| Kim Vy Williams         |                                       |                              |                   | 2               |                            | 2            | 2            |
| Caitlin Simhauser       |                                       |                              |                   | 1               |                            | 1            | 1            |
| W 35 - 39               |                                       |                              |                   |                 |                            |              |              |
| Joy Guardia             | 10                                    | 10                           | 9                 |                 |                            | 29           | 29           |
| Patricia Schaefer       | 9                                     | 9                            | 10                | 10              |                            | 38           | 29           |
| Denise Figueroa         | 4                                     | 8                            | 8                 | 6               |                            | 26           | 22           |
| Leanne Woody            | 8                                     |                              |                   | 9               |                            | 17           | 17           |
| Shannon Cole            | 7                                     |                              |                   | 7               |                            | 14           | 14           |
| Jorie Roubitchek        |                                       | 7                            |                   | 5               |                            | 12           | 12           |
| Jennifer Krause         | 1                                     | 4                            | 6                 |                 |                            | 11           | 11           |
| Ginger Aschenbrenner    | 5                                     |                              |                   | 4               |                            | 9            | 9            |
| Jennifer Rhoades        |                                       |                              |                   | 8               |                            | 8            | 8            |
| Rosa Reim               |                                       |                              | 5                 | 3               |                            | 8            | 8            |
| Sasha Cadigan           |                                       | 5                            |                   | 2               |                            | 7            | 7            |
| Kelly Biggs             |                                       |                              | 7                 |                 |                            | 7            | 7            |
| Kelly Hubbard           |                                       | 6                            |                   |                 |                            | 6            | 6            |
| Brookelyn Eazelle       | 6                                     |                              |                   |                 |                            | 6            | 6            |
| Heather Dunn            |                                       | 2                            | 4                 |                 |                            | 6            | 6            |
| Melissa Brooks          | 3                                     |                              |                   |                 |                            | 3            | 3            |
| Amanda Tapscott         |                                       | 3                            |                   |                 |                            | 3            | 3            |
| Rachel Benedict         |                                       |                              | 3                 |                 |                            | 3            | 3            |
| Torrie Buchanan         | 2                                     |                              |                   |                 |                            | 2            | 2            |
| Megan Styles            |                                       |                              |                   | 1               |                            | 1            | 1            |
| Jill Hurley             |                                       | 1                            |                   |                 |                            | 1            | 1            |



|                      | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|----------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| W 40 - 44            |                                       |                              |                   |                 |                            |              |              |
| Tracy Dowell         | 10                                    | 10                           | 10                | 10              |                            | 40           | 30           |
| Tammy Bumgarner      | 9                                     | 9                            | 9                 | 6               |                            | 33           | 27           |
| Melissa Wiseman      | 8                                     | 7                            | 6                 |                 |                            | 21           | 21           |
| Suzannah Bartos      |                                       | 8                            |                   | 9               |                            | 17           | 17           |
| Angela Liles         |                                       |                              | 7                 | 8               |                            | 15           | 15           |
| Jeana Reinbold       | 7                                     |                              |                   | 7               |                            | 14           | 14           |
| Amy Whitecotton      |                                       |                              | 8                 | 3               |                            | 11           | 11           |
| Melissa Jackson      |                                       | 5                            | 4                 | 1               |                            | 10           | 10           |
| Kristina Mucinskas   | 5                                     |                              | 2                 |                 |                            | 7            | 7            |
| Tori Taylor          |                                       | 3                            | 3                 |                 |                            | 6            | 6            |
| Christine Feller     | 6                                     |                              |                   |                 |                            | 6            | 6            |
| Stephanie Robinson   |                                       | 6                            |                   |                 |                            | 6            | 6            |
| Jennifer Hendricks   |                                       |                              | 5                 |                 |                            | 5            | 5            |
| Dawn Raycraft        |                                       |                              |                   | 5               |                            | 5            | 5            |
| Rebecca Collier      |                                       |                              |                   | 4               |                            | 4            | 4            |
| Rochelle Phipps      | 4                                     |                              |                   |                 |                            | 4            | 4            |
| Amy Huber            |                                       | 4                            |                   |                 |                            | 4            | 4            |
| Joelle Major         | 3                                     |                              |                   |                 |                            | 3            | 3            |
| Dawn Stearns         |                                       | 2                            | 1                 |                 |                            | 3            | 3            |
| Rebecca Lucas        |                                       |                              |                   | 2               |                            | 2            | 2            |
| Jessica Hoppe        |                                       | 1                            |                   |                 |                            | 1            | 1            |
| W 45 - 49            |                                       |                              |                   |                 |                            |              |              |
| Holly Dahlquist      | 10                                    | 10                           | 8                 | 9               |                            | 37           | 29           |
| Marybeth Young       | 9                                     |                              | 9                 | 10              |                            | 28           | 28           |
| Jan Andrews          | 7                                     | 9                            | 7                 | 8               |                            | 31           | 24           |
| Carrie Ward          | 2                                     | 7                            | 5                 |                 |                            | 14           | 14           |
| Jean Broaddus        | 4                                     |                              |                   | 7               |                            | 11           | 11           |
| Kathy Canaday        |                                       | 8                            |                   | 2               |                            | 10           | 10           |
| Michelle Phillips    |                                       | 6                            | 4                 |                 |                            | 10           | 10           |
| Terese Laughlin      |                                       |                              | 10                |                 |                            | 10           | 10           |
| Tracy Lane           | 3                                     |                              | 6                 |                 |                            | 9            | 9            |
| Elizabeth Orthmann   | 8                                     |                              |                   |                 |                            | 8            | 8            |
| Bobbie Hill          |                                       |                              |                   | 6               |                            | 6            | 6            |
| Deidra Glisson       | 6                                     |                              |                   |                 |                            | 6            | 6            |
| Carolyn Lawrence     | 5                                     |                              |                   |                 |                            | 5            | 5            |
| Angela Turasky       |                                       | 5                            |                   |                 |                            | 5            | 5            |
| Cathy Gochenour      |                                       |                              |                   | 5               |                            | 5            | 5            |
| Denise Beauman       |                                       | 3                            | 2                 |                 |                            | 5            | 5            |
| Dana Lovekamp        |                                       |                              |                   | 4               |                            | 4            | 4            |
| Christianna Sullivan |                                       | 4                            |                   |                 |                            | 4            | 4            |
| Melinda Vance        |                                       |                              |                   | 3               |                            | 3            | 3            |
| Mollie Langley       |                                       |                              | 3                 |                 |                            | 3            | 3            |
| Michele Pitts        |                                       | 2                            | 1                 |                 |                            | 3            | 3            |
| Darla Lane           |                                       |                              |                   | 1               |                            | 1            | 1            |
| Jana Brennan         | 1                                     |                              |                   |                 |                            | 1            | 1            |

|                     | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|---------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| W 50 - 54           |                                       |                              |                   |                 |                            |              |              |
| Theresa Bright      | 10                                    | 10                           | 9                 | 8               |                            | 37           | 29           |
| Lynn Kerber         | 6                                     | 9                            | 10                | 10              |                            | 35           | 29           |
| Shelley McIntyre    | 7                                     |                              | 7                 | 9               |                            | 23           | 23           |
| Brenda Hillen       | 9                                     |                              | 8                 | 6               |                            | 23           | 23           |
| Brenda Vail         | 4                                     |                              | 6                 | 4               |                            | 14           | 14           |
| Jayne Antonacci     | 3                                     | 8                            |                   | 3               |                            | 14           | 14           |
| Lisa Young          | 5                                     |                              |                   | 7               |                            | 12           | 12           |
| Patricia Petersen   |                                       | 6                            | 5                 |                 |                            | 11           | 11           |
| Nancy Ferguson      | 8                                     |                              |                   |                 |                            | 8            | 8            |
| Bette Wells         |                                       | 7                            |                   |                 |                            | 7            | 7            |
| Holly Cormier       |                                       | 5                            |                   |                 |                            | 5            | 5            |
| Julie Boots         |                                       |                              |                   | 5               |                            | 5            | 5            |
| Leann Fox           |                                       | 4                            |                   |                 |                            | 4            | 4            |
| Barb Leveque        |                                       | 3                            |                   |                 |                            | 3            | 3            |
| Judy Aydt           |                                       |                              |                   | 2               |                            | 2            | 2            |
| Kathy Kassing       |                                       | 2                            |                   |                 |                            | 2            | 2            |
| Lonna Porter        | 2                                     |                              |                   |                 |                            | 2            | 2            |
| Sheryl Friedrich    |                                       |                              |                   | 1               |                            | 1            | 1            |
| Shirley Webb        | 1                                     |                              |                   |                 |                            | 1            | 1            |
| W 55 - 59           |                                       |                              |                   |                 |                            |              |              |
| Sandra Elliott      | 6                                     | 10                           | 8                 | 8               |                            | 32           | 26           |
| Marilyn Kirchgesner | 8                                     |                              | 10                | 7               |                            | 25           | 25           |
| Lori Iocca          | 5                                     | 8                            | 7                 | 2               |                            | 22           | 20           |
| Kim Curtis          | 7                                     | 9                            |                   | 3               |                            | 19           | 19           |
| Mary Kay Lackman    |                                       |                              | 9                 | 6               |                            | 15           | 15           |
| Kim Wonnell         | 4                                     | 6                            | 5                 |                 |                            | 15           | 15           |
| Susan Collins       | 3                                     | 7                            | 3                 |                 |                            | 13           | 13           |
| Donna Brayfield     | 9                                     |                              |                   | 4               |                            | 13           | 13           |
| Beth Lafata         |                                       | 5                            | 6                 | 1               |                            | 12           | 12           |
| Arlene Hall         |                                       |                              |                   | 10              |                            | 10           | 10           |
| Diana Nevitt        | 10                                    |                              |                   |                 |                            | 10           | 10           |
| Cheryl Biesiada     |                                       |                              |                   | 9               |                            | 9            | 9            |
| Rhonda Robinson     | 2                                     | 4                            |                   |                 |                            | 6            | 6            |
| Janet Tapocik       |                                       |                              |                   | 5               |                            | 5            | 5            |
| Joni Winhold        |                                       |                              | 4                 |                 |                            | 4            | 4            |
| Patty Ingram        |                                       | 3                            |                   |                 |                            | 3            | 3            |
| Vernee Peters       |                                       | 2                            | 1                 |                 |                            | 3            | 3            |
| Cindy Gibbs         | 1                                     | 1                            |                   |                 |                            | 2            | 2            |
| Brenda Hawkins      |                                       |                              | 2                 |                 |                            | 2            | 2            |
|                     |                                       |                              |                   |                 |                            |              |              |

|                          | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|--------------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| W 60 - 64                |                                       |                              |                   |                 |                            |              |              |
| Susan Becker             |                                       | 10                           | 10                | 10              |                            | 30           | 30           |
| Machele Keen             | 9                                     | 8                            | 9                 | 7               |                            | 33           | 26           |
| Kathleen Jensen          | 10                                    |                              | 7                 | 9               |                            | 26           | 26           |
| Diane Muncy              |                                       | 9                            | 8                 | 8               |                            | 25           | 25           |
| Marilee Cramer           | 8                                     | 6                            |                   | 3               |                            | 17           | 17           |
| Lesa Schaive             |                                       | 4                            | 6                 |                 |                            | 10           | 10           |
| Kathy Leuelling          |                                       | 5                            |                   | 4               |                            | 9            | 9            |
| Nina Rossini             |                                       | 2                            | 5                 | 1               |                            | 8            | 8            |
| Mary Fairclough          |                                       | 7                            |                   |                 |                            | 7            | 7            |
| Marilyn Clark            |                                       |                              |                   | 6               |                            | 6            | 6            |
| Rosalie Lowery           |                                       |                              |                   | 5               |                            | 5            | 5            |
| Vivian K Jones           |                                       | 3                            |                   |                 |                            | 3            | 3            |
| Maggie Barton            |                                       | 1                            |                   | 2               |                            | 3            | 3            |
| W 65 - 69                |                                       |                              |                   |                 |                            |              |              |
| Kristine Holtman         | 8                                     | 7                            | 10                | 7               |                            | 32           | 25           |
| Joyce Hubbard            |                                       | 10                           |                   | 10              |                            | 20           | 20           |
| "Sunny" (Etta) Dahlquist | 10                                    |                              |                   |                 |                            | 10           | 10           |
| Mary Harney              | 9                                     |                              |                   |                 |                            | 9            | 9            |
| Verna Stallone           |                                       | 9                            |                   |                 |                            | 9            | 9            |
| Patricia Hopkins-Price   |                                       |                              |                   | 9               |                            | 9            | 9            |
| Lois Stone               |                                       |                              |                   | 8               |                            | 8            | 8            |
| Elizabeth Krah           |                                       | 8                            |                   |                 |                            | 8            | 8            |
| W 70+                    |                                       |                              |                   |                 |                            |              |              |
| Lois Jazo                | 9                                     | 10                           | 10                | 10              |                            | 39           | 30           |
| Marilyn Kushak           | 8                                     | 9                            |                   | 9               |                            | 26           | 26           |
| Nancy Neuberger          | 7                                     |                              |                   | 8               |                            | 15           | 15           |
| Judy Gunn                | 10                                    |                              |                   |                 |                            | 10           | 10           |
| Joyce Ludwig             |                                       | 8                            |                   |                 |                            | 8            | 8            |



|                    | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|--------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| Men's Overall      |                                       |                              |                   |                 |                            |              |              |
| Henry Janssen      | 9                                     |                              | 9                 | 9               |                            | 27           | 27           |
| Sam Levon          |                                       |                              | 8                 | 8               |                            | 16           | 16           |
| Fess Teklehaimanot | 3                                     |                              | 5                 | 7               |                            | 15           | 15           |
| Michael Garber     | 6                                     |                              | 6                 |                 |                            | 12           | 12           |
| Bryan Glass        |                                       |                              |                   | 10              |                            | 10           | 10           |
| Jeff Bennett       | 10                                    |                              |                   |                 |                            | 10           | 10           |
| Daniel Plunkett    |                                       |                              | 10                |                 |                            | 10           | 10           |
| Trevor Orthmann    | 8                                     |                              |                   |                 |                            | 8            | 8            |
| Greg Bennett       | 2                                     |                              |                   | 6               |                            | 8            | 8            |
| David Plunkett     |                                       |                              | 7                 |                 |                            | 7            | 7            |
| Wesley Wooden      | 7                                     |                              |                   |                 |                            | 7            | 7            |
| Steve Koester      | 5                                     |                              |                   |                 |                            | 5            | 5            |
| Blake Scranton     |                                       |                              | 3                 | 2               |                            | 5            | 5            |
| Wes Johnson        |                                       |                              | 2                 | 3               |                            | 5            | 5            |
| Keith Virden       |                                       |                              | 1                 | 4               |                            | 5            | 5            |
| Jay Weber          |                                       |                              |                   | 5               |                            | 5            | 5            |
| Mike Wendel        | 4                                     |                              |                   |                 |                            | 4            | 4            |
| David Ealey        |                                       |                              | 4                 |                 |                            | 4            | 4            |
| Craig Frick        | 1                                     |                              |                   |                 |                            | 1            | 1            |
| Kevin Hingle       |                                       |                              |                   | 1               |                            | 1            | 1            |
| Men's Masters      |                                       |                              |                   |                 |                            |              |              |
| Fess Teklehaimanot | 6                                     |                              | 10                | 9               |                            | 25           | 25           |
| Keith Virden       | 1                                     |                              | 7                 | 7               |                            | 15           | 15           |
| Blake Scranton     |                                       |                              | 8                 | 6               |                            | 14           | 14           |
| Greg Bennett       | 5                                     |                              |                   | 8               |                            | 13           | 13           |
| Bryan Glass        |                                       |                              |                   | 10              |                            | 10           | 10           |
| Jeff Bennett       | 10                                    |                              |                   |                 |                            | 10           | 10           |
| Scott Leopold      | 2                                     |                              | 4                 | 4               |                            | 10           | 10           |
| Trevor Orthmann    | 9                                     |                              |                   |                 |                            | 9            | 9            |
| Kevin Hingle       | 4                                     |                              |                   | 5               |                            | 9            | 9            |
| David Ealey        |                                       |                              | 9                 |                 |                            | 9            | 9            |
| Steve Koester      | 8                                     |                              |                   |                 |                            | 8            | 8            |
| Mike Wendel        | 7                                     |                              |                   |                 |                            | 7            | 7            |
| Tom Weir           |                                       |                              | 5                 | 2               |                            | 7            | 7            |
| Travis Lobmaster   |                                       |                              | 6                 |                 |                            | 6            | 6            |
| Matt Minder        | 3                                     |                              | 3                 |                 |                            | 6            | 6            |
| Rick Hernandez     |                                       |                              | 2                 | 1               |                            | 3            | 3            |
| John Alsup         |                                       |                              |                   | 3               |                            | 3            | 3            |
| Bob Thompson       |                                       |                              | 1                 |                 |                            | 1            | 1            |

|                   | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|-------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| M 14 and Under    |                                       |                              |                   |                 |                            |              |              |
| Christian Liles   |                                       |                              | 8                 | 9               |                            | 17           | 17           |
| Glen Gochenour    |                                       |                              |                   | 10              |                            | 10           | 10           |
| Jared Andrews     |                                       |                              | 10                |                 |                            | 10           | 10           |
| Tad Andrews       |                                       |                              | 9                 |                 |                            | 9            | 9            |
| Max Alessia       |                                       |                              |                   | 8               |                            | 8            | 8            |
| Siddarth Bangaru  |                                       |                              |                   | 7               |                            | 7            | 7            |
| Finn Murphy       |                                       |                              | 7                 |                 |                            | 7            | 7            |
| M 15 - 19         |                                       |                              |                   |                 |                            |              |              |
| David Plunkett    |                                       |                              | 10                |                 |                            | 10           | 10           |
| M 20 - 24         |                                       |                              |                   |                 |                            |              |              |
| Daniel Plunkett   |                                       |                              | 10                |                 |                            | 10           | 10           |
| Andrew Gochenour  |                                       |                              |                   | 10              |                            | 10           | 10           |
| M 25 - 29         |                                       |                              |                   |                 |                            |              |              |
| Henry Janssen     | 10                                    |                              | 10                | 10              |                            | 30           | 30           |
| Sam Levon         |                                       |                              | 9                 | 9               |                            | 18           | 18           |
| Dustin Morrison   |                                       |                              | 8                 | 8               |                            | 16           | 16           |
| Corey Colson      |                                       |                              |                   | 7               |                            | 7            | 7            |
| Cale Becker       |                                       |                              |                   | 6               |                            | 6            | 6            |
| M 30 - 34         |                                       |                              |                   |                 |                            |              |              |
| Wes Johnson       | 10                                    |                              | 10                | 10              |                            | 30           | 30           |
| Bryan Lenzi       | 8                                     |                              | 9                 | 8               |                            | 25           | 25           |
| Chris Mueller     | 7                                     |                              | 8                 |                 |                            | 15           | 15           |
| Rex Gradeless     |                                       |                              |                   | 9               |                            | 9            | 9            |
| Alex Batten       | 9                                     |                              |                   |                 |                            | 9            | 9            |
| Ryan Lewis        |                                       |                              |                   | 7               |                            | 7            | 7            |
| Branson Kerber    |                                       |                              | 7                 |                 |                            | 7            | 7            |
| Adam Perschbacher |                                       |                              |                   | 6               |                            | 6            | 6            |
| Jeff Chandler     | 6                                     |                              |                   |                 |                            | 6            | 6            |
| Joshua Grant      | 5                                     |                              |                   |                 |                            | 5            | 5            |
| Skyler Cain       |                                       |                              |                   | 5               |                            | 5            | 5            |
| Justin Hughes     | 4                                     |                              |                   |                 |                            | 4            | 4            |

|                    | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|--------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| M 35 - 39          |                                       |                              |                   |                 |                            |              |              |
| Michael Garber     | 9                                     |                              | 10                |                 |                            | 19           | 19           |
| Nick Fogleman      |                                       |                              | 9                 | 6               |                            | 15           | 15           |
| Craig Frick        | 8                                     |                              |                   | 7               |                            | 15           | 15           |
| Frank Midiri       | 6                                     |                              |                   | 8               |                            | 14           | 14           |
| Jay Weber          |                                       |                              |                   | 10              |                            | 10           | 10           |
| Wesley Wooden      | 10                                    |                              |                   |                 |                            | 10           | 10           |
| Andrew Streeval    |                                       |                              |                   | 9               |                            | 9            | 9            |
| Venugopala Shetty  | 7                                     |                              |                   |                 |                            | 7            | 7            |
| Grant Johnson      | 5                                     |                              |                   | 1               |                            | 6            | 6            |
| Ladaryl Hale       |                                       |                              |                   | 5               |                            | 5            | 5            |
| Patrick Chasco     | 3                                     |                              |                   | 2               |                            | 5            | 5            |
| Andrew Paoni       | 4                                     |                              |                   |                 |                            | 4            | 4            |
| Daron Poage        |                                       |                              |                   | 4               |                            | 4            | 4            |
| Nick Behl          |                                       |                              |                   | 3               |                            | 3            | 3            |
| Carl Hinman        | 2                                     |                              |                   |                 |                            | 2            | 2            |
| M 40 - 44          |                                       |                              |                   |                 |                            |              |              |
| Keith Virden       | 9                                     |                              | 10                | 9               |                            | 28           | 28           |
| Matt Minder        | 10                                    |                              | 8                 |                 |                            | 18           | 18           |
| Travis Lobmaster   | 7                                     |                              | 9                 |                 |                            | 16           | 16           |
| Tadd Davis         | 6                                     |                              | 4                 | 6               |                            | 16           | 16           |
| Bryan Glass        |                                       |                              |                   | 10              |                            | 10           | 10           |
| Jason Nikson       | 5                                     |                              |                   | 7               |                            | 12           | 12           |
| Matthew Duff       | 2                                     |                              | 7                 | 3               |                            | 12           | 12           |
| John Alsup         | 3                                     |                              |                   | 8               |                            | 11           | 11           |
| John Murphy        | 8                                     |                              |                   |                 |                            | 8            | 8            |
| Ryan Dunn          |                                       |                              | 5                 | 2               |                            | 7            | 7            |
| Patrick Price      |                                       |                              | 6                 |                 |                            | 6            | 6            |
| Jeff Reim          |                                       |                              |                   | 5               |                            | 5            | 5            |
| Scott Nation       |                                       |                              |                   | 4               |                            | 4            | 4            |
| William O'sullivan | 4                                     |                              |                   |                 |                            | 4            | 4            |
| Chris Buchanan     |                                       |                              |                   | 1               |                            | 1            | 1            |
| Michael Hoppe      | 1                                     |                              |                   |                 |                            | 1            | 1            |



|                    | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|--------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| M 45 - 49          |                                       |                              |                   |                 |                            |              |              |
| Lance Cull         | 8                                     |                              | 7                 | 6               |                            | 21           | 21           |
| Kevin Hingle       | 9                                     |                              |                   | 10              |                            | 19           | 19           |
| Tom Weir           |                                       |                              | 10                | 9               |                            | 19           | 19           |
| John Hauer         |                                       |                              | 9                 | 8               |                            | 17           | 17           |
| Tommy Dale         |                                       |                              | 8                 | 7               |                            | 15           | 15           |
| Stephen Paca       | 6                                     |                              | 4                 | 5               |                            | 15           | 15           |
| John Langley       | 5                                     |                              | 6                 |                 |                            | 11           | 11           |
| Trevor Orthmann    | 10                                    |                              |                   |                 |                            | 10           | 10           |
| John Stearns       | 3                                     |                              | 5                 |                 |                            | 8            | 8            |
| Brian Lee          | 7                                     |                              |                   |                 |                            | 7            | 7            |
| David Suiter       | 4                                     |                              |                   | 1               |                            | 5            | 5            |
| Jonathan Rees      |                                       |                              |                   | 4               |                            | 4            | 4            |
| Shane Bumgarner    |                                       |                              |                   | 3               |                            | 3            | 3            |
| Dennis Ferree      |                                       |                              |                   | 2               |                            | 2            | 2            |
| M 50 - 54          |                                       |                              |                   |                 |                            |              |              |
| Blake Scranton     | 6                                     |                              | 9                 | 9               |                            | 24           | 24           |
| Rick Hernandez     | 5                                     |                              | 8                 | 8               |                            | 21           | 21           |
| Greg Bennett       | 7                                     |                              |                   | 10              |                            | 17           | 17           |
| Jeff Andrews       | 2                                     |                              | 7                 | 6               |                            | 15           | 15           |
| Randy Rieke        | 1                                     |                              | 6                 | 4               |                            | 11           | 11           |
| Jeff Bennett       | 10                                    |                              |                   |                 |                            | 10           | 10           |
| David Ealey        |                                       |                              | 10                |                 |                            | 10           | 10           |
| Daniel Cullen      | 3                                     |                              |                   | 7               |                            | 10           | 10           |
| Steve Koester      | 9                                     |                              |                   |                 |                            | 9            | 9            |
| Mike Wendel        | 8                                     |                              |                   |                 |                            | 8            | 8            |
| Jim Faloon         |                                       |                              | 5                 | 3               |                            | 8            | 8            |
| Brian Shaw         |                                       |                              | 4                 | 2               |                            | 6            | 6            |
| Stuart Funderburg  |                                       |                              |                   | 5               |                            | 5            | 5            |
| Brad Dow           | 4                                     |                              |                   |                 |                            | 4            | 4            |
| Arthur Holtman III |                                       |                              | 3                 |                 |                            | 3            | 3            |
| Jeff Meyerhoff     |                                       |                              | 2                 |                 |                            | 2            | 2            |
| Harvey Roemer      |                                       |                              | 1                 | 1               |                            | 2            | 2            |

|                    | Lincoln Presidential Half<br>Marathon | Women's Distance<br>Festival | Parade Run 2 Mile | Abe's Amble 10K | Frostbite Festival 10 Mile | Total Points | Best 3 Races |
|--------------------|---------------------------------------|------------------------------|-------------------|-----------------|----------------------------|--------------|--------------|
| M 55 - 59          |                                       |                              |                   |                 |                            |              |              |
| Fess Teklehaimanot | 10                                    |                              | 10                | 10              |                            | 30           | 30           |
| Scott Leopold      | 9                                     |                              | 9                 | 9               |                            | 27           | 27           |
| Michael Matulis    |                                       |                              | 8                 | 8               |                            | 16           | 16           |
| Doug Galayda       |                                       |                              | 7                 | 7               |                            | 14           | 14           |
| Michael Torchia    |                                       |                              | 6                 | 6               |                            | 12           | 12           |
| Rai Richardson     | 5                                     |                              |                   | 4               |                            | 9            | 9            |
| Thomas Thornton    | 8                                     |                              |                   |                 |                            | 8            | 8            |
| Steve Washko       | 7                                     |                              |                   |                 |                            | 7            | 7            |
| Brian Kerber       |                                       |                              | 5                 | 2               |                            | 7            | 7            |
| David Bretz        | 6                                     |                              |                   |                 |                            | 6            | 6            |
| Bill Shelley       |                                       |                              |                   | 5               |                            | 5            | 5            |
| William Wilson     | 4                                     |                              |                   |                 |                            | 4            | 4            |
| Paul Turner        |                                       |                              |                   | 3               |                            | 3            | 3            |
| Mark Young         | 3                                     |                              |                   |                 |                            | 3            | 3            |
| George Kokkat      |                                       |                              |                   | 1               |                            | 1            | 1            |
| M 60 - 64          |                                       |                              |                   |                 |                            |              |              |
| Bob Thompson       | 10                                    |                              | 10                | 10              |                            | 30           | 30           |
| Nyle Robinson      | 9                                     |                              | 9                 | 9               |                            | 27           | 27           |
| Paul Wonnell       | 5                                     |                              | 6                 | 8               |                            | 19           | 19           |
| Dave Stewart       | 6                                     |                              | 7                 |                 |                            | 13           | 13           |
| Eswara Kakarala    | 8                                     |                              |                   |                 |                            | 8            | 8            |
| David Baker        |                                       |                              | 8                 |                 |                            | 8            | 8            |
| Keith Staats       | 7                                     |                              |                   |                 |                            | 7            | 7            |
| Daniel Greenman    |                                       |                              |                   | 7               |                            | 7            | 7            |
| Mark Janus         |                                       |                              |                   | 6               |                            | 6            | 6            |
| M 65 - 69          |                                       |                              |                   |                 |                            |              |              |
| Sam Woods II       | 8                                     |                              | 8                 | 7               |                            | 23           | 23           |
| Jack Bellmer       |                                       |                              | 10                | 10              |                            | 20           | 20           |
| Robert Cramer      | 9                                     |                              | 9                 |                 |                            | 18           | 18           |
| James Alexander    | 7                                     |                              |                   | 9               |                            | 16           | 16           |
| David Taylor       | 10                                    |                              |                   |                 |                            | 10           | 10           |
| Jc Large           |                                       |                              |                   | 8               |                            | 8            | 8            |
| Brent Bohlen       |                                       |                              |                   | 6               |                            | 6            | 6            |
| M 70+              |                                       |                              |                   |                 |                            |              |              |
| John Grisham       |                                       |                              | 10                | 10              |                            | 20           | 20           |
| Tom Kushak         | 10                                    |                              |                   | 8               |                            | 18           | 18           |
| George Hinkle      |                                       |                              | 9                 | 9               |                            | 18           | 18           |

|                      | Lincoln Presidential Half Marathon | LPHM - SRRC Bonus Points | LPHM - Volunteer Bonus Points | Junaia P. Carter, MD 5K | Lake Run Half Marathon | Lake Run 12 K | Lake Run 4.37M | Passavant Gatorade 5K | Passavant Gatorade 10K | Steamboat Classic 4 Mile | Steamboat Classic 15K | Scheels 5K | Bob Goldman Scholastic Challenge | Premier Bank 5K | Women's Distance Festival 2 Mile | WDF - SRRC Bonus Points | WDF - Volunteer Bonus Points | Lincoln Memorial Garden 8K | Bix 7 | Parade Run 2 Mile | Parade Run - SRRC Bonus Points | Parade Run - Volunteer Bonus Points | Abe's Amble 10K | Abe's Amble - SRRC Bonus Points | Abe's Amble Volunteer Bonus Points | Full Moon Trail Run | Shoreline Classic 15K | Shoreline Classic 5K | Quad Cities Marathon | Quad Cities Half Marathon | Quad Cities Marathon Relay | Springfield Marathon | Springfield Marathon - Half Distance | Springfield Marathon Relay | Springfield Marathon 1/4 Marathon | Springfield Marathon 5K | Canal Connection 10K | Participation Points Total | Participation Award Tier |    |  |
|----------------------|------------------------------------|--------------------------|-------------------------------|-------------------------|------------------------|---------------|----------------|-----------------------|------------------------|--------------------------|-----------------------|------------|----------------------------------|-----------------|----------------------------------|-------------------------|------------------------------|----------------------------|-------|-------------------|--------------------------------|-------------------------------------|-----------------|---------------------------------|------------------------------------|---------------------|-----------------------|----------------------|----------------------|---------------------------|----------------------------|----------------------|--------------------------------------|----------------------------|-----------------------------------|-------------------------|----------------------|----------------------------|--------------------------|----|--|
| NAME                 | 20                                 | 5                        | 5                             | 5                       | 20                     | 10            | 8              | 5                     | 10                     | 8                        | 15                    | 5          | 5                                | 5               | 5                                | 5                       | 5                            | 8                          | 10    | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 5                   | 15                    | 5                    | 30                   | 20                        | 10                         | 30                   | 20                                   | 10                         | 10                                | 5                       | 10                   | 369                        | 3                        |    |  |
| Lisa Adams           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 15                       |    |  |
| Max Alessia          | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 0                        | 15 |  |
| Jennifer Alessia     | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 0                        | 15 |  |
| James Alexander      | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 0                        | 40 |  |
| Jean Allen           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 0                        | 15 |  |
| John Alsop           | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 30                                   | 0                          | 0                                 | 0                       | 0                    | 0                          | 0                        | 78 |  |
| Tad Andrews          | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 10                       |    |  |
| Jared Andrews        | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 20                       |    |  |
| Jeff Andrews         | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 20                         | 0                                 | 0                       | 0                    | 0                          | 0                        | 80 |  |
| Jan Andrews          | 20                                 | 5                        | 5                             | 5                       | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 5                                | 5               | 5                                | 5                       | 0                            | 8                          | 0     | 5                 | 5                              | 5                                   | 10              | 5                               | 0                                  | 0                   | 15                    | 0                    | 0                    | 20                        | 0                          | 0                    | 20                                   | 0                          | 0                                 | 0                       | 0                    | 0                          | 158                      | 2  |  |
| Jayne Antonacci      | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 5                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 10                                | 5                       | 0                    | 70                         |                          |    |  |
| Ginger Aschenbrenner | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 45                       |    |  |
| Judy Aydt            | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 15                       |    |  |
| David Baker          | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 10                       |    |  |
| Siddarth Bangaru     | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 15                       |    |  |
| Maggie Barton        | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 25                       |    |  |
| Suzannah Bartos      | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 25                       |    |  |
| Alex Batten          | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 0                    | 45                         |                          |    |  |
| Denise Bean          | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 40                       |    |  |
| Denise Beauman       | 0                                  | 0                        | 5                             | 5                       | 0                      | 0             | 0              | 5                     | 0                      | 0                        | 0                     | 5          | 5                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 10                                | 5                       | 0                    | 90                         |                          |    |  |
| Susan Becker         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 45                         |                          |    |  |
| Cale Becker          | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Echo Beekman         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |    |  |
| Hannah Beever        | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Scott Beever         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Denise Behl          | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Nick Behl            | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Jack Bellmer         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 30                         |                          |    |  |
| Rachel Benedict      | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 20                                   | 0                          | 0                                 | 5                       | 0                    | 50                         |                          |    |  |
| Jeff Bennett         | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 5                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 60                         |                          |    |  |
| Greg Bennett         | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 50                         |                          |    |  |
| Cheryl Biesiada      | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 5                              | 10                                  | 5               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |    |  |
| Joe Biesiada         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 5                              | 0                                   | 0               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 10                         |                          |    |  |
| Kelly Biggs          | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 0                                   | 0               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |    |  |
| Levi Biggs           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 5                          |                          |    |  |
| Kim Bilinsky         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Maureen Bluhm        | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Tamara Boeker        | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 20                         |                          |    |  |
| Brent Bohlen         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Julie Boots          | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 5                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 5                              | 10                                  | 5               | 5                               | 0                                  | 15                  | 0                     | 0                    | 20                   | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 70                         |                          |    |  |
| Jennifer Boster      | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 20                         |                          |    |  |
| Cassie Branstetter   | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |    |  |
| Donna Brayfield      | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 5                              | 10                                  | 5               | 5                               | 0                                  | 15                  | 0                     | 20                   | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 90                   |                            |                          |    |  |
| Jana Brennan         | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 20                   | 0                         | 0                          | 0                    | 0                                    | 10                         | 0                                 | 0                       | 55                   |                            |                          |    |  |
| David Bretz          | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 33                   |                            |                          |    |  |
| Haylee Brickey       | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 55                         |                          |    |  |
| Theresa Bright       | 20                                 | 5                        | 5                             | 5                       | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 5          | 5                                | 5               | 5                                | 5                       | 8                            | 0                          | 5     |                   |                                |                                     |                 |                                 |                                    |                     |                       |                      |                      |                           |                            |                      |                                      |                            |                                   |                         |                      |                            |                          |    |  |



| NAME                     | Lincoln Presidential Half Marathon | LPHM - SRRC Bonus Points | LPHM - Volunteer Bonus Points | Junaia P. Carter, MD 5K | Lake Run Half Marathon | Lake Run 12 K | Lake Run 4.37M | Passavant Gatorade 5K | Passavant Gatorade 10K | Steamboat Classic 4 Mile | Steamboat Classic 15K | Scheels 5K | Bob Goldman Scholastic Challenge | Premier Bank 5K | Women's Distance Festival 2 Mile | WDF - SRRC Bonus Points | WDF - Volunteer Bonus Points | Lincoln Memorial Garden 8K | Bix 7 | Parade Run 2 Mile | Parade Run - SRRC Bonus Points | Parade Run - Volunteer Bonus Points | Abe's Amble 10K | Abe's Amble - SRRC Bonus Points | Abe's Amble Volunteer Bonus Points | Full Moon Trail Run | Shoreline Classic 15K | Shoreline Classic 5K | Quad Cities Marathon | Quad Cities Half Marathon | Quad Cities Marathon Relay | Springfield Marathon | Springfield Marathon - Half Distance | Springfield Marathon Relay | Springfield Marathon 1/4 Marathon | Springfield Marathon 5K | Canal Connection 10K | Participation Points Total | Participation Award Tier |
|--------------------------|------------------------------------|--------------------------|-------------------------------|-------------------------|------------------------|---------------|----------------|-----------------------|------------------------|--------------------------|-----------------------|------------|----------------------------------|-----------------|----------------------------------|-------------------------|------------------------------|----------------------------|-------|-------------------|--------------------------------|-------------------------------------|-----------------|---------------------------------|------------------------------------|---------------------|-----------------------|----------------------|----------------------|---------------------------|----------------------------|----------------------|--------------------------------------|----------------------------|-----------------------------------|-------------------------|----------------------|----------------------------|--------------------------|
| Melissa Brooks           | 20                                 | 5                        | 5                             | 5                       | 20                     | 10            | 8              | 5                     | 10                     | 8                        | 15                    | 5          | 5                                | 5               | 5                                | 5                       | 5                            | 8                          | 10    | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 5                   | 15                    | 5                    | 30                   | 20                        | 10                         | 30                   | 20                                   | 10                         | 10                                | 5                       | 10                   | 369                        | 3                        |
| Kaylee Brooks            | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |
| Chris Buchanan           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| Torrie Buchanan          | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 40                         |                          |
| Tammy Bumgarner          | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 5                                | 0               | 5                                | 5                       | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 80                         |                          |
| Jocelyn Bumgarner        | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 10                   |                            |                          |
| Shane Bumgarner          | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 20                         |                          |
| Tyler Burge              | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 5                    |                            |                          |
| Tracie Burkett           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| Margaret Burns           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| M. Katie Buskirk         | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 20                   |                            |                          |
| Sasha Cadigan            | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 40                         |                          |
| Skyler Cain              | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| Emily Calcara            | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| Elizabeth Calcara        | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| Kathy Canaday            | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |
| Terri Carnduff           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| Jennifer Carnduff-Lewis  | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |
| Bill Casson              | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 5                    |                            |                          |
| Meredith Caudill         | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 8                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 48                         |                          |
| Jeff Chandler            | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 0                 | 5                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 45                   |                            |                          |
| Patrick Chasco           | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 53                         |                          |
| Amber Chasco             | 20                                 | 5                        | 5                             | 5                       | 20                     | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 0                                | 5                       | 8                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 103                        | 1                        |
| Marilyn Clark            | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 5                     | 0                      | 8                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 28                         |                          |
| Shannon Cole             | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 45                         |                          |
| Rebecca Collier          | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 0                                 | 0                       | 25                   |                            |                          |
| Susan Collins            | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 8                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 5                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 5                                 | 0                       | 108                  | 1                          |                          |
| Corey Colson             | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 38                   |                            |                          |
| Holly Cormier            | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 8                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 58                   |                            |                          |
| Robert Cramer            | 20                                 | 5                        | 5                             | 5                       | 0                      | 0             | 5              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 5               | 5                                | 5                       | 0                            | 5                          | 5     | 0                 | 5                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      | 80                   |                            |                          |
| Marilee Cramer           | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 8                            | 0                          | 0     | 5                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 68                      |                      |                            |                          |
| Lance Cull               | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 5                       | 8                            | 0                          | 5     | 5                 | 5                              | 10                                  | 5               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      | 103                  | 1                          |                          |
| Daniel Cullen            | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 5                                 | 0                       | 80                   |                            |                          |
| Lisa Culp                | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 20                   |                            |                          |
| David Culp               | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 20                   |                            |                          |
| Kim Curtis               | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 5                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 5                                 | 0                       | 85                   |                            |                          |
| Holly Dahlquist          | 20                                 | 5                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 30                   | 0                                    | 0                          | 0                                 | 0                       | 100                  | 1                          |                          |
| James Dahlquist          | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 20                   |                            |                          |
| Caroline Dahlquist       | 0                                  | 0                        | 5                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 45                   |                            |                          |
| "Sunny" (Etta) Dahlquist | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |
| Tommy Dale               | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 5                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 48                   |                            |                          |
| Tadd Davis               | 20                                 | 5                        | 5                             | 0                       | 20                     | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 5          | 0                                | 5               | 5                                | 5                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 118                  | 1                          |                          |
| Michael Davis            | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 25                      |                      |                            |                          |
| Jennie Davis             | 20                                 | 5                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 40                      |                      |                            |                          |
| Garrett Deakin           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 5                       |                      |                            |                          |
| Kathy Deakin             | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 5                       |                      |                            |                          |
| Betty Dold               | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 15                      |                      |                            |                          |
| Allison Dollus           | 0                                  | 0                        | 0                             | 0                       | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 5                       |                      |                            |                          |

|                   | Lincoln Presidential Half Marathon | LPHM - SRRC Bonus Points | LPHM - Volunteer Bonus Points | Junia P. Carter, MD 5K | Lake Run Half Marathon | Lake Run 12 K | Lake Run 4.37M | Passavant Gatorade 5K | Passavant Gatorade 10K | Steamboat Classic 4 Mile | Steamboat Classic 15K | Scheels 5K | Bob Goldman Scholastic Challenge | Premier Bank 5K | Women's Distance Festival 2 Mile | WDF - SRRC Bonus Points | WDF - Volunteer Bonus Points | Lincoln Memorial Garden 8K | Bix 7 | Parade Run 2 Mile | Parade Run - SRRC Bonus Points | Parade Run - Volunteer Bonus Points | Abe's Amble 10K | Abe's Amble - SRRC Bonus Points | Abe's Amble Volunteer Bonus Points | Full Moon Trail Run | Shoreline Classic 15K | Shoreline Classic 5K | Quad Cities Marathon | Quad Cities Half Marathon | Quad Cities Marathon Relay | Springfield Marathon | Springfield Marathon - Half Distance | Springfield Marathon Relay | Springfield Marathon 1/4 Marathon | Springfield Marathon 5K | Canal Connection 10K | Participation Points Total | Participation Award Tier |   |
|-------------------|------------------------------------|--------------------------|-------------------------------|------------------------|------------------------|---------------|----------------|-----------------------|------------------------|--------------------------|-----------------------|------------|----------------------------------|-----------------|----------------------------------|-------------------------|------------------------------|----------------------------|-------|-------------------|--------------------------------|-------------------------------------|-----------------|---------------------------------|------------------------------------|---------------------|-----------------------|----------------------|----------------------|---------------------------|----------------------------|----------------------|--------------------------------------|----------------------------|-----------------------------------|-------------------------|----------------------|----------------------------|--------------------------|---|
| NAME              | 20                                 | 5                        | 5                             | 5                      | 20                     | 10            | 8              | 5                     | 10                     | 8                        | 15                    | 5          | 5                                | 5               | 5                                | 5                       | 5                            | 8                          | 10    | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 5                   | 15                    | 5                    | 30                   | 20                        | 10                         | 30                   | 20                                   | 10                         | 10                                | 5                       | 10                   | 369                        | 3                        |   |
| Brad Dow          | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |   |
| Tracy Dowell      | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 10                       | 0                     | 0          | 0                                | 5               | 0                                | 5                       | 5                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 75                       |   |
| Valerie Duewer    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 15                       |   |
| Matthew Duff      | 20                                 | 5                        | 5                             | 0                      | 0                      | 10            | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 5                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 15                    | 0                    | 0                    | 20                        | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 10                         | 140                      | 2 |
| Ryan Dunn         | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 80                       |   |
| Heather Dunn      | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 80                       |   |
| David Ealey       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 10                         |                          |   |
| Brooklyn Eazelle  | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |   |
| Ashley Edge       | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 5                          |                          |   |
| Sandra Elliott    | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 5                 | 5                              | 5                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 30                   | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 100                      | 1 |
| Sarah Enlow       | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 5                                | 5                       | 0                            | 8                          | 0     | 5                 | 5                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 63                       |   |
| Pamela Enno       | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 5                          |                          |   |
| Curt Evoy         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 18                       |   |
| Mary Fairclough   | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |   |
| Jim Faloon        | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 50                       |   |
| Christine Feller  | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 30                         |                          |   |
| Nancy Ferguson    | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 5                            | 8                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 30                   | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 5                       | 0                    | 73                         |                          |   |
| Virginia Ferguson | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 15                       |   |
| Dennis Ferree     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 30                         |                          |   |
| Denise Figueroa   | 20                                 | 5                        | 5                             | 5                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 5                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 0                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 20                         | 0                                 | 0                       | 5                    | 10                         | 145                      | 2 |
| Jamie Fitzpatrick | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 20                                   | 0                          | 0                                 | 0                       | 0                    | 80                         |                          |   |
| Jennifer Flenor   | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |   |
| Nick Fogleman     | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 5                            | 8                          | 0     | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 10                   | 83                         |                          |   |
| Amanda Fogleman   | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 5                                   | 0               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |   |
| Debbie Fortman    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 10                                | 0                       | 25                   |                            |                          |   |
| Leann Fox         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |   |
| Jessica Franklin  | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 10                   |                            |                          |   |
| Craig Frick       | 20                                 | 5                        | 0                             | 5                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 5                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 85                         |                          |   |
| Sheryl Friedrich  | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |   |
| Stuart Funderburg | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |   |
| Doug Galayda      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 15                    | 0                    | 0                    | 0                         | 0                          | 0                    | 20                                   | 0                          | 0                                 | 0                       | 60                   |                            |                          |   |
| Michael Garber    | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 5          | 5                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 55                         |                          |   |
| Cindy Gibbs       | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 8                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 73                         |                          |   |
| Shawn Gibbs       | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |   |
| Brenda Glahn      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |   |
| Bryan Glass       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 10    | 0                 | 0                              | 0                                   | 10              | 5                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |   |
| Amanda Gleason    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |   |
| Deidra Glisson    | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 25                      |                      |                            |                          |   |
| Cathy Gochenour   | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 40                   |                            |                          |   |
| Andrew Gochenour  | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |   |
| Glen Gochenour    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |   |
| Rex Gradeless     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |   |
| Joshua Grant      | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |   |
| Daniel Greenman   | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 20                   |                            |                          |   |
| Chelsea Griffin   | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 50                   |                            |                          |   |
| John Grisham      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |   |
| Joy Guardia       | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 5     | 5                 | 0                              | 0                                   | 0               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 55                   |                            |                          |   |
| Kelly Guerrero    | 0                                  | 0                        | 0                             | 0                      | 0                      |               |                |                       |                        |                          |                       |            |                                  |                 |                                  |                         |                              |                            |       |                   |                                |                                     |                 |                                 |                                    |                     |                       |                      |                      |                           |                            |                      |                                      |                            |                                   |                         |                      |                            |                          |   |

|                        | Lincoln Presidential Half Marathon | LPHM - SRRC Bonus Points | LPHM - Volunteer Bonus Points | Junia P. Carter, MD 5K | Lake Run Half Marathon | Lake Run 12 K | Lake Run 4.37M | Passavant Gatorade 5K | Passavant Gatorade 10K | Steamboat Classic 4 Mile | Steamboat Classic 15K | Scheels 5K | Bob Goldman Scholastic Challenge | Premier Bank 5K | Women's Distance Festival 2 Mile | WDF - SRRC Bonus Points | WDF - Volunteer Bonus Points | Lincoln Memorial Garden 8K | Bix 7 | Parade Run 2 Mile | Parade Run - SRRC Bonus Points | Parade Run - Volunteer Bonus Points | Abe's Amble 10K | Abe's Amble - SRRC Bonus Points | Abe's Amble Volunteer Bonus Points | Full Moon Trail Run | Shoreline Classic 15K | Shoreline Classic 5K | Quad Cities Marathon | Quad Cities Half Marathon | Quad Cities Marathon Relay | Springfield Marathon | Springfield Marathon - Half Distance | Springfield Marathon Relay | Springfield Marathon 1/4 Marathon | Springfield Marathon 5K | Canal Connection 10K | Participation Points Total | Participation Award Tier |  |
|------------------------|------------------------------------|--------------------------|-------------------------------|------------------------|------------------------|---------------|----------------|-----------------------|------------------------|--------------------------|-----------------------|------------|----------------------------------|-----------------|----------------------------------|-------------------------|------------------------------|----------------------------|-------|-------------------|--------------------------------|-------------------------------------|-----------------|---------------------------------|------------------------------------|---------------------|-----------------------|----------------------|----------------------|---------------------------|----------------------------|----------------------|--------------------------------------|----------------------------|-----------------------------------|-------------------------|----------------------|----------------------------|--------------------------|--|
| NAME                   | 20                                 | 5                        | 5                             | 5                      | 20                     | 10            | 8              | 5                     | 10                     | 8                        | 15                    | 5          | 5                                | 5               | 5                                | 5                       | 5                            | 8                          | 10    | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 5                   | 15                    | 5                    | 30                   | 20                        | 10                         | 30                   | 20                                   | 10                         | 10                                | 5                       | 10                   | 369                        | 3                        |  |
| Andrea Guerrero        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 23                         |                          |  |
| Judy Gunn              | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 30                         |                          |  |
| LaDaryl Hale           | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |  |
| Arlene Hall            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 0                          | 28                       |  |
| Kathy Handy            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |  |
| Lisa Hanson            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 15                         |                          |  |
| Mary Harney            | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |                          |  |
| Pamela Hart            | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 5                                  | 5                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      | 33                   |                            |                          |  |
| John Hauer             | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 5                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 83                   |                            |                          |  |
| Laura Hauer            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 5              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 8                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 28                   |                            |                          |  |
| Lindsey Hauer          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 5              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 5                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |  |
| Adrienne Hawkins       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |  |
| Brenda Hawkins         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |  |
| David Heaps            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 8                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 8                    |                            |                          |  |
| Jennifer Hendricks     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |  |
| Jennifer Herman        | 0                                  | 0                        | 0                             | 5                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 5               | 5                                | 0                       | 8                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 58                   |                            |                          |  |
| Rick Hernandez         | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 5               | 5                                | 5                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 0               | 0                               | 5                                  | 0                   | 0                     | 5                    | 0                    | 0                         | 0                          | 0                    | 10                                   | 0                          | 0                                 | 90                      |                      |                            |                          |  |
| Chris Hernandez        | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |  |
| Constance Heskett      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |  |
| Will Hill              | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 5                    |                            |                          |  |
| Bobbie Hill            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |  |
| Brenda Hillen          | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 63                   |                            |                          |  |
| Kevin Hingle           | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 60                   |                            |                          |  |
| George Hinkle          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 0                                 | 10                      | 50                   |                            |                          |  |
| Sunney Hinman          | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 10                           | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |  |
| Carl Hinman            | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 10                           | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |  |
| Kristine Holtman       | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 5          | 5                                | 5               | 5                                | 5                       | 0                            | 5                          | 5     | 5                 | 10                             | 5                                   | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 100                  | 1                          |                          |  |
| Arthur Holtman III     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 5                       | 0                            | 5                          | 5     | 5                 | 0                              | 5                                   | 5               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |  |
| Megan Holzmacher       | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 40                   |                            |                          |  |
| Patricia Hopkins-Price | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |  |
| Michael Hoppe          | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |  |
| Jessica Hoppe          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 10                   |                            |                          |  |
| Linda House            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |  |
| William House          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |                          |  |
| Kelly Hubbard          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 10                   |                            |                          |  |
| Joyce Hubbard          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |  |
| Amy Huber              | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 10                   |                            |                          |  |
| Justin Hughes          | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |  |
| Shannon Hughes         | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |  |
| Brenda Humbert         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 15                                 | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |  |
| Christine Hurley       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 10                   | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |  |
| Jill Hurley            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |  |
| Richard Hymes II       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 8                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 8                    |                            |                          |  |
| Patty Ingram           | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |  |
| Lori Iocca             | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 65                      |                      |                            |                          |  |
| Melissa Jackson        | 0                                  | 0                        | 0                             | 0                      | 10                     | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 45                      |                      |                            |                          |  |
| Henry Janssen          | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 5          | 0                                | 5               | 5                                | 5                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 20                   | 0                         | 0                          | 5                    | 0                                    | 0                          | 110                               | 1                       |                      |                            |                          |  |
| Mark Janus             | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 20                      |                      |                            |                          |  |



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|                      | Lincoln Presidential Half Marathon | LPHM - SRRC Bonus Points | LPHM - Volunteer Bonus Points | Junia P. Carter, MD 5K | Lake Run Half Marathon | Lake Run 12 K | Lake Run 4.37M | Passavant Gatorade 5K | Passavant Gatorade 10K | Steamboat Classic 4 Mile | Steamboat Classic 15K | Scheels 5K | Bob Goldman Scholastic Challenge | Premier Bank 5K | Women's Distance Festival 2 Mile | WDF - SRRC Bonus Points | WDF - Volunteer Bonus Points | Lincoln Memorial Garden 8K | Bix 7 | Parade Run 2 Mile | Parade Run - SRRC Bonus Points | Parade Run - Volunteer Bonus Points | Abe's Amble 10K | Abe's Amble - SRRC Bonus Points | Abe's Amble Volunteer Bonus Points | Full Moon Trail Run | Shoreline Classic 15K | Shoreline Classic 5K | Quad Cities Marathon | Quad Cities Half Marathon | Quad Cities Marathon Relay | Springfield Marathon | Springfield Marathon - Half Distance | Springfield Marathon Relay | Springfield Marathon 1/4 Marathon | Springfield Marathon 5K | Canal Connection 10K | Participation Points Total | Participation Award Tier |
|----------------------|------------------------------------|--------------------------|-------------------------------|------------------------|------------------------|---------------|----------------|-----------------------|------------------------|--------------------------|-----------------------|------------|----------------------------------|-----------------|----------------------------------|-------------------------|------------------------------|----------------------------|-------|-------------------|--------------------------------|-------------------------------------|-----------------|---------------------------------|------------------------------------|---------------------|-----------------------|----------------------|----------------------|---------------------------|----------------------------|----------------------|--------------------------------------|----------------------------|-----------------------------------|-------------------------|----------------------|----------------------------|--------------------------|
| NAME                 | 20                                 | 5                        | 5                             | 5                      | 20                     | 10            | 8              | 5                     | 10                     | 8                        | 15                    | 5          | 5                                | 5               | 5                                | 5                       | 5                            | 8                          | 10    | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 5                   | 15                    | 5                    | 30                   | 20                        | 10                         | 30                   | 20                                   | 10                         | 10                                | 5                       | 10                   | 369                        | 3                        |
| Harvey Roemer        | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 58                         |                          |
| Nina Rossini         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 5                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 5                                 | 0                       | 60                   |                            |                          |
| Jorie Roubitchek     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |
| Lydia Rudd           | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 8                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 33                   |                            |                          |
| Sarah Sagmoen        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 5                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 23                   |                            |                          |
| Steward Sandstrom    | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 5                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 10                   |                            |                          |
| Amy Savel            | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 5                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 5                                 | 0                       | 45                   |                            |                          |
| Patricia Schaefer    | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 60                   |                            |                          |
| Melissa Schaefer     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 23                   |                            |                          |
| Russell Schaefer     | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 30                         | 0                    | 0                                    | 0                          | 0                                 | 0                       | 70                   |                            |                          |
| Lesa Schaive         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |                          |
| Kate Schroter        | 20                                 | 5                        | 5                             | 5                      | 20                     | 0             | 0              | 0                     | 10                     | 0                        | 15                    | 0          | 0                                | 0               | 5                                | 5                       | 5                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 20                   | 0                         | 0                          | 0                    | 0                                    | 10                         | 5                                 | 0                       | 160                  | 2                          |                          |
| Blake Scranton       | 20                                 | 5                        | 0                             | 5                      | 20                     | 0             | 0              | 0                     | 10                     | 0                        | 15                    | 0          | 0                                | 5               | 0                                | 0                       | 0                            | 10                         | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 5                                  | 15                  | 0                     | 0                    | 20                   | 0                         | 30                         | 0                    | 0                                    | 0                          | 0                                 | 0                       | 185                  | 3                          |                          |
| Brian Shaw           | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 53                   |                            |                          |
| Bill Shelley         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 5                               | 15                                 | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 35                   |                            |                          |
| Venugopala Shetty    | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 30                      |                      |                            |                          |
| Heather Shipp        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 15                                 | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |                          |
| Nathan Siegwart      | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 5                       |                      |                            |                          |
| Scott Sievers        | 0                                  | 0                        | 0                             | 5                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 0     | 0                 | 5                              | 10                                  | 5               | 0                               | 5                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 53                   |                            |                          |
| Caitlin Simhauser    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 15                      |                      |                            |                          |
| Erin Slightom        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 15                      |                      |                            |                          |
| Bradley Smith        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 5                    |                            |                          |
| Alice Staats         | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 5                       |                      |                            |                          |
| Keith Staats         | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 25                      |                      |                            |                          |
| Verna Stallone       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      |                      |                            |                          |
| John Stearns         | 20                                 | 5                        | 0                             | 5                      | 0                      | 0             | 0              | 5                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 5                       | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 10                                   | 5                          | 0                                 | 90                      |                      |                            |                          |
| Dawn Stearns         | 0                                  | 0                        | 5                             | 0                      | 0                      | 0             | 0              | 5                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                       | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 15                                 | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 10                                   | 5                          | 0                                 | 75                      |                      |                            |                          |
| Dave Stewart         | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 5     | 5                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 30                   | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 80                   |                            |                          |
| Lois Stone           | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 15                      |                      |                            |                          |
| Andrew Streeval      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 20                      |                      |                            |                          |
| Tiffany Streeval     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      |                      |                            |                          |
| Megan Styles         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 0                                 | 0                       | 25                   |                            |                          |
| David Suiter         | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 8                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 48                   |                            |                          |
| Christianna Sullivan | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 10                         | 0     | 0                 | 10                             | 5                                   | 0               | 15                              | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 50                   |                            |                          |
| Madalynn Sullivan    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 15                              | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 40                      |                      |                            |                          |
| Julie Summers        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 10                                   | 0                          | 0                                 | 25                      |                      |                            |                          |
| Adrienne Sweet       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 43                   |                            |                          |
| Suna Tabag           | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 15                      |                      |                            |                          |
| Monica Tabag         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 15                      |                      |                            |                          |
| Janet Tapocik        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 5          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 20                      |                      |                            |                          |
| Amanda Tapscott      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 25                      |                      |                            |                          |
| Teri Taylor          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 5                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 30                      |                      |                            |                          |
| David Taylor         | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 30                      |                      |                            |                          |
| Tori Taylor          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 5          | 0                                | 5               | 5                                | 0                       | 0                            | 5                          | 5     | 0                 | 10                             | 5                                   | 0               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 10                                   | 0                          | 0                                 | 60                      |                      |                            |                          |
| Fess Teklehaimanot   | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 0                                | 0                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 73                      |                      |                            |                          |
| Kathy Thomas         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 0                            | 0                          | 0     | 0                 | 10                             | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 15                      |                      |                            |                          |
| Bob Thompson         | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 5                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 63                      |                      |                            |                          |
| Nancy Thompson       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                       | 8                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 8                       |                      |                            |                          |

|                    | Lincoln Presidential Half Marathon | LPHM - SRRC Bonus Points | LPHM - Volunteer Bonus Points | Junia P. Carter, MD 5K | Lake Run Half Marathon | Lake Run 12 K | Lake Run 4.37M | Passavant Gatorade 5K | Passavant Gatorade 10K | Steamboat Classic 4 Mile | Steamboat Classic 15K | Scheels 5K | Bob Goldman Scholastic Challenge | Premier Bank 5K | Women's Distance Festival 2 Mile | WDF -SRRC Bonus Points | WDF - Volunteer Bonus Points | Lincoln Memorial Garden 8K | Bix 7 | Parade Run 2 Mile | Parade Run - SRRC Bonus Points | Parade Run - Volunteer Bonus Points | Abe's Amble 10K | Abe's Amble - SRRC Bonus Points | Abe's Amble Volunteer Bonus Points | Full Moon Trail Run | Shoreline Classic 15K | Shoreline Classic 5K | Quad Cities Marathon | Quad Cities Half Marathon | Quad Cities Marathon Relay | Springfield Marathon | Springfield Marathon - Half Distance | Springfield Marathon Relay | Springfield Marathon 1/4 Marathon | Springfield Marathon 5K | Canal Connection 10K | Participation Points Total |   |
|--------------------|------------------------------------|--------------------------|-------------------------------|------------------------|------------------------|---------------|----------------|-----------------------|------------------------|--------------------------|-----------------------|------------|----------------------------------|-----------------|----------------------------------|------------------------|------------------------------|----------------------------|-------|-------------------|--------------------------------|-------------------------------------|-----------------|---------------------------------|------------------------------------|---------------------|-----------------------|----------------------|----------------------|---------------------------|----------------------------|----------------------|--------------------------------------|----------------------------|-----------------------------------|-------------------------|----------------------|----------------------------|---|
| NAME               | 20                                 | 5                        | 5                             | 5                      | 20                     | 10            | 8              | 5                     | 10                     | 8                        | 15                    | 5          | 5                                | 5               | 5                                | 5                      | 5                            | 8                          | 10    | 5                 | 5                              | 5                                   | 10              | 5                               | 5                                  | 5                   | 15                    | 5                    | 30                   | 20                        | 10                         | 30                   | 20                                   | 10                         | 10                                | 5                       | 10                   | 369                        | 3 |
| Thomas Thornton    | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 8                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 33                         |   |
| Michael Torchia    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 0                    | 25                         |   |
| Angela Turasky     | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 5                                | 5                      | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 5                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 10                                | 5                       | 0                    | 58                         |   |
| Paul Turner        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 5                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 5                                | 5                      | 5                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      | 50                   |                            |   |
| Brenda Vail        | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 5                 | 5                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 70                   |                            |   |
| Melinda Vance      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |   |
| Keith Virden       | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 0                                | 0                      | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 5                                 | 0                       | 75                   |                            |   |
| Whitney Walsh      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |   |
| Carrie Ward        | 20                                 | 5                        | 0                             | 5                      | 0                      | 0             | 0              | 0                     | 10                     | 0                        | 0                     | 5          | 10                               | 0               | 5                                | 5                      | 0                            | 8                          | 0     | 5                 | 5                              | 0                                   | 0               | 0                               | 5                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      | 98                   |                            |   |
| Steve Washko       | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 5                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 30                   | 0                                    | 0                          | 0                                 | 0                       | 60                   |                            |   |
| Nancy Washko       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 0                                 | 0                       | 10                   |                            |   |
| Tony Wasilewski    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |   |
| Shirley Webb       | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 10    | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 50                   |                            |   |
| Joanna Webb-Gauvin | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      | 10                   |                            |   |
| Jay Weber          | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 5               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 40                   |                            |   |
| Katie Weir         | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 15                   |                            |   |
| Tom Weir           | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 25                      |                      |                            |   |
| Crysta Weitekamp   | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 20                   |                            |   |
| Bette Wells        | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 5                                | 0               | 5                                | 5                      | 0                            | 8                          | 0     | 0                 | 0                              | 0                                   | 10              | 5                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 38                   |                            |   |
| Mike Wendel        | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 25                      |                      |                            |   |
| Amy Whitecotton    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 25                   |                            |   |
| Kim Vy Williams    | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |   |
| Amy Williams       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 30                   |                            |   |
| William Wilson     | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 20                   | 0                                    | 0                          | 0                                 | 0                       | 60                   |                            |   |
| Denise Wilson      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 10                         | 0                                 | 0                       | 10                   |                            |   |
| Joni Winhold       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 5     | 5                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 5                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 5                                 | 0                       | 20                   |                            |   |
| Melissa Wiseman    | 20                                 | 5                        | 5                             | 5                      | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 5                     | 5          | 5                                | 5               | 5                                | 5                      | 8                            | 0                          | 5     | 5                 | 5                              | 0                                   | 0               | 5                               | 5                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 10                      | 133                  | 1                          |   |
| Kim Wonnell        | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                      | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 80                   |                            |   |
| Paul Wonnell       | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 5                                | 5                      | 5                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 85                   |                            |   |
| Wesley Wooden      | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 25                      |                      |                            |   |
| Sam Woods II       | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 5                     | 5          | 0                                | 5               | 5                                | 5                      | 8                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 5                               | 5                                  | 15                  | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 123                  | 1                          |   |
| LeAnne Woody       | 20                                 | 5                        | 5                             | 5                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 5                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 55                   |                            |   |
| Debbie Yeaman      | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 8                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 8                       |                      |                            |   |
| James Yeaman       | 0                                  | 0                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 8                            | 0                          | 0     | 0                 | 0                              | 0                                   | 0               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 8                       |                      |                            |   |
| Mark Young         | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 40                   |                            |   |
| Marybeth Young     | 20                                 | 5                        | 0                             | 0                      | 0                      | 0             | 0              | 10                    | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 5     | 5                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 20                         | 0                    | 0                                    | 0                          | 0                                 | 0                       | 80                   |                            |   |
| Lisa Young         | 20                                 | 5                        | 5                             | 0                      | 0                      | 0             | 0              | 0                     | 0                      | 0                        | 0                     | 0          | 0                                | 0               | 0                                | 0                      | 0                            | 0                          | 0     | 0                 | 0                              | 10                                  | 5               | 0                               | 0                                  | 0                   | 0                     | 0                    | 0                    | 0                         | 0                          | 0                    | 0                                    | 0                          | 0                                 | 0                       | 45                   |                            |   |





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