

# **FOOTTRAILS**

SPRINGFIELD ROAD RUNNERS CLUB

WINTER 2019

Justin Stewart

#### UPCOMING **DATES:**

- 1/18 Annual Meeting & Banquet
- 4/4—Lincoln Presidential Half Marathon

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### Frostbite Finishes Fine SRRC Season!

The Frostbite Festival 2 mile and 10 mile races capped off a great 2019 SRRC racing season. Temperatures were comfortable, although the wind was a little chilly, which made for good racing weather!

Congratulations to this year's 10-mile champions, Justin Stewart of Springfield, with a finish time of 57:40.7, and Patty Schaefer of Springfield with a finish time of 1:09:52.0. Masters winners were David Wortman in 1:02:41.8 and Cheryl Richards in 1:16:13.2.

Congratulations also to the 2-mile race winners, Cole Boatman in a time of 12:51.0 and Kaitlyn Lee in a time of 13:29.9.

A complete list of race results is available at http://results.itsracetime.com/ Results.aspx?Cld=17095&Rld=6213&Eld=1

Race director Amanda Fogleman did an amazing job! She would like to thank all of the volunteers, Springfield Clinic Sports Medicine, and Jess Hunter and his team for providing radio communications. Amanda also reserved a special thank you for Nick Fogleman—"this race couldn't happen without him."



Nick Fogleman



6234

Patty Schaefer





### 2019 SRRC Board

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**Newsletter Editor** *Matt Minder* 

**Newsletter Contributors**Joy Guardia & Megan Styles

## **Club Information**

### Membership

Annual Membership Rates: \$30 Family \$20 Adult \$5 Student/Youth

Annual memberships expire December 31st. Half price membership starts September 1st through the end of the year.

Renew or join online at www.srrc.net

Address/e-mail changes:

Matt Minder Membership Director: SRRCMembership@gmail.com

Find us online! www.srrc.net

### **Board Meetings**

Board Meetings are held on the second Tuesday of each month starting at 5:30 pm at ICASA Offices, located at 100 N 16th St, Springfield, IL (subject to change). Members are welcome to attend.

### Advertising

FootTrails is published on a quarterly schedule, subject to change. Advertising rates are as follows:

\$100 Half page (back cover/color)

\$60 Full page (B&W) \$40 Half page (B&W) \$20 Quarter page (B&W)

\$15 Business card (B&W)

### **SRRC Training Groups**

#### **HALFWITS**

12-week half marathon training for the Lincoln Presidential Half Marathon.
Cost: Free to SRRC members
Dates: January—March
Leaders: Lori & Tommy Dale
www.srrc.net/ halfwits

#### **GET FAST!!!**

Work on your speed at the summer track sessions led by Bill Owens

Dates: April—September

Wednesday evenings, 6:00 at Washington

Park or SHG Track www.srrc.net/speedwork

#### ABES ARMY

Popular 12-week summer training program for the Abe's Amble 5K and 10K race in August.

Cost: TBD

Dates: May—August

Leaders: Randi Lucas, Meredith Caudill,

and Heather Dunn www.srrc.net/abesarmy

#### **FROSTTOES**

Train for the Frostbite Premier 10 mile race with this 12 week program Cost: Free to SRRC members Dates: October—December

Leaders: Nick Fogleman and Matthew Duff

www.srrc.net/frosttoes

All club members are encouraged to contribute to this newsletter with stories, announcements, outstanding performances, and photos. Please email srrcweb@gmail.com. Contributions are subject to SRRC Board final approval.

### President's Message

It's hard to believe that 2019 is ending. Where did the time go?

It's been a terrific year for the Springfield Road Runners Club. The Board has been busy updating Club policies and procedures- making sure that our Club is welcoming, interesting, exciting and fun.

The last Club-owned race of 2019 (Frostbite Festival) is in the books- thanks to race director Amanda Fogleman, her team of volunteers and, of course, all of you! It was great to see so many runners & walkers at the Frostbite sharing both the joy & the pain of that challenging course.

We look forward to 2020 races, training programs, socials, 2run7 gear and the return of the popular Abe's 50K Throwdown challenge. We will have some new faces joining us on the board and directing races & training programs as well as plenty of participation from veteran board members & race/training program directors.

Thank you for being a part of the Springfield Road Runners Club. It's an honor to be your Club president and to experience all our Club has to offer together! Wishing you a happy & healthy 2020!

~Carrie Ward

### **Ugly Sweater Run!**

December 14th was a morning with lots of silliness and chilliness, and straight-up caffeine loading following the Ugly Sweater Run! Thank you to all those who participated! So much fun we should make it an annual tradition!



### Remembering... Bob Cramer

#### By Megan Styles

On November 7, we lost a beloved member of our running community, Dr. Robert "Bob" F. Cramer, following a year-long battle with glioblastoma. Bob practiced medicine in Springfield for thirty-seven years and loved "being paid to think." He built meaningful relationships with many of his patients, filling his charted notes with reminders about their lives and their interests. Although being a physician kept him very busy, Bob also worked hard to have a rich and fulfilling life outside of his work – spending time with his family and his animals, traveling, challenging himself physically, and being among his many friends.

According to his wife Marilee, "He loved his work, but he didn't want to be defined solely as a doctor. He loved life and everything it had to offer." Bob ran track in high school, but he thought of himself as a sprinter. He was actually a reluctant convert to long distance running. Marilee signed up for Abe's Army in 2009, and Bob came

to watch her complete the Abe's Amble 10K that August. "He was really down about it because he's competitive, and he had been having back trouble and couldn't run with me," says Marilee. "He wasn't

**Bob and Marilee Cramer** 

in a very good mood, and here I was running my first race." Bob's attitude toward running changed almost immediately, when he saw someone in a wheelchair finish the race that day. "I saw it in his eyes," says Marilee. "He thought, 'If he can do it, I can do it."

Bob had back surgery and then joined Abe's Army in 2010, completing the 10K himself that year. When he and Marilee joined the SRRC, their small circle of friends expanded in ways that neither ever imagined. "It's like it opened up a whole new world for him," remembers Marilee. "He was always social, but he enjoyed all the runs and the competition and it was like he thrived on it. He enjoyed the relationships and the comradery, and he wanted nothing more than to go and be with everyone. He found life and enjoyment and love, and it was just a happy group of people. He felt happy when he was around them, and he really blossomed."

Bob made many close friends in the running club, and he regarded them as family. He had a magnetic personality that really drew people in, and he loved being around people. "He was such a party animal," laughs Marilee. Bob held strong beliefs and was adamant about many things, but he also really listened to others and was tolerant and appreciative of their differences. He was kind, sensitive, and very devoted to the people that he chose as his friends. "Friendship was so important to him. He kept his friendships his whole life," says Marilee. "When he got sick, he longed to be around his friends. Even though he had trouble posting messages on Facebook, he would still send them emoticons. He wanted people to know that he was still here and wanted to be with them."

Bob ran many races with Brenda Knoop Hillen, who describes him as "a fantastic running partner and my great friend," a man whose wonderful impact on her life could never be summed up in a few words. Randi Lucas nicknamed him her HOG, short for "handsome old guy." Randi explains, "I always described Bob as 'the coolest old dude I know.' Even though he was thirty plus years my senior, he seemed like a peer! Also, he



Bob listening for cheers as he finishes the Lincoln Presidential Half Marathon

### Remembering...Bob Cramer (cont'd)



Bob with running partner Brenda Hillen

was so down to earth. My favorite memories of him are dancing at get-togethers, Café Moxo breakfasts, and sweaty hugs." A few weeks before he passed away, Randi saw Bob and Marilee out walking on the Sangamon Valley Trail. "I stopped in my tracks to get my big Bob hug," says Randi. "He looked at me and said, 'You look beautiful.' I told him he did too, and he laughed and I continued on my run. I didn't know it would be the last time I saw him, but I'm glad that I had that opportunity to have that last interaction with him."

Brian Kerber says, "Bob was just such an easy person to talk with, and he was full of life and fun." He remembers talking to Bob about music, especially his yearly trips to the Bonnaroo Music Festival in Tennessee. Brian says, "I was surprised that a doctor would spend days and nights in a tent in all kinds of weather to listen to such a wide range of music, but the better I got to know Bob, it seemed to fit him." Brian also remembers Bob laughing and shaking his head at their small early morning running group when they would come back inside after a

workout. "He thought we were nuts," says Brian. "He joined us for one of the early runs, and we even got a picture of it since it was a rare sighting."

Bob was infamous for changing his clothes in his trunk just after a run, showing off his well-developed abs. "He was proud that running had made him so strong, but he wasn't an exhibitionist," laughs Marilee. "He just didn't think about it, and I used to tease him for always changing his clothes in public. He could be like an absent-minded professor." When Susan Helm was training Bob for his first half marathon, he parked too close to another car. Marilee remembers that the other driver left him a note that read something like, "You could have parked anywhere and you decided to park here. Stupid."

Susan and Bob had a good laugh, and her nickname for him became, "Stupid." Since nearly everyone thought of Bob as "the smartest guy they knew," the name seemed perfectly ridiculous.

Jeff Meyerhoff has many fond memories of Bob from their epic RAGBRAI bicycle ride across the entire state of Iowa in 2018. "Our first night there,



Bob muscles through the Lincoln Memorial Garden 8K race

Bob had inflated his double thick air mattress and was trying to put it in his much smaller tent door," says Jeff. "Once he did get it in the tent he literally had about ten inches of head room. I only wish we had a photo!"

Bob was a devoted and loving husband to Marilee. In 1981, Marilee was out dancing with some nursing friends, who decided to call "Cramer" to join the party. "He danced with all of us that night, but mostly with me," says Marilee. They started dating not long after that, but didn't get married until 1988. "Bob was not a man to make quick decisions!" Their wedding took place under the burr oak tree in the backyard at the "Cramerosa," the home where they hosted many parties with their friends, including the annual Ugly Sweater Christmas Run.



**Bob with Randi Lucas** 

### Remembering...Bob Cramer (cont'd)

"Bobalee" (a nickname for the couple coined by Randi Lucas that Marilee always loved) traveled the world with their friends and enjoyed many peaceful moments watching birds and enjoying nature at the Cramerosa. Bob loved hiking, camping, snorkeling and being in nature. He was a passionate environmentalist, and saw an old growth forest as equivalent to a cathedral.

When Bob was diagnosed with gliobastoma, he and Marilee appreciated the incredible kindness, love, and support that that their running and bicycle club friends showed them. "It was like a cloak of comfort, like your fuzziest blanket over you in your hour of need," explains Marilee. "No one shied away from extending offers of help. These are not the kind of friends that desert you. This is family."

"Bob didn't want to die," says Marilee. "He wanted to see everything, see everybody, do everything." We can keep his memory alive by truly appreciating our lives, our friendships, and our experiences as much as he did and by never forgetting his brilliance, his kindness, and his competitive spirit. "If Bob was here, he would want to be with us running," says Marilee.

We will keep running, Bob, and we will miss you and carry you with us always.



Left: Bob (crouching, far left) lines up for a track race in high school.

Right: Bob and Marilee with friends Sandy Elliott, Marshall Jokisch, and Marilyn Kirchgesner





Left: A gathering of friends at the Cramerosa

Right: Bob with friends following a bicycle club ride (photo by Tommy Dale)





Left: Rachel McHenry, Brenda Hillen, Bob, and Megan Styles

Right: Bob and Marilee gather with friends following a winter run (photo by Lori Dale)



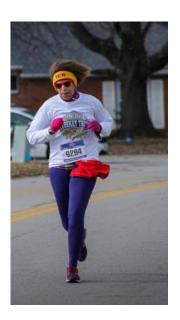
### Frostbite 2-Mile and 10-Mile: 2019 Member Results

2 Mile Res	ults	10 Mile Results					
Cole Boatman	12:51.0	Henry Janssen	1:00:33	Jill Reich	1:34:43	Joshua Hollinshead	1:58:45
George Oliver	15:50.4	David Wortman	1:02:42	Gregg Sams	1:35:03	Jennifer Hollinshead	1:58:46
Levi Biggs	15:55.9	Chris Swisegood	1:07:04	Lindsey Cumby	1:35:11	Machele Keen	1:58:47
Pamela Hart	15:59.9	Nick Walden	1:08:19	Scott Hendren	1:35:12	Johnita Pettys	1:59:09
Kelly Hubbard	17:24.4	Patricia Schaefer	1:09:52	Donna Brayfield	1:35:38	Kathleen Jensen	1:59:44
Dawn Raycraft	17:29.4	Dustin Morrison	1:10:30	Diana Nevitt	1:36:04	Heather Dunn	2:00:24
Christopher Schmit	18:26.1			Michael Torchia	1:36:05		2:00:43
Roger Muench	18:26.5	Blake Scranton	1:10:50	Shelley Mcintyre	1:36:23	Amanda Tamminga	
Roman Biggs	18:31.9	Keith Virden	1:11:18	Sasha Cadigan	1:36:44	Brian Kerber	2:00:54
Matthew Humke	18:48.3 18:53.5	Fess Teklehaimanot	1:14:00	Steward Sandstrom	1:37:27	Amanda Rieger	2:01:48
Amy Moreland	18:53.5	Frank Midiri	1:14:30	Meredith Caudill	1:38:43	Tracy Price	2:03:16
Bob Baker	20:41.5	Jason Beeler	1:14:36	Leanne Woody	1:39:09	Randi Lucas	2:03:30
Joyce Hubbard Sheila Kinison	20:57.6	Jason Nikson	1:14:52	Ashleigh Koerner	1:39:59	Raylea Dodson	2:03:31
Jami Jamieson	21:40.4	Blake Cowle-Healy	1:16:10	Deepak Kumar	1:40:08	Tori Taylor	2:03:58
Avery Biggs	21:43.6	Wes Johnson	1:16:39	Brenda Hillen	1:40:34	Brenda Humbert	2:04:07
Laura Hauer	21:51.5	Kristi Bunn	1:17:33		1:42:56	Dawn Phillips	2:04:56
Amanda Johnson	22:35.6	Venugopala Shetty	1:18:25	Nancy Ferguson Darrell Simmermaker	1:43:04	Courtney Langheim	2:04:56
Emiliya Dimitrova	22:38.7	Zvi Pasman	1:19:52			Bette Wells	2:04:57
Nikolay Dimitrov	22:39.2	Curt Winhold	1:21:42	Megan Styles	1:45:45	Wendy Glisson	2:04:57
Cindy Evans	23:30.1	Kate Schroter	1:23:16	Trevor Tapscott	1:46:00	Susan Brinkoetter	2:04:58
Joni Winhold	23:39.4	Holly Dahlquist	1:24:18	Paul Turner	1:46:13	John Stearns	2:05:02
Judy Claussen	24:20.1	Molly Schaefer	1:24:52	Tim Skronski	1:46:15	Carrie Ward	2:05:29
Marilyn Clark	25:46.4	•		Marilyn Kirchgesner	1:46:27		
Madalynn Sullivan	26:14.4	Tommy Dale	1:26:00	Jerry Kuhn	1:46:29	Angie Fletcher	2:05:37
Dawn Hauer	26:35.3	Stephen Paca	1:26:05	Jeff Meyerhoff	1:46:32	Beth Lafata	2:05:53
Lesa Schaive	28:42.4	William O'sullivan	1:26:06	Jon Popovitch	1:46:52	Shirley Webb	2:05:53
Laurie Tappenbeck	28:43.5	Lori Farris	1:26:19	Christine Feller	1:47:09	Connie Heskett	2:06:18
Christianna Sullivan	28:46.1	Sarah Enlow	1:26:54	Matthew Duff	1:47:09	Kristina Mucinskas	2:06:45
Kathleen Winhold	30:49.5	David Brecheisen	1:27:08	Ryan Dunn	1:47:36	Lisa Mosley	2:10:08
Amy Savel	31:04.5	Randy Rieke	1:27:11	Marybeth Young	1:48:20	Charity Marr	2:10:15
Abby locca	31:17.1	Kelly Biggs	1:27:36	Philip Riesterer	1:49:48	Christina Powell	2:10:58
Lori locca	31:17.3	Eswara Kakarala	1:27:54	Jeana Reinbold	1:49:53	Sam Woods II	2:13:15
Jennifer Walker	32:25.9	Smitha Rhodes	1:27:54	Melissa Wiseman	1:50:18	Lynne Morris	2:13:57
Vanessa Brennan	33:48.8	John Langley	1:28:08	Lynn Kerber	1:50:20	Mollie Langley	2:14:32
John Palusinski Nichole Palusinski	39:33.6 39:34.9	Jessica Hamblin	1:28:13	Debbie Yeaman	1:50:27	Dawn Stearns	2:15:00
MICHOIE Palusiliski	39.34.9	Stacy Reddecliff	1:28:42	Kenneth Riley	1:50:51	Jennifer Herman	2:15:56
		Kevin Spurlock	1:28:49	Cynthia Rieke	1:51:13		
				Brian Biggs	1:53:10	Ashley Davis	2:15:58
		David Bretz	1:30:09	Kim Curtis	1:53:13	Lindsey Lister	2:22:11
		Kathleen Knolhoff	1:30:44	Jayne Antonacci	1:53:13	Patty Petersen	2:22:13
		Jamie Fitzpatrick	1:31:35	Rhonda Robinson	1:53:34	Jennifer Ryterski	2:24:40
		Doug Galayda	1:31:49	Linsey Torchia	1:53:51	Roseanne Nance	2:24:41
		John Hauer	1:32:21	Jan Andrews	1:54:11	Jennie Davis	2:32:47
		Julie Boots	1:32:24	Diane Muncy	1:55:43	Michele Pitts	2:32:57
		Drew Stroud	1:32:33	Bronwyn Jones-		Denise Beauman	2:32:59
		Kim Owens	1:32:48	Leach	1:56:00	Vivian Jones	2:33:41
		Kaylee Gholson	1:33:17	Judy Gunn	1:58:10	Thanh Melick	2:39:08
		Sandra Elliott	1:34:10	Karrie Clark	1:58:27	Christina Smith	2:41:59
		•	-		,	· · · · · · · · · · · · · · · · · ·	
		William Hostetler	1:34:11	Alice Staats	1:58:37	Kristine Holtman	2:56:23

## **Frostbite Festival Photos**











## **Frostbite Festival Photos**

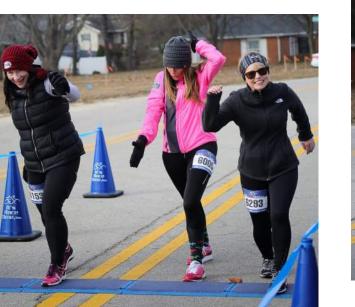




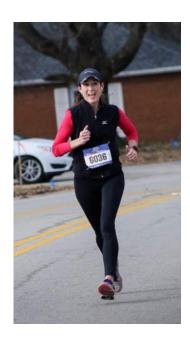












## **Frostbite Festival Photos**

















### Race Director Spotlight: Heather Glessner and Teri Taylor

The Women's Distance Festival (WDF) celebrated its 40th anniversary in 2019, and has had a number of great race directors over those years. For the latest race directors, Heather Glessner and Teri Taylor, it was a somewhat bittersweet occasion, as they have decided to step down following this year. We took the opportunity to ask Heather a few questions about their background and experience as members and as race directors. We thank them for their hard work over these last 5 years, and wish them well in their future ventures!

Their Background: Heather and Teri have been SRRC members since around 2011, as best Heather can recall. They randomly met at lunch following the 2012 Frostbite race, and have been running partners and good friends since then.

Heather recalled signing up for the 2010 WDF race and not even showing up: "That was before I was connected with the club and I didn't know anyone who was a runner. I was at the start of my efforts to get back in shape following my cancer diagnosis and I thought I would be too slow to participate. I was too selfconscious to even go pick up my packet. I never would have imagined then how many races I would end up completing or that I would direct the event in the future!"



**The Decision:** "After running a lot of races in varying lengths from 2 miles to 26.2 miles together, we thought it (directing the WDF) would be another aspect of running that we could share together. We take pride in our running club and when there was a vacancy, we wanted to help ensure a club race continued successfully. Plus, who wouldn't want to get to design a race shirt!?"

**The Challenges:** As a race director, their biggest stress—race shirts! "It's so difficult to make an educated guess on how many of each size. WDF has a small budget, so we don't have the luxury of ordering lots of extras. It's also tough knowing that you're not going to make everyone happy with the style or design of the shirt, no matter how much thought/effort/consideration you put into it - we did our best and tried not to take the criticism we'd hear from runners personally."

Also, knowing that things will go wrong: "I think the most important thing in race directing is keeping perspective and a good attitude. It will downpour, shirts will be misprinted, awards will arrive broken, food orders will not be correct, sponsors you were

### Race Director Spotlight: Heather Glessner and Teri Taylor

counting on will choose not to support the event again, and the race will start before you are expecting it to, which will cause you to run onto the course like a mad woman, arms outstretched, yelling stop (and then be totally embarrassed for having done so!)...perhaps that last point only would happen to me (ha!). "

**The Memories:** For Heather, "I think my favorite part of directing for 5 years was getting to do it with my best friend. If we can train for a marathon together and race direct for 5 years together and not kill each other, I think it pretty much cements the friendship for the long haul! (I'm sure there were times when she wanted to kill me though!) As a race director, it was also the feeling of accomplishment after the first race we directed was over and the event went well."

As a runner, the 2013 Chicago Marathon is Heather's favorite memory. "It is the best run I've ever had. Teri and I ran every step together and never really hit a wall. We sang and danced and laughed and even beat our time goal. It was the perfect run. Her stride must be a tiny bit longer though because she beat me by 1 second!"



Heather and Teri with their finisher medals following the 2013 Chicago Marathon

# **Triple Crown - You Did It!**



Congratulations to all those who completed the Triple Crown and Mini -Crown Challenges this year! Awards were distributed following the Frostbite race awards at Fit Club West.





## **SRRC Medal Mixer**

Thank you to all who joined us at Arlington's on December 12th for our annual Medal Mixer! And special thanks to those who brought donations for Toys for Tots! There will be many happy children at Christmas-time thanks to you!







## The Trainer's Corner - Stronger New Year!

Certified Personal Trainer, Joy Guardia (ACSM)

I am going to challenge each of you as 2019 comes to a close and we begin our new year. So many of us have very busy schedules and it is difficult to fit in more than just the training runs. However, sometimes as we increase our training in the spring, our bodies get beat down, some even get injured from the training. So, my challenge to you is to commit to incorporating strength training into your routine this new year. That you would have a goal to be a stronger, balanced runner for the year 2020. Your thinking about training may be challenged and this may be a different goal for you. Or if you are like me, it's already incorporated into your running schedule. Either way, let's make this goal together as a team.

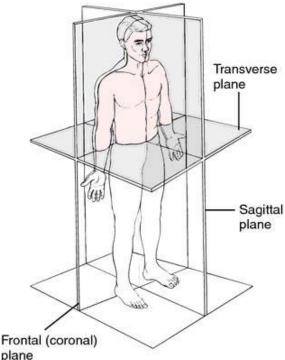
It does not take much to include strength training. Only 30 minutes, 2 days a week will be a great start. This is enough time to include exercises that will strengthen the most important areas of your body as a runner. Why is this so important, other than the obvious of becoming stronger? Running is an overuse injury waiting to happen if we don't balance out our bodies.

Since we run in one plane of movement, the sagittal plane (forward movement), we overuse the muscles involved with that plane of movement. Unless we strengthen the muscles involved with the other movement planes we will just be a body out of balance.

Have a goal to be a stronger, balanced runner for the year 2020.

To balance the runner's body, it's impera-

tive to start with the core and the hips. These two areas will be a strong base to endurance running and will work your body in all three planes of movement, sagittal plane, frontal plane (side to side), and transverse plane (rotation). If you've ever noticed someone towards the end of a half marathon hunched over, they have not been strengthening their core and hips!



Next, consider the fatigue factor. When we near the end of a long run we notice when the hips aren't able to lift as high and the foot just plops on the ground with each step. Strengthening the large lower body muscles will no doubt lengthen your endurance and help you to continue with a strong push off and a healthy range of motion.

After having considerable time off this past year, I basically started over when I began my journey for a spring marathon. I was very aware of the fatigue level of my legs. This helped me to see how very important it is to keep strengthening my hamstrings, hips, core, and adductors

Running is an overuse injury waiting to happen if we don't balance out our bodies.

(my weak areas). Toward the end of my runs I had to make more of an effort to use my hamstrings. I added one more hamstring exercise to my routine to get those babies back in shape!

Here are just a few exercises I incorporate every week:

Hamstring curls- on a ball or using the TRX (yikes it's so much harder with the TRX!)

Step ups- be sure your step is high enough to work your glutes too

Adductor slides- stand on paper plates and slide legs out and in, be careful if your adductors are weak like me!

Planks- front and side; progress to adding toe taps, dips, or putting your hand on a medicine ball

**Back extensions** 

Vertical knee raises for core- be sure to lift your knees up as far as you can so you aren't just doing hip flexion, avoid swinging legs

I hope you take on my challenge and see strength training as an integral part of your training. No matter your pace, no matter your reason for running, you will feel the difference and experience running on a new level.

## **SRRC Race Calendar 2020**

Links to more information and online registration can be found on our website at www.srrc.net or on our Facebook page.

Lincoln Presidential Half Marathon\*

Date: 04/04/2020

Location: Downtown Springfield

Junaia P. Carter 5K Date: 04/11/2020

Location: Washington Park

Lake Run—7K, 12K, Half Marathon

Date: 05/02/2020

Location: Lake Bloomington,

Bloomington, IL

Passavant-Gatorade 5K and 10K

Date: 05/23/2020, 7:30 a.m.

Location: Passavant Hospital, Jack-

sonville, IL

Lincoln Memorial Trail Run 8K

Date: 06/06/2020

Location: Lincoln Memorial Garden

Scholastic Challenge 5K

Date: 06/14/2020, 7:30 5k

Location: Lake Springfield, Center

Park Beach House

Steamboat Classic 4M and 15K

Date: 06/20/2020 Location: Peoria, IL Scheels 5K and 10K

Date: 06/27/2020, 7:30 a.m.

Location: Scheels

Jacksonville 4th of July Blast 5K

Date: 07/04/2020

Location: Nichols Park, Jacksonville

Women's Distance Festival 2M

Date: 07/11/2020, 8 a.m. Location: Washington Park

Quad Cities Times Bix 7

Date: 07/25/2020

Location: Davenport, IA

Parade Run, 2M\*

Date 08/13/2020, 5:00 p.m.

Location: Illinois State Fair Grounds

Abe's Amble 5K and 10K\*# Date: 08/23/2020, 7:30 a.m.

Location: Illinois State Fairgrounds

Shoreline Classic 15K# and 5K

Date: 09/20/2020

Location: Nelson Park, Decatur, IL

Quad Cities Marathon, Half Mara-

thon, 5K

Date: 09/27/2020, 7:30 a.m.

Location: Moline, IL

Full Moon Trail Run (2+ miles)
Date: 10/02/2020, 7:30 p.m.
Location: Lewis Memorial Acres

Springfield Marathon (5K, 1/4, and Half Marathon, Marathon)

Date(s): 10/17/2020 (5K only) 10/18/2020—Other distances

Location: UIS

Run the Path Utica 10K Date: 11/01/2020, 10:30 a.m. Location: LaSalle/Utica, IL

Frostbite Festival 2M and 10M\*#

Date: 12/06/2020, 9:00 a.m. Location: FitClub West

Race dates, locations, & times subject to change. Location is Springfield unless otherwise noted.

Please check our website for up-to-date information.

\* denotes SRRC Points Series event # denotes Triple Crown series run



## **SRRC Annual Awards Series**

#### **Participation Points Awards**

This series is designed to reward SRRC members who finish and volunteer for the designated races in our circuit. Your eligibility begins once your membership is processed. To be eligible for all races, a person must have his/her membership processed by the Lincoln Presidential Half Marathon. If a person applies for membership after the half marathon, that person will be eligible for all races occurring after their registration date.

- The SRRC reserves the right to alter these rules when necessary.
- Points will be greater for longer distances. A person may only enter ONE race for any race event. (Attempts to race multiple events may result in member disqualification.)
- Five bonus points will be given for finishing \*SRRC races.
- Five bonus points will be given for volunteering for \*SRRC races.
- Abe's Army does not count for volunteering since it is separate from the race.
- SRRC male members that volunteer for WDF will be awarded all race day points.
- A tier system is used to determine awards.

#### **Race Distance Points:**

2m - 5k = 5 point 4m - 8k = 8 points 10k - 12k = 10 points 15k - 10m = 15 points ½ Marathon = 20 points Marathon = 30 points

#### Awards Tier System:

Gold Level 180+ Silver Level 140-179 Bronze Level 100-139

Current Participation Series totals are listed on the SRRC website.

#### **SRRC Points Series**

Your eligibility begins once your membership is processed. To be eligible for all five SRRC Points races, a person must have his/her membership processed by the Lincoln Presidential Half Marathon. If a person applies for membership after the half marathon, that person will be eligible for all races thereafter. Please understand that membership processing could take up to a week.

The SRRC reserves the right to alter these rules when necessary.

- Members must compete in a minimum of three of the five club races to be eligible for end of the year awards. Points classifications will be based on the best three of five club races (i.e. your lowest two scores will be dropped).
- Members must volunteer for a minimum of two of the five club races to be eligible for end of the year awards. Age groups 14 and under AND 15-19 are not required to volunteer due to limitations. For this award, Abe's Army will not count as volunteering.
- Your age as of the Lincoln Presidential Half Marathon will establish the age group in which you'll be competing for the entire year.

#### Tie Breaker Procedure (subject to change)

- Head-to-head matchup (2 minimum)
- Number of races completed
- Volunteering
- Participation Series values

#### SRRC Points Races

- Lincoln Presidential Half Marathon
- Women's Distance Festival
- Illinois State Fair Parade Run
- Abe's Amble
- Frostbite Festival 10 mile

#### Age groups will be as follows:

The SRRC reserves the right to only award age groups in which there are at least two eligible competitors.

14 and under
15-19
20-24
25-29
30-34
35-39
40-44
45-49
50-54
55-59
60-64
65-69
70+

Points will be awarded as follows:
Overall, Masters, and Age Group.
Points are tabulated against other SRRC
members. One award allowed per member.

Place	Points
1st	10
2nd	9
3rd	8
4th	7
5th	6
6th	5
7th	4
8th	3
9th	2
10th	1

Any points questions or corrections may be emailed to SRRCMembership@gmail.com.

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### **2019 SRRC Points and Participation Series (Final)**

Name of Const	Lincoln Presidential Half Marathon	Women's Distance Festival	Parade Run 2 Mile	Abe's Amble 10K	Frostbite Festival 10 Mile	Total Points	Best 3 Races	Times Volunteered
Women's Overall Patricia Schaefer	9	10	9	10	10	48	30	2
Chelsea Lord		8	8	9		25	25	2
Kate Schroter	7	7	-	8		22	22	2
Lori Farris	4	5		7	5	21	17	
Sarah Enlow		3	3	6	4	16	13	3
Sydne Dean		- 6	5	1000	-	11	11	1
Molly Schaefer	1	4	- 3	1	6	12	11	2
Holly Dahlquist		- " "		3	7	10	10	2
Grace Gudwien			10			10	10	
Lydia Hocker	10					10	10	
Cathy Popovitch	_	9				9	9	
Kristi Bunn	-	- 3	_		9	9	9	-
Melissa Coultas Lindsey Cumby	8	-	7		_	8 7	8 7	-
Kayla Albrecht	2		4			6	6	1
Susan Becker	-		6			6	6	- 1
Leanne Woody	- 6		- 0			6	- 6	1
Stacy Reddecliff	1			5		5	5	1
Brookelyn Eazelle	5			-		5	5	-
Pamela Hart	3	-1				4	4	1
Katharine Cripe		-		4		4	4	
Kelly Biggs				1201	3	3	3	2
Jill Reich			2	1000		2	2	2
Mary Oseland		- 7		2		2	2	1111111111
Jamie Fitzpatrick		2				2	2	1
Smitha Rhodes		- 2			2	2	2	
Sasha Cadigan	_	_	1		_	1	1	2
Tamara Day Jessica Hamblin	-		1	_	1	1	1	
Jessica Hamblin	-	-		_	1	.1.	1	
Women's Masters								
Holly Dahlquist	-	10	2	9	10	31	29	2
Stacy Reddecliff	10			10	8	28	28	1
Lindsey Cumby		8	10	7	3	28	25	
Sasha Cadigan	7	9	8	1		25	24	2
Kelly Biggs			5	5	9	19	19	2
Kelly Hubbard	3	6		6		15	15	2
Sandra Elliott	4	4	6	2	4	20	14	2
Kim Owens Susan Becker	-	7	4	4	6	13 11	13	2
Susan Becker	-	-/	9	4	_	9	11 9	
Mary Fairclough	9	- 8	9		7	9	9	1
Cheryl Biesiada	5		3			8	8	3
Tammy Bumgarner	8	10				8	8	1
Mary Oseland				8		8	- 8	
Tamara Day		- 3	7		1	7	7	
Julie Boots			-60. 52		7	7	7	3
Patricia Nikson	6		- 6			- 6	6	
Diana Nevitt		5			1	6	-6	3
Donna Brayfield	_	3			2	5	5	3
Kaylee Gholson	-	2	_	_		5	5	3
Meredith Caudill Lynn Kerber	2	- 2	_	_	_	2	2	1
Brenda Hillen	-		1			1	1	1
Jean Broaddus	1		-			1	1	1
Lisa Young		1				1	1	-
Space et attitude								
W 14 and Under		- 0			1		-	- /
Raylea Dodson		6 7	8	7 8	10	31 24	25	1
Sarah Rieke Sydne Dean		10	10	8		20	24 20	1
Caroline Dahlquist	_	9	10	10	_	19	19	1
Suna Tabag	9	4	- 2	40		13	13	-
Hannah Nation	10					10	10	
Manasa Bala	1			9		9	9	
Hannah Pasman		8				- 8	8	1
Melody Guardia		5	- 2			5	- 5	2000
Willa Langley		3				3	3	
W 15 - 19								
W 15 - 19 Laura Hauer		- 0	8	8		16	16	100
Lindsey Hauer			7	7		14	14	
Grace Brinkoetter				10		10	10	- 3
Sierra Buske	10	- "		1.55		10	10	
Grace Gudwien		- 1	10			10	10	- 8
Campbell Beeler			9			. 9	9	- 6
Maddie Dossett				9		9	9	
W 20 - 24								
W 20 - 24 Madalynn Sullivan		10	-			10	10	1
Sara Lane		57.11		10		10	10	
Courtney Langheim		. 2			10	10	10	

7 <u>.</u>	Lincoln Presidential Half Marathon	Women's Distance Festival	Parade Run 2 Mile	Abe's Amble 10K	Frostbite Festival 10 Mile	Total Points	Best 3 Races	Times Volunteered
W 25 - 29								- 1
Chelsea Lord Kate Schroter	9	10	10	10	10	30 37	30 28	2
Linsey Torchia	6	8	8	6	9	37	25	- 4
Rebecca Luke	7	5		5		17	17	
Kayla Albrecht	8		9	-		17	17	1
Ashley Davis Haley O'Brien		4	7	3	8	15 11	15 11	
Lydia Hocker	10					10	10	
Presley Kerber		2	6	8		8	8	1
Erin Pearce Carissa Switzer		7		8		7	7	
Calla Summers		6		1		7	7	
Caroline Jones Holly Kaminski		3	- 8	7		7	7 5	- 8
Hinal Patel				1		1	1	
W 20 24								
W 30 - 34 Sarah Enlow	9	9	10	10	10	48	30	3
Jessica Hamblin	7		8	6	9	30	24	
Kathleen Knolhoff Jill Reich	8	6	7	7 8	8	36 28	23 23	2
Jamie Fitzpatrick	6	8	3		7	21	21	1
Karrie Clark		3 4	5	4	5	17	14 13	
Whitney Spearle Melissa Coultas	10	4	0	3		10	13	- 1
Cathy Popovitch		10				10	10	
Jessica Sheppard Katharine Cripe		5		9		10 9	10	
Jennifer Herman		- 8	2	2	4	8	8	2
Amanda Johnson	2	1	4			7	7	4
Emily Mueller Jennifer Ryterski	1	7	- 5		3	7 4	7 4	1
Trista Knorrek	4				3	4	4	
Shawn Gibbs	3	- 1				3	3	
Roberta Langellier Molly Berendt		2	3			3 2	3 2	
Ami Hall		_	1			1	1	
Courtney Winninghan	1	- 8	-	1	_	1	1	- 4
W 35 - 39								
Patricia Schaefer	10 7	10	10	10	10	50	30	2
Lori Farris Molly Schaefer	5	9		9	7 8	32 29	25 24	2
Ashleigh Koerner	4	6		5	4	19	15	
Jennifer Krause Leanne Woody	9	5	9		5	14	14	1
Pamela Hart	6	7				13	13	1
Randi Lucas		1	- 6	6		13	13	2
Heather Dunn Amanda Tamminga		3	8 7	2	2	13	13 12	4
Kristi Bunn					9	9	9	
Brookelyn Eazelle Amanda Tapscott	- 8	4	- 2	4		8	8	2
Leanne Cathers		-	-	7				
Smitha Rhodes						7	7	
Manual Chiles				-	6	6	6	
Megan Styles Amanda Gleason	1 3		3	-	6			
Amanda Gleason Joy Hayes	3	2	- 8	1		6 4 3 3	6 4 3 3	
Amanda Gleason		2				6 4 3	6 4 3	
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44	2	2		1	3	6 4 3 3 2	6 4 3 3 2	
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff	3	2	g		3	6 4 3 3 2	6 4 3 3 2	1 2
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddeckiff Sasha Cadigan Lindsey Cumby	2		10	1 10 5 8	9 6 7	6 4 3 3 2 29 39 34	6 4 3 3 2 29 29 28 27	2
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs	3 2 10 9	10 9		1 10 5 8 6	9	6 4 3 3 2 29 39 34 24	6 4 3 3 2 29 28 27 24	2
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman	3 2 10 9	10 9 8 7	10 8 7	1 10 5 8	9 6 7	6 4 3 3 2 29 39 34 24 22 26	6 4 3 3 2 29 28 27 24 22 19	2 2 2 3
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale	3 2 10 9	10 9	10 8	1 5 8 6 7 3	9 6 7	6 4 3 3 2 29 39 34 24 22 26 11	6 4 3 3 2 29 28 27 24 22 19	2 2
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman	3 2 10 9	10 9 8 7	10 8 7	1 10 5 8 6 7	9 6 7	6 4 3 3 2 29 39 34 24 22 26	6 4 3 3 2 29 28 27 24 22 19	2 2 2 3
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddeckiff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Mellssa Wiseman Lori Dale Mary Oseland Christine Feller Kaylee Gholson	10 9 7 5 3	10 9 8 7	10 8 7	1 5 8 6 7 3	9 6 7 10	29 39 34 24 22 26 11 9 9	29 28 27 24 22 19 11 9 9	2 2 2 3
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wissenan Lori Dale Mary Oseland Christine Feller Kaylee Gholson Patricia Nikson	3 2 10 9 7 5 3	10 9 8 7 3	10 8 7	1 5 8 6 7 3	9 6 7 10 4	6 4 3 3 2 29 39 34 24 22 26 11 9 9 8 8	6 4 3 3 2 29 28 27 24 22 19 11 9 9 8 8	2 2 3 1
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddeckiff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Mellssa Wiseman Lori Dale Mary Oseland Christine Feller Kaylee Gholson	10 9 7 5 3	10 9 8 7	10 8 7	1 5 8 6 7 3	9 6 7 10 4	29 39 34 24 22 26 11 9 9	29 28 27 24 22 19 11 9 9	2 2 2 3
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sashs Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale Mary Oseland Christian Feller Kaylee Gholson Patricia Nikson Kristina Mucinskas Rebeca Collier Angela Liles	3 2 10 9 7 5 3 4 8 2 6	10 9 8 7 3	10 8 7	1 10 5 8 6 7 3	9 6 7 10 4	6 4 3 3 2 29 39 34 24 22 26 11 9 9 8 8 8 8	6 4 3 3 2 29 28 27 24 22 19 11 9 8 8 8 8	2 2 3 1
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale Mary Oseland Christine Feller Kaylee Gholson Patricia Nikson Kristina Mucinskas Rebecca Collier Angela Liles Christina Powell	3 2 10 9 7 5 3 4	10 9 8 7 3	10 8 7 5	1 10 5 8 6 7 3 9	9 6 7 10 4	6 4 3 3 2 29 39 34 24 22 26 11 9 9 8 8 8 8 7	6 4 3 3 2 29 28 27 24 22 19 11 9 8 8 8 8 8	2 2 2 3 1
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale Mary Oseland Christine Feller Kaylee Gholson Patricia Niskon Kristina Mucinskas Rebecca Collier Angela Liles Christina Powell Kim Nehrt Lindsey Lister	3 2 10 9 7 5 3 4 8 2 6	10 9 8 7 3	10 8 7 5	1 10 5 8 6 7 3 9	9 6 7 10 4	6 4 3 3 2 29 39 34 24 22 26 11 9 8 8 8 8 8 7 5 5 5 5	6 4 3 3 2 29 28 27 24 22 19 11 9 9 8 8 8 8 8 8 7 7 5 5 5 5 5	2 2 3 1 1
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale Mary Oseland Christine Feller Kaylee Gholson Patricia Nikson Kristina Mucinskas Rebecca Colliler Angela Liles Christina Powell Kim Nehrt Lindsey Lister Lindsey Lister	3 2 10 9 7 5 3 4 8 2 6	10 9 8 7 3	10 8 7 5	1 10 5 8 6 7 7 3 9	9 6 7 10 4	6 4 3 3 2 29 39 34 24 22 26 11 9 9 8 8 8 8 8 7 5 5 5 5 4	6 4 3 3 2 29 28 27 24 22 19 9 9 8 8 8 8 8 7	2 2 3 1 1
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale Mary Oseland Christian Feller Kaylee Gholson Patricia Nikson Kristian Mucinskas Rebecca Collier Angela Liles Christian Powell Kim Nehrt Lindsey Lister Elisabeth Phillips Kaylee Gholson	3 2 10 9 7 5 3 4 8 2 6	10 9 8 7 3	10 8 7 5	1 10 5 8 6 7 3 9	9 6 7 10 4	29 39 34 24 22 26 111 9 9 8 8 8 8 7 5 5	6 4 3 3 2 29 28 27 24 22 19 11 9 8 8 8 8 8 7 5 5 5 4 4	2 2 3 1 1 1 1
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale Mary Oseland Christian Feller Kaylee Gholson Patricia Nikson Kristian Mucinskas Rebecca Collier Angela Liles Christian Powell Kim Nehrt Lindsey Lister Elisabeth Phillips Kaylee Gholson Tori Taylor Jennifer Hollinshead	3 2 10 9 7 5 3 4 8 2 6	10 9 8 7 3	10 8 7 5	1 10 5 8 6 7 7 3 9	9 6 7 10 4 5 8	6 4 3 3 3 2 29 39 34 24 22 22 26 11 11 9 9 8 8 8 8 8 7 7 5 5 5 5 6 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	6 4 3 3 2 29 28 27 24 22 19 11 11 9 9 8 8 8 8 8 8 8 4 4 4 4 4 4 4 4 4 4 4	2 2 3 1 1
Amanda Gleason Joy Hayes Demetra Mishler W 40 - 44 Stacy Reddecliff Sasha Cadigan Lindsey Cumby Kelly Biggs Kelly Hubbard Melissa Wiseman Lori Dale Mary Oseland Christine Feller Kaylee Gholson Patricia Nikisona Kristina Mucinskas Rebecca Collier Angela Liles Christina Powell Kim Nehrt Lindsey Lister Elisabeth Phillips Kaylee Gholson Tori Taylor	3 2 10 9 7 5 3 4 8 2 6	10 9 8 7 3	10 8 7 5	1 10 5 8 6 7 7 3 9	9 6 7 10 4	6 4 3 3 2 29 39 39 4 24 22 26 11 9 9 8 8 8 8 7 5 5 5 4 4 4 4 4	6 4 3 3 2 29 28 27 24 22 29 11 9 9 8 8 8 8 7 5 5 5 4 4	2 2 3 1 1 1 1 3 1

	Uncoln Presidential Half Marathon	Women's Distance Festival	Parade Run 2 Mile	Abe's Amble 10K	Frostbite Festival 10 Mile	Total Points	Best 3 Races	Times Volunteered
W 45 - 49								
Meredith Caudill Marybeth Young	3 6	10	9	7	10	30	27	3
Jan Andrews	4	9	7		6	26	22	2
Jeana Reinbold	8	5	- 5	6	8	27	22	
Jean Broaddus Charity Marr	,	7	8	10	1	19 16	19 16	5
Cynthia Rieke	7	100		2	7	16	16	1
Tammy Bumgarner Tamara Day	10		10	3		14	14 13	1
Tracy Price	2	2	5		5	14	12	
Carrie Ward Bobbie Jo Hill	5	4	6		3	10	10	2
Dawn Raycraft	_	-	- 3	9		9	9	-
Michelle Pulce-Flynn			- 8	8		8	8	
Angela Turasky Lisa Adams		8	- 3			8	8	_
Molfie Langley			4			4	4	4
Susan Brinkoetter Angie Fletcher			_	1	2	3	3	-
Dawn Stearns		27.3	3		-	3	3	2
Dana Lovekamp Denise Beauman	_	3	2			3 2	3 2	1
Ginger Mercier		1	- 0.500			1	1	-
Colleen Moore	_	<u> </u>	1			1	1	_
W 50 - 54								
Holly Dahlquist Kim Owens	8	10	9	10	10	39 36	30 28	2
Shelley Mcintyre	9	7			8	24	24	
Brenda Hillen Nancy Ferguson	7 5	8	8	6	7	36 21	23 17	2
Lisa Young		9		7	-	16	16	
Jayne Antonacci Michelle Brown	3 6	6	_	3	5	17	14	2
Brenda Vail			7	5		12	12	
Patty Petersen Pamela Enno	10	5	5			10	10	2
Connie Heskett	1	3	4			8	8	
Brenda Humbert		4		1	3	- 8	8	
Lonna Porter Shirley Webb	2	1			1	4	4	
Bette Wells		2			2	4	4	
Johnita Pettys Kathy Canaday		-	- 9	2	4	2	2	_
W 55 - 59								
Lynn Kerber	10	9	10	8	7	44	29	1
Julie Boots Diana Nevitt	9	10		10	10	28 37	28	3
Marilyn Kirchgesner	7	8	- 1	7	8	30		3
							23	
Beth Lafata		7	9	3	4	23	20	
Rhonda Robinson	6	6	9	3 4	6	23 22	20 18	
Rhonda Robinson Wendy Glisson Lori locca	6	6 4 5		3	4	23 22 10 9	20 18 10 9	2
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing		6	7	3 4	6	23 22 10 9	20 18 10 9 8	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks		6 4 5		3 4 1	6	23 22 10 9 8 8	20 18 10 9 8 8	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbie Parker		6 4 5	7 8	3 4 1	6	23 22 10 9 8 8 6	20 18 10 9 8 8 6 6	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Drda		6 4 5	7 8	3 4 1	6	23 22 10 9 8 8	20 18 10 9 8 8	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Drda Denise Gonzales Jennie Dawis	5 2	6 4 5	7 8	3 4 1	4 6 5	23 22 10 9 8 8 6 6 5 7	20 18 10 9 8 8 6 6 5 7	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Drda Denise Gonzales Jennie Davis Christina Smith	4	6 4 5 1	7 8	3 4 1	4 6 5	23 22 10 9 8 8 6 6 5 5 7	20 18 10 9 8 8 6 6 5 5 7	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debise Parker Cheryl Drda Denise Gonzales Jennie Davis Christina Smith Maria Kaminski Sheryl Friedrich	5 2	6 4 5 1	7 8	3 4 1	2 1	23 22 10 9 8 8 6 6 6 5 5 7 4 2	20 18 10 9 8 8 6 6 5 5 7 4 2	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Drda Denise Gonzales Jennie Davis Christina Smith Maria Kaminski	5 2	6 4 5 1	7 8	3 4 1	4 6 5	23 22 10 9 8 8 6 6 6 5 5 7 4	20 18 10 9 8 8 6 6 5 5 7 4	
Rhonda Robinson Wendy Glisson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbise Parker Cheryl Drda Denise Gonzales Jennie Davis Christina Smith Maria Kaminski Sheryl Friedrich Lisa Mosley	5 2	6 4 5 1	7 8 6	3 4 1	2 1	23 22 10 9 8 8 6 6 6 5 5 7 4 2 2 3	20 18 10 9 8 8 6 6 5 5 7 4 2 2 3	
Rhonda Robinson Wendy Gilsson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Torda Denise Gonzales Jennie Bawis Christina Smith Maria Karminski Sheryl Friedrich Lisa Mosley W 60 - 64 Susan Becker Sandra Elliott	5 2 3	6 4 5 1	7 8 6	3 4 1 6 5	2 1	23 22 10 9 8 8 6 6 5 5 7 4 2 2 3 30 45	20 18 10 9 8 8 6 6 5 5 7 4 2 2 3	2
Rhonda Robinson Wendy Gilsson Lori locca Rathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Orda Denite Gonzales Jennie Davis Christina Smith Maria Kaminski Sheryl Friedrich Lisa Mosley W 60 - 64 Susan Becker Sandra Elliott Cheryl Bisslada	5 2 3	3 3 2	7 8 6	3 4 1 6 5	2 1	23 22 10 9 8 8 6 6 5 5 7 4 2 2 3	20 18 10 9 8 8 6 6 5 5 7 4 2 2 2 3	2 2 3
Rhonda Robinson Wendy Gilsson Lori locca Rathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Orda Denite Gonzales Jennie Bavis Christina Smith Maria Kaminski Sheyl Friedrich Lisa Mosley W 60 - 64 Susan Backer Sandra Elliott Cheryl Bieslada Donna Brayfield Kim Curtis Kim Curtis	5 2 3 3 8 9 7 6	6 4 5 1 1 3 2 2 10 9	7 8 6	3 4 1 6 5 2 2 10 9 8 7 5	2 1 1 9 8	23 22 10 9 8 8 6 6 5 5 7 4 2 2 3 3 30 45 25 25 31 26	20 18 10 9 8 8 6 6 5 5 7 4 2 2 3 3 30 28 25 24 21	2 2 3 3 2
Rhonda Robinson Wendy Gilsson Lori locca Kathy Kassing Judy Claussen Linda Hicks Debbie Parker Cheryl Drola Denits Gonzales Jennie Bavis Christina Smith Maria Kaminski Sheyl Friedrich Lisa Mosley W 60 - 64 Sustan Becker Sandra Elliott Cheryl Besilada Donna Brayfield Kim Curtis Kathileen Jensen	5 2 3 8 9 7 6 3	6 4 5 1 1 3 2 2 10 9	7 8 6	3 4 1 6 5 2 2 10 9 8 7 7 5 6	2 1 1 9	23 22 10 9 8 8 6 6 6 5 7 4 2 2 3 3 30 45 25 31 26 26	20 18 10 9 8 8 6 6 5 5 7 4 2 2 3 30 28 25 24 19	2 3 3 2 2
Rhonda Robinson Wendy Gilsson Lori locca Kathy Kassing Judy Claussen Linda Hicks Beblie Parker Cheryl Drab Jennie Bavis Jennie Bavis Jennie Bavis Jennie Bavis Jennie Bavis Jennie Bavis Horistina Smith Maria Kaminski Sheyl Friedrich Lisa Mosley W 60 - 64 Susan Becker Sandra Elliott Cheryl Bieslada Donna Brayfield Kim Curtis Kathleen Jensen Barbara Manson	5 2 3 3 8 9 7 6	6 4 5 1 1 3 2 2 10 9	7 8 6	3 4 1 6 5 2 2 10 9 8 7 5	2 1 1 9 8	23 22 10 9 8 8 6 6 5 5 7 4 2 2 3 3 30 45 25 25 31 26	20 18 10 9 8 8 6 6 5 5 7 4 2 2 3 3 30 28 25 24 21	2 2 3 3 2
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Men's Overall		idential	stance	2 Mile	10K	stival 10			iteered
Henry Janssen		Lincoln Presidential Half Marathon	Women's Distance Festival	Parade Run 2 Mile	Abe's Amble 108	Frostbite Festival 10 Mile	Total Points	Best 3 Races	Times Volunteered
Andry Martin         9         9         9         27         27         3           Nick Walden         8         6         7         21         21         Effeth Virden         1         7         5         4         17         16         Blake Scranton         6         6         4         5         21         17         2           David Wortman         8         9         17         17         2         2         2         2         1         17         2         2         2         2         1         17         2         2         2         2         1         1         2         2         2         2         2         2         2         2         2         2         2         2         2         2         3         3         6         1         1         1         1         2         2         2         2         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         4	Men's Overall			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,					
Chris Swiesgood   8						10			
Sick Walden			- 0	9		8			3
Blake Scranton	Nick Walden				6				
David Wortman	Keith Virden								- 1
Fest Telehalmanot	David Wortman	- 0		0					-
John Lourist   Section		2			3		14	12	
John Coultas	Fess Teklehaimanot	7	- 3	4	1	3			2
Blake Cowle-Healy									
	Blake Cowle-Healy			5					
Tim Febus   2	Jason Nikson Keyin Hingle		- 4	-					2
Michael Dwyer	Tim Febus	,		2					
Men's Masters	Michael Dwyer		- 3	7000	2	7			- 3
Men's Masters			-	1					
Sandy Martin   10	Frank Wildin					-	- 2	- 2	-
Blake Scranton   7									- 0
Keth Wirden	Andy Martin Blake Scranton					8			
Chris Swisegood   9	Keith Virden	4			7	7.	27	23	-
Jason Beeler	Chris Swisegood	9	- 3	3	8	9	26	26	-
David Wortman	Fess Teklehaimanot		- 13						2
Sevin Hingle   5		-	- 1	0					
Jason Nikson   6	Kevin Hingle						8	8	
Zy Pasman	John T Murphy		-	_	- 1				2
Michael Dwyer				4	1				- 4
Sobre   Severa   Sakarala   2	Tom Weir			5		-			
Eswara Kakarala			-	2	5				2
Scott Leopold									
M 14 and Under	Scott Leopold		- 9				1	1	2
M 14 and Under   George Oliver   10									
George Cliver	Tommy Daie					1	-1	1	- 3
Christian Liles									
Griffin Liles 7 8 15 15 15 15 15 15 15 15 15 15 15 15 15				10	10		20	20	
Avery Bigs         3         7         10         10           Hagan Beeler         8         8         8         8           Law Bigs         6         6         6         6         6           Tad Andrews         5         5         5         5         5           M 15 - 19         Tyler Buske         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10				0	0				2
Hagan Beeler							18	18	2
Levi Biggs	Griffin Liles Adam Langley			7	8		18 15 10	18 15 10	2
Tad Andrews	Adam Langley Avery Biggs			7 4 3	8		18 15 10 10	18 15 10 10	2
Tyler Buske	Adam Langley Avery Biggs Hagan Beeler Levi Biggs			7 4 3 8	8		18 15 10 10 8	18 15 10 10 8	2
Tyler Buske	Adam Langley Avery Biggs Hagan Beeler Levi Biggs			7 4 3 8 6	8		18 15 10 10 8 6	18 15 10 10 8 6	2
Michael Deneroff	Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews			7 4 3 8 6	8		18 15 10 10 8 6	18 15 10 10 8 6	2
Michael Deneroff	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske	10		7 4 3 8 6	8		18 15 10 10 8 6 5	18 15 10 10 8 6 5	2
Michael Deneroff	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske	10		7 4 3 8 6	8 6 7		18 15 10 10 8 6 5	18 15 10 10 8 6 5	2
Colin Bieslada 9 9 9 9 9 9 Colin Tierney 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt	10		7 4 3 8 6	8 6 7		18 15 10 10 8 6 5	18 15 10 10 8 6 5	2
Aric Burklow 7 7 7 7  M 25 - 29  Henry Janssen 10 10 10 10 40 30 2 2  Tim Skronski 7 8 7 9 31 24  Jonathan Beck 9 9 9 18 18 18  Aaron Holmes 9 9 9 9 9 9 9  Drew Stroud 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24	10		7 4 3 8 6	8 6 7		18 15 10 10 8 6 5	18 15 10 10 8 6 5	2
M 25 - 29	Griffin Liles Adam Langley Avery Bigs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada	10		7 4 3 8 6	10 10 9		18 15 10 10 8 6 5 10 10	18 15 10 10 8 6 5	2
Henry Janssen   10	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney	10		7 4 3 8 6	10 10 9 8		18 15 10 10 8 6 5 10 10 10	18 15 10 10 8 6 5 10 10 10	2
Tim Skronski   7	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney	10		7 4 3 8 6	10 10 9 8		18 15 10 10 8 6 5 10 10 10	18 15 10 10 8 6 5 10 10 10	2
Donathan Beck	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29			7 4 3 8 6 5	10 10 9 8 7		18 15 10 10 8 6 5 10 10 10 9 8 7	18 15 10 10 8 6 5 10 10 10 9 8 7	
Aaron Holmes   9	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Leve Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen	10		7 4 3 8 6 5	10 10 9 8 7		18 15 10 10 8 6 5 10 10 10 9 8 7	18 15 10 10 8 6 5 10 10 10 9 8 7	
Cody Needham   8   8   8   8   8   8   8   8   8	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19 M 15 - 19 M 15 - 19 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 25 - 29 Henry Janssen Tim Skronski	10		7 4 3 8 6 5	10 10 9 8 7		18 15 10 8 6 5 10 10 10 9 8 7	18 15 10 10 8 6 5 10 10 10 9 8 7	
M 30 - 34	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19  Tyler Buske Ell Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes	10 7		7 4 3 8 6 5	10 10 9 8 7	9	18 15 10 10 8 6 5 10 10 10 9 8 7	18 15 10 10 8 6 5 10 10 10 9 8 7	
M 30 · 34  Nick Walden  Dustin Morrison  10  9  9  9  37  28  2  Wes Johnson  8  7  8  8  31  24  2  Gregg Sams  9  6  6  7  8  8  31  24  2  2  2  2  2  2  2  3  3  3  3  3  3	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Drew Stroud	10 7 9		7 4 3 8 6 5	10 10 9 8 7	9	18 15 10 8 6 5 10 10 10 10 10 40 31 18 9 8	18 15 10 8 6 5 10 10 10 10 10 10 8 7 7	
Nick Walder	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needsham	10 7 9		7 4 3 8 6 5	10 10 9 8 7	9	18 15 10 10 10 8 6 5 10 10 10 9 8 7 7 40 31 18 9 8 8	18 15 10 10 10 8 6 5 10 10 10 9 8 7 7	
Dustin Morrison   10	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needham Justin Tabatabai	10 7 9		7 4 3 8 6 5	10 10 9 8 7	9	18 15 10 10 10 8 6 5 10 10 10 9 8 7 7 40 31 18 9 8 8	18 15 10 10 10 8 6 5 10 10 10 9 8 7 7	
Wes Johnson         8         7         8         8         31         24         2           Gregg Sams         9         6         6         6         7         28         22         2           Deepak Kumar         7         6         13         13         13           Rex Gradeless         7         5         12         12         12         1           Tim Febus         8         8         8         8         8         8         8         7         7         2         Jeremy Tackett         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         4         4         4         4	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Hollmes Drew Stroud Cody Needham Justin Tabatabai	10 7 9		7 4 3 8 6 5 5	10 10 10 9 8 7 10 7 9	8	18 15 10 10 10 8 6 5 10 10 10 10 9 8 7 7	18 15 10 10 10 8 6 5 10 10 10 10 8 7 7	
Deepak Kumar   7 6 13 13 13     John Popovitch   4 4 5 13 13     Rex Gradeless   7 5 5 12 12 12 1     Tim Febus   8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Mick Walden	10 7 9		7 4 3 8 6 5 5	10 10 9 8 7 10 7 9	8	18 15 10 10 8 6 5 10 10 10 10 9 8 8 7	18 15 10 10 10 8 6 5 10 10 10 10 9 8 7 7 30 24 18 8 8 8 8	2
Joh Popovtch	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eil Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai Nick Walden Dustin Morrison Wes Johnson	10 7 9 8 8 10 8		7 4 3 8 6 5 5 10 8 9	10 10 10 9 8 7 10 7 9 8	9 8 10 9 8	18 15 10 10 10 10 10 10 10 10 10 10 10 10 10	18 15 10 10 10 8 6 5 10 10 10 9 8 7 7 30 24 18 9 8 8 8	2 2 2
Rex Gradeless         7         5         12         12         12         11         11         11         11         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12         12	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19 Tyler Buske Ell Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needham Justin Tabatabai  M 30 - 34 Nick Walden Dustin Morrison Wes Johnson	10 7 9 8 8 10 8		7 4 3 8 6 5 5 10 8 9	10 10 10 9 8 7 7 10 7 9 8 8	9 8 10 9 8 7	18 15 10 10 10 10 8 6 6 5 10 10 10 10 10 10 10 10 10 11 18 8 8 8	18 15 10 10 10 8 6 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2
Tim Febus	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eii Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Stronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Gregg Sams	10 7 9 8 8 10 8		7 4 3 8 6 5 5 10 8 9 9	10 10 10 9 8 7 10 7 9 8 8 6 7	9 8 10 9 8 7 6	18 15 10 10 10 10 10 10 10 10 10 10 10 10 10	18 15 10 10 10 10 8 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2
Second   S	Griffin Liles Adam Langley Avery Biggs Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 M15 - 19 M15 - 19 Michael Deneroff Collin Bieslada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Jonathan Beck Aaron Holmes Jonathan Beck Aaron Holmes Jonathan Beck Aaron Holmes Jonathan Beck Aaron Holmes Joseph Mick Walden Dustin Mabratabal M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popowitch Jon Popowitch M 30 - 94 Res Gradeless	10 7 9 8		7 4 3 8 6 5 5 10 8 9 9	10 10 10 9 8 7 7 9 8 10 9 8 6 6 7 7	9 8 10 9 8 7 6	18 15 10 10 10 10 10 10 10 10 10 10 10 10 10	18 15 10 10 10 8 6 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2 2 2
M 35 · 39  Blake Cowle-Healy 7 10 10 9 36 29  Frank Midrir 9 8 8 10 35 27 4  Verugopala Shetty 9 9 8 26 26  James Kuhn 6 7 13 13 2  John Coultas 10 10 10  Andrew Guardia 8 8 8 8  Nick Fogleman 7 7 7 7 4  Nick Cathers 6 6 6 6  John Hollman 6 6 6 6  John Hollman 6 6 6 6  John Kollman 5 5 5 5	Griffin Liles Adam Langley Avery Biggs Avery Biggs Tad Andrews Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kuman Don Poppovitch Rex Gradeless Tim Februs	10 7 9 8		7 4 3 8 6 5 5 10 8 9 9	10 10 10 9 8 7 10 7 9 8 8	9 8 10 9 8 7 6	188 15 10 10 10 10 8 6 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	188 6 5 10 10 10 9 8 7 7 10 10 8 8 8 8 8 8 8 8 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2 2 1
Slake Covde-Healy   7   10   10   9   36   29   Frank Midrit   9   8   8   10   35   27   4   Verugopala Shetty   9   9   8   26   26   James Kuhn   6   7   13   13   2   2   2   2   2   2   2   2   2	Griffin Liles Adam Langley Avery Biggs Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Wes Johnson Gregg Sams Deepak Kumar Jon Popowtch Tim Febus Poul Fee	10 7 9 8		7 4 3 8 6 5 5 10 8 9 9	10 10 10 9 8 7 7 10 7 9 8 8	9 8 10 9 8 7 6	188 15 10 10 10 10 10 10 10 10 10 10 10 10 10	18 15 10 10 10 8 6 5 5 10 10 10 9 8 7 7 10 10 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	2 2 2 2 2 1
Frank Midfir         9         8         8         10         35         27         4           Venugopala Shetty         9         9         8         26         26           James Kuhn         6         7         13         13         2           John Coulitas         10         10         10         10           Andrew Guardia         8         8         8         8           Nick Fogleman         7         7         7         7         7           Nick Cathers         6         6         6         6         5           John Hollman         6         6         6         6         6           Patrick Magenis         5         5         5         5	Griffin Liles Adam Langley Avery Biggs Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Tim Febus Paul Fee Jeremy Tackett	10 7 9 8		7 4 3 8 6 5 5 10 8 9 9	10 10 10 9 8 7 7 10 7 9 8 8	9 8 10 9 8 7 6	188 15 10 10 10 10 10 10 10 10 10 10 10 10 10	18 15 10 10 10 8 6 5 5 10 10 10 9 8 7 7 10 10 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	2 2 2 2 1
Venugopala Shetty         9         9         8         26         26           James Kuhn         6         7         13         13         2           John Coultas         10         10         10           Andrew Guardia         8         8         8           Nick Fogleman         7         7         7         7         4           Nick Cathers         6         6         6         6         John Hollman         6         6         6         6           John Hollman         6         6         6         5         5         5         5	Griffin Liles Adam Langley Avery Biggs Adam Langley Avery Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Hollmes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Rex Gradeless Tim Febus Paul Fee Janter Burklow M 35 - 39	10 7 9 8		7 4 3 8 6 5 5 10 8 9 9 9 7 6 6	10 10 10 9 8 7 7 9 8 6 7 7 4 5 5	9 8 10 9 8 7 6 5	188 6 5 10 10 10 10 10 10 10 10 9 9 8 8 7 7 40 31 18 8 8 8 8 8 8 8 8 13 13 14 15 15 16 16 16 16 16 16 16 16 16 16 16 16 16	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2 2 1
James Kuhn         6         7         13         13         2           John Coultas         10         10         10         10           Andrew Guardia         8         8         8         8           Nick Fogleman         7         7         7         4           Nick Cathers         6         6         6         6           John Hollman         6         6         6         6           Patrick Magenis         5         5         5         5	Griffin Liles Adam Langley Avery Biggs Avery Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needham Justin Tabatabai  M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Rex Gradeless Tim Febus Paul Fee Jeremy Tackett	10 7 9 8 9		7 4 3 8 6 5 5 10 8 9 9	8 6 7 7 10 10 10 8 8 7 7 9 8 8 6 6 7 7 4 5 5 2 3 3 10 10 10 10 10 10 10 10 10 10 10 10 10	9 8 8 7 6 5	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
Andrew Guardia         8         8         8           Nick Fogleman         7         7         7         4           Nick Cathers         6         6         6         6           John Hollman         6         6         6         6           Patrick Magenis         5         5         5         5	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Res Gradeless Tim Febus Paul Fee Jaremy Tackett M 35 - 39 Blake Cowle-Healy Frank Middiri	10 7 9 8 9		7 4 3 8 6 5 5 10 8 9 9 7 6 4 4 8 5	8 6 7 7 10 10 10 9 8 7 7 9 8 8 6 6 7 7 4 4 5 5 5 2 3 10 8 8	9 8 10 9 8 7 6 5	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	188 6 5 10 10 10 9 8 7 10 10 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	2 2 2 2 2 2 2 4
Nick Fogleman         7         7         7         4           Nick Cathers         6         6         6         6           John Hollman         6         6         6         6           Patrick Magennis         5         5         5	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Stkronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Rex Gradeless Tim Febus Paul Fee Jurepy Tackett M 35 - 39 Blake Cowle-Healy Frank Midiri Verugopala Shetty Vennespams Shetty Verugopala Shetty Vennespams Shetty Verugopala Shetty Vennespams Shetty Verugopala Shetty Vennespams Shetty Verugopala Shetty Vennespams	10 7 9 8 8 9 7 7 9 9		7 4 3 8 6 5 5 10 8 9 9 7 6 6 4 8 5 5	8 6 7 7 10 10 10 9 8 7 7 10 10 8 6 7 7 4 5 5 2 3 10 8 9 9	9 8 10 9 8 7 6 5	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2 2 2 2 2 4
Nick Cathers         6         6         6           John Hollman         6         6         6           Patrick Magennis         5         5         5	Griffin Liles Adam Langley Avery Biggs Avery Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19  M 15 - 19  M 15 - 19  Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow  M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needham Justin Tabatabai  M 30 - 34  Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Res Gradeless Tim Febus Paul Fee Jeremy Tackett  M 35 - 39  Blake Cowle-Healy Frank Kindiri Venugopala Shetty James Kuhn John Coultras	10 7 9 8 10 8 9		7 4 3 8 6 5 5 10 8 9 9 7 6 6 4 8 5 5	8 6 7 7 10 10 10 9 8 7 7 10 10 8 6 7 7 4 5 5 2 3 10 8 9 9	9 8 10 9 8 7 6 5	188 8 8 13 148 159 169 179 189 189 189 189 189 189 189 189 189 18	188 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	2 2 2 2 2 2 2 4
Patrick Magennis 5 5 5	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Rex Gradeless Tim Febus Paul Fee Jaremy Tackett M 35 - 39 Blake Cowle-Healy Frank Midiri Verugopala Shetty James Kuth John Coultas James Schul James Kuth John Coultas	10 7 9 8 10 8 9		7 4 3 8 6 5 5 10 8 9 9 7 6 6 4 4 8 5 5	8 6 7 7 10 10 10 9 8 7 7 10 10 8 6 7 7 4 5 5 2 3 10 8 9 9	9 8 10 9 8 7 6 5	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2 2 2 2 2 2
	Griffin Liles Adam Langley Avery Biggs Hagan Beeler Levi Biggs Hagan Beeler Levi Biggs Tad Andrews  M 15 - 19 Tyler Buske Eil Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holimes Drew Stroud Cody Needham Justin Tabatabai M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kumar Jon Popovitch Res Gradeless Tim Febus Paul Fee Jeremy Tackett M 35 - 39 Blake Cowle-Healy Frank Middir Verugopala Shetty James Kuhn John Coultas Andrew Guardia Nick Fogleman	10 7 9 8 9 7 7		7 4 3 8 6 5 5 10 8 9 9 7 6 6 4 4 8 5 5	8 6 7 7 10 10 9 8 8 7 7 9 8 6 6 7 4 4 5 5 2 3 10 8 9 7 7	9 8 10 9 8 7 6 5	188 8 6 10 10 10 10 10 10 10 10 10 10 10 10 10	188 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	2 2 2 2 2 2 2 2
	Griffin Liles Adam Langley Avery Biggs Adam Langley Avery Biggs Tad Andrews Hagan Beeler Levi Biggs Tad Andrews M 15 - 19 Tyler Buske Eli Nehrt M 20 - 24 Michael Deneroff Collin Biesiada Colin Tierney Aric Burklow M 25 - 29 Henry Janssen Tim Skronski Jonathan Beck Aaron Holmes Drew Stroud Cody Needham Justin Tabatabal M 30 - 34 Nick Walden Dustin Morrison Wes Johnson Gregg Sams Deepak Kuman Jon Popovitch Rex Gradeless Tim Febus Paul Fee Jeremy Tackett M 35 - 39 Blake Cowle-Healy Erank Middir Verusgopala Shetty James Kuhn John Coultas John Coultas Andrew Guardia Nick Cathers John Healy John Coultas John Healy John Coultas John Holliman Nick Cathers John Holliman Nick Cathers John Holliman Nick Cathers John Holliman	10 7 9 8 9 7 7 9		7 4 3 8 6 5 5 10 8 9 9 7 6 6 4 4 8 5 5	8 6 7 7 10 10 9 8 8 7 7 9 8 6 6 7 4 4 5 5 2 3 10 8 9 7 7	9 8 10 9 8 7 6 5	188 6 5 10 10 10 10 10 10 10 10 10 10 10 10 10	188 6 5 10 10 10 9 8 7 10 10 18 8 8 8 8 10 10 12 18 8 7 12 12 18 8 7 13 12 12 18 8 7 13 10 10 10 10 10 10 10 10 10 10 10 10 10	2 2 2 2 2 2 2 2

Millon   M		Lincoln Presidential Half Marathon	Women's Distance Festival	Parade Run 2 Mile	Abe's Amble 10K	Frostbite Festival 10 Mile	Total Points	Best 3 Races	Times Volunteered
Matthew Duff	M 40 - 44 Jason Nikson	9		-	9	10	28	28	2
Scott Nation	Matthew Duff	7			4		21	21	
Brian Biggs				9					2
Joshus Hollinshead		- 5	-	-		9			- 8
Michael Dwyer     10	Joshua Hollinshead		- 8	- 8			10	10	- 8
John Alsup		10		_	10				_
Matt Euler	John Alsup	8			10				
Mats Pitchford	Patrick Price			8			8	- 8	
Markerbord		_		_					_
Andy Martin   10	Mark Pitchford	4							- 2
Chris Swisegood   9									
Reith Wirden	Andy Martin			10					3
Jason Beeler   6	Keith Virden			q					
Event Hingle									
Stephen Paca	David Wortman	-			9	10			- 5
Torm Weier				3	6	5			4
John Hauser	Tom Weir			7	4		11	11	
Tance Cull		3					10	10	2
Tormy Dale	Lance Cull					3			7
John Langley	Tommy Dale					6			
William O'sullivan	Tom Jones					-			
Miller   M		1		2					3
Roger Muench				- 8	3	- "			- 8
M   So   SA   Blake Kranton   10   10   10   10   40   30   2   2   2   2   19   36   27   37   38   38   3   3   3   3   3   3   3	Curt Evoy	2	- 3	- 1					- 8
Bilake Stranton   10		-	-	1			1	1	-
2		10		10	10	10	40	30	2
Scott Hendren   S	Zvi Pasman	9		9	9	9	36	27	
Sphn Steams			33	- 6		6	24	19	
Dave Suiter			- 3	7					5
B	Dave Suiter	. "		- 110					
Shane Bumparner	Brian Shaw		-	8					
Bradley Smith         6         6         6         6         7         6         6         6         7         7         6         6         6         7         7         6         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         3         3         2         2         3         3         2         2         2         4         3         3         12         1         1         1         2         3         3         12         10         1         1         2         3         3         12         10         1         1         2         3         3         12         10         1         3	Shane Rumgarner	8			8				1
Jim Allen	Bradley Smith			- 0			6	.6	
Fest Felsheimanot   10	Jim Allen		- 8			i.			
Randy Ricke   9	M 55 - 59								
Michael Torchia         6         7         7         6         26         20           William Hostetler         3         8         7         18         18         18           Darrell Simmermaker         6         5         5         16         16         16           Kewin Spurfock         7         8         8         15         15         15           Brian Kerber         2         4         3         3         12         10         1         15         5         5         15         15         5         10         1         10         1         1         1         2         10         1         1         2         10         1         1         2         1         1         1         2         1         1         1         2         1         1         2         1         1         2         1         3         3         1         1         1         2         1         3         3         1         3         1         4         4         4         4         4         4         4         4         4         4         4         4         4         4									
William Hostetler         3         8         7         18         18         18           Darrell Simmermaker         6         5         5         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         16         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10 <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>2</td></t<>									2
Fevin Spurlock   7									
Brian Kerber         2         4         3         3         12         10         1           Scott Leopold         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         9         2         Amount of the property				6	5				22
Scott Leopold	Revin Spurlock				2			15	1
Daniel Newton	Scott Leopold	-			3	- 3			
Jim Falloon   5   5   5   5   6	Nikolay Dimitrov	8	- 33	- 10	1				- 8
Rick Larson         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         5         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         8         8         1         1         1         2         2         3         3         3         3         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2         2 <th< td=""><td></td><td>5</td><td></td><td></td><td>6</td><td></td><td></td><td></td><td>- 6</td></th<>		5			6				- 6
Russell Schaefer         4         4         4         4         4         Mark Young         1         4         8         8         1         Mark Young         1         2         3         3         3           M6 60 - 64         Band Fetz         8         9         10         9         36         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         28         <	Rick Larson			5			5	5	4
Mark Young   1	Russell Schaefer				4		4		
M 60 - 64   David Bretz					2	4			1
David Bretz   8	Second			- 2					123
Faul Turner	David Bretz	8	1						
Curt Winhold         9         10         19         19         1           Doug Galayda         10         8         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         18         19         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10		7		8					
Doug Galayda         10         8         18         18           Bill Shelley         3         7         5         15         15           Fhilip Riesterer         7         6         13         13         13           Rai Richardson         5         8         13         13         13           David Krah         10         10         10         10         10         10           John Diel         4         4         8         8         8         4         4         4         4         4         Jery Kuth Staghton         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         3         2         2         2         2 </td <td></td> <td>9</td> <td>- 1</td> <td>- 3</td> <td>6</td> <td></td> <td></td> <td>7.47</td> <td>1</td>		9	- 1	- 3	6			7.47	1
Bill Shelley   3	Doug Galayda						18	18	
Rai Richardson         5         8         13         13         13           David Krah         10         10         10         10         John Diel         4         4         8         8           Keith Staats         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4         4 <td< td=""><td></td><td>3</td><td></td><td></td><td></td><td></td><td></td><td></td><td>- 2</td></td<>		3							- 2
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Eswara Kakarala         10         10         10         40         30         2           Jerry Kuhn         9         9         9         9         36         27         2           Bill Stokes         7         7         14         14         1           Isaac Childers         8         8         8         8         2           Jark Bellmer         8         8         8         2           James Veaman         8         8         8         8           Kertl Patterson         7         7         7         7         7         1           Mark Janus         6         6         6         6         6           M 70-         8         9         10         37         29         4           George Hinkle         8         9         8         25         25         1           John Brubaker         10         10         20         20         20           James Alexander         9         9         9         9         1		4			3				
Jerry Kuhn   9   9   9   3   6   27   2									
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Kent Patterson         7         7         7         7         1           Mark Janus         6         6         6         6           M 70+         Sam Woods II         10         8         9         10         37         29         4           George Hinkle         8         9         8         25         25         1           John Brubaker         10         10         20         20           James Alexander         9         9         9         1				8					2
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	Uncoin Presidential Half Marathon	LPHM - SBRC Bonus Points	LPHM - Volunteer Bonus Points	lunaia P. Carter, MD SK	Lake Run Half Marathon	Lake Run 12 K	obo Bun d 37%	. 3	Passavant Gatorade 10K	Passavant Gatorade 5K	Reamboat Classic 15K	Steamboat Classic 4 Mile	Scheels 5K	Scheels 10K	eth of July Blast 5K	Women's Distance Festival 2 Mile	WDF -SRRC Bonus Points	WDF - Volunteer Bonus Points		Parade Run 2 Mile		Parade Run - SRRC Bonus Points Parade Run - Volunteer Bonus Points	Abe's Amble 10K	Abe's Amble SK	Abe's Amble - SRBC Bonus Points	Abe's Amble Volunteer Bonus Points	Full Moon Trail Run	Shoreline Classic 15K	Shoreline Classic SK	Quad Cities Marathon	Quad Oties Half Marathon	Qued Offices 5K	Springfield Marathon	Springfield Marathon - Half Distance	Springfield Marathon 1/4 Marathon	Springfield Marathon 5K	Canal Connection 10K	Frostbite Festival 2 Wile	Frostbite Festival 10 Mile	Frostbite - SRRC Banus Points	Frostbite - Volunteer Bonus Points	Participation Points Total	Participation Award Tier	Times Volumeered
NAME Lisa Adams	20	5	-5	5	20	10			0	5	15	8	5	10	5	5	5	5		0 5		5 5	10		5	5	5	15	5	30	20	5	30	20	10	5	10	5	15	5	5	369 25	3	0
Kayla Albrecht	20	5	5	0	0	0	0			0	0	0	0	0	0	0	0	0		5		5 0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45		1
Jennifer Alessia Mark Alessia	0	0	0	0	0	0	- 6	9 1	0	0	0	0	0	0	0	0	0	0	0 0	0 0		0 0	10	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15		0
Max Alessia James Alexander	0	0	0	0	0	0	0	0 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10 30		0
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Jennifer Baler Bob Baker	0	0	0	0	0	0	0	0 1	0	0	0	8	0	0	0	0	0	0	1	0 0		0 0	0	5	5	0	0	0	5	0	0	0	0	0	0	0	0	5	0	0	0	15 43	$\dashv$	0
Manasa Bala Denise Beauman	0	0	0	0	0	0	- 6	9 1	0	0	0	0	0	0	0	0	0	0	1	0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15 160		0
Jonathan Beck	0	0	0	0	0	0		0 1	0	0	0	0	0	0	0	0	0			5		5 0	10	0	5	0	0	15	0	0	0	0	0	0	0	0	0	0	0	0	0	40	_	0
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Jason Beeler Nathan Beilby	20	5	0	0	0	0	- 6	9 1	0	0	0	0	0	10	0	9	5	0		0 5		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	10	$\dashv$	0
Jack Bellmer Teresa Benshoof	0	0	5	0	0	0	(	0 (	0	0	0	0	0	0	0	5	5	5	-	5		5 0	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40 15	$\exists$	2
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Cheryl Bieslada Collin Bieslada	20	5	5	0	0	0	6	9 1	0	0	0	0	0	10	5	0	0	0	1	0 5		5 5	10	0	5	5	0	0	0	0	20	0	0	0	0	0	10	0	0	0	0	110	1	0
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Avery Biggs Brian Biggs	0	0	0	0	0	0	- 6	3 (	0	0	0	0	0	0	0	0	0	0	1	0 5	E	0 0	10	_	5	0	0	15	0	0	0	0	0	0	0	8	0	0	15	5	0	30		0
Kelly Biggs Levi Biggs	0	0	5	0	0	0	0	0 1	0	0	0	0	0	0	0	0	0	0		5 5		5 0	10	0	5	0	5	15	0	0	0	0	0	20	0	0	10	0	15	5	0	100 25	1	0
Roman Biggs Cole Boatman	0	0	0	0	0	0		9 (	0	0	0	0	0	0	0	0	0	0	-	0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-5	0	-5	0	10	$\dashv$	0
Jessica Bonnett	0	0	0	0	0	0		9 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15		0
Julie Boots Tonya Bourn	0	5	5	0	0	0	0	0 1	0	0	0	0	0	0	0	5	5	0		0 0		0 5	10	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	75	$\exists$	0
Donna Brayfield David Brechelsen	20	5	5	0	0	0	_	3 1	0	0	15	8	0	0	0	5	5	0		0 0		0 5	10	_	5	5	0	0	0	0	0	0	0.	0	0.	0	0.	0	15	5	0.	100	1	3
Vanessa Brennan	0	0	0	0	0	0	-	0 0	0	0	0	0	0	0	0	0	0	0	(1)	0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	5	0	5	0	25		0
David Bretz David Brightwell	20	5	9	0 5	0	0	6	9 (	0	0	0	8	0	10	0	9	0 5	9	1	0 5		5 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	38		2
Julie Brightweil Grace Brinkoetter	20	5	5	5	0	0	0	0 1	0	0	0	8	0	0	5	5	5	5	-	5 0		5 5	10	0	5	0	0	0	0	0	20	0	0	0	0	0	0	0	0	0	0	113 15	1	3
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Michelle Brown John Brubaker	20	5	0	0	0	0	9	0 (	0	0	0	0	0	0	0	0	0	0	-	0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40 25	$\dashv$	0
Shane Burngarner	20	5	5	0	0	.0	- 6	3 (	0	0	0	0	0	0	0	8	0	0	1	0. 0		0. 0	0	0	0	0	0	0	0	0	0	0	0	8	0	8	0	0	0	0	0	30	⇉	1
Tammy Sumgarner Kristi Bunn	0	0	0	0	0	0	0	0 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	55 20		0
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Nancy Burklow	0	0	0	0	0	0	(	0 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	⇉	0
Larry Buske Mindy Buske	20	5	0	0	0	0	0	9 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25		0
Sierra Buske Tyler Buske	20	5	0	0	0	0	6	3 (	0	0	0	0	0	0	0	0	0	0	-	0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	$\dashv$	0
M. Katle Buskirk	0	0	0	0	0	0	9	0 (	0	0	0	0	0	0	0	0	0	0		0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15 90		0
Kathy Canaday	0	0	0	0	0	0	-	3 (	0	5	0	0	0	0	0	0	0	0		0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	20	0	8	10	0	0	0	0	50	⇉	0
LeAnne Cathers Nick Cathers	0	0	0	0	0	0	0	0 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	$\dashv$	0
Chuck Caudill Meredith Caudill	20	9			0				0	0	0	0	0	0	0		0	0		0 0		0 0	10		0		0	0 15	0	0	0	0	0	0	0	0	0	0	0 15	0	0	5 115	7	1
Amber Chasco	20	5	5	0	0	0	(	0 1	0	0	0	0	0	0	0	.5	5	0		0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40		1
Patrick Chasco Isaac Childers	20	5	.5	0	0	. 0	0	0 (	0	0	0	0	0	0	0	- 5	- 5	- 5		0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		25 45		2
Marilyn Cisco Karrie Clark	0	0	0	0	0	0	- 0	3 1	0	0	0	0	0	0	0	8	0	0	-	0 8		0 8	10	5	5	0	0	15	0 0	0	0	0	0.	0	0.	0	0.	0	15	0 5	0	70		0
Marilyn Clark	0	0	0	0	0	0	(	0 0	0	0	0	0	0	0	0	5	- 5	0		0 0		0 0	0	0	0	0	0	0	5	0	0	0	0	0	10	0	0	5	0	5	0	35	× 30	0
Judy Claussen Thomas Cody																						5 0 0 0	0	0	0	0	0	0	0	0	0	0	.0.	0	0.	0	:0.	0	0.	0		25 10		0
Reberca Collier Sue Cooper	20	5	0	0	0	0	0	0 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	10	0	5	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	10		0
John Coultas	20	5	0	0	0	0	0	9 1	0	0	0	0	0	0	0	0	0	0	0.1	0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	2 2	0
Melissa Coultas Blake Cowle-Healy	20	5	0	0	0	0	(	0 1	0	0	0	0	0	0	0	0	0	0		5		0 0	10	0	5	0	0	15	0	0	0	0	0	0	0	0	0	0	15	5		85	8 9	0
Josiah Cowle-Healy Katharine Cripe	0	0	0	0	0	0	0	9 (	0	0	0	0	0	0	0	5	5	0		0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10 25		0
Faith Crouch Lance Cull	0	0	0	0	- 8	0	- 0	3 1	0	0	0	0	0	0	0	- 5	5	- 0		0 0		0 0	.0	5	5	0	0	0	0	0	0	0	.0.	0	0.	0	:0.	0	.0.	0	:0.	20		0
Undsey Cumby	0	0	0	0	0	0	(	0 0	0	5	0	0	0	0	5	5	5	0		5		5 5	10	0	5	0	0	15	0	0	0	0	0	0	0	0	0	0	15	5	0	80	X X	0
Kim Curtis Caroline Dahlquist		0	3	0		0	- 0	9 1	0	0	0	0	0	0	0	- 5	- 5		1	0 0		0 5	10		5	0	.0	0	.0	0	.0.	0	0	0	0.	0	.0	0	.0.	0	0	130 30		1
Holly Dahlquist James Dahlquist	0	0	.5	0	0	0	0	9 1	0	0	0	0	0	0	0	5	5	0		5		5 0	10	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	15	5		65	3 5	0
Sunny Dahlguist	0	0	5	0	0	0		3 1	0	0	0	0	0	0	0	5	5	0	100	0 0		0 0	10	0	5	0	0	0	0	0	0	0	0	0	10	0	0	0	0	. 0	0	40		1
Lori Dale Tommy Dale	20	5	5	5	0	0	0	9 1	10	0	0	0	0	10	5	5	5	5		5 5	H	5 0	10	0	5	0	0	15	0	0	0	0	0	0	0	0	10	0	15	5	5	120 150		3
Michelle Dankoski Ashley Davis	0	0	0	0	0	0	(	3 (	0	0	0	0	0	0	0	5	. 5	0		0 0	(0)	0 0	- 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	X - X	0
Jennie Davis	20	5	0	0	0	.0	. 6	9 (	0	0	0	0	0	0	0	- 5	- 5	0		0 0		0 0	10	0	5	0	0	15	0	0	0	0	0.	0	0.	.0	0.	.0	15	- 5	0	85		0
Lauren Davis Michael Davis	20	5	0	0	0	0	0	0 1	0	0	0	0	0	0	0	0	0	0		0 0		0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25 25	× 34	0
Tadd Davis	20	5	5	0	0	0	0	0 1	0	5	0	0	0	10	0	. 5	5	5	100	5	1.2	5 0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	9	0	0	0	85 25	2 2	0
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2019 SRRC Participation Series Page 1 of S

	Incoln Presidential Half Marathon	PHM - SRRC Bonus Points	PHM - Volunteer Bonus Paints	unaia P. Carter, MD SK	ake Run Half Marathon	ake Run 12 K	ake Run 4.37M	Passavant Gatorade 10K	Passavant Gatorade SK	Reamboot Classic 15K	Reamboat Classic 4 Mile	cheels 10K	ath of July Blast 5K	Nomen's Distance Festival 2 Mie	WDF - SRRC Bonus Points	NDF - Volunteer Bonus Points	Site 7. Parade Run 2 Mile	D. (88) Bank	Parade Nun - Short, Bonus Points Parade Run - Volunteer Bonus Points	Abe's Amble 10K	abe's Amble SK	Abe's Amble - SRRC Bonus Points	Abe's Amble Volunteer Bonus Points	rull Moon Trail Run shoreline Clessic 15K	Prometine Classic SK	Quad Cities Marathon	Quad Oties Half Marathon	Quad Other SK	spongnera Marethon		Springfield Marathon SK		Frostbite Festival 2 Mile	rostbite Festival 10 Mile	Prostbite - SRRC Bonus Points	rostbite - Valunteer Bonus Points	Participation Points Total	Participation Award Tier	Times Volumbered
NAME	20	5	5	5	20	10	8	10	5	15	8 5	10		5	5	5	10 5		5 5	10	5	5	5	5 15		30	20		0 2			10		15	-5		369	3	
Sydne Dean Anna Deen	0	0	0	0	0	0	0	0	0		0 9	0		5	5		0 5	9	5 0	0	5	5		0 0		0	0		0 0	0			0	0	0		10	-	1 D
Sarah Deen	0	0	0	0	0	0	0	0	0	0	0 0			0	0	0	0 0	(	0 0	0	5	5	0	0 0	0	0	0	0	0 6				0	0	0	0	10	_	0
Michael Deneroff John Diel	0	0	0	0	0	0	0	0	0	0	0 9	0	0	0	0	0	0 0	0	0 0	10	0	5	0	0 0	0	0	0	0	0 0	0	0 0	0	0	15	9		15 55	- 1	D
Nikolay Dimitrov Emilya Dimitrova	20	5	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	0	0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	5	0	5	0	5		40 15	-	0 0 1 0
Raylea Dodson	0	0	3	0	0	0	0	0	5	0	0 0	0	0	3	5	0	0 3		5 0	10	0	5	0	0 0	0	0	0	0	0 6	(	6	0	0	15	3	0	65	⇉	1
Betty Dold Kristi Dossett	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	0	0 0	10	0	5	0	0 0	0	0	0	0	0 0	0	0 0	0	0	0	0		15	- 4	0
Maddle Dossett Mike Dossett	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	9	0 0	10	0	5	0	0 0	0	0	0	0	0 6		) 6	0	0	0	0		15 15	-	0 0 2
Cheryl Drda	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	i	0 0	10	0	5	0	0 0	0	0	0	0	0 0	6	0		0	0	0	0	15		D
Matthew Duff Heather Dunn	20	5	5	0	20	0	0	10	0	0	0 0	10	0	5	5	0	0 5		5 5	10	0	5	5	5 15	0	0	0	0	0 0	0	0 6	10	0	15	5		140	2	4
Ryan Dunn	20	5	5	0	0	0	0	10	0	0	0 0	10	0	0	0	0	0 5	3	5 5	10	0	5	5	5 15	0	0	0	0	0 6	0	6	0	0	15	5		125	1	3
Kelly Duppong Michael Dwyer	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	-	0 0	10	0	5	0	5 0	0	0	0	0	0 0		0 0		0	0	0		20	_	D D
David Ealey Abby Easley Dunn	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	0	0 0	10	0	5	0	0 0	0	0	0	0	0 6	0	0 6	0	0	0	0		15	-	0
Brookelyn Eazelle	20		0	0	0	0	0	0	0	0	0 0	0	-	0	0	0	0 0	-	0 0	0	0	0	0	0 0	0	0	0	0	0 0			0	0	0	0	0	25		0
Sandra Elliott Mary Emery	20	5	0	0	0	0	0	0	5	15	0 0	0	0	0	0	0	0 8	-	0 8	0	0	0	0	0 0	5	0	20	0	0 2	0 0	0 6		0	0	8		110 70	1	0
Mary Emrick Sarah Enlow	20	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	-	0 0	10	0	5	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0	8		15 120	1	3
Pamela Enno	20	5	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	-	0 0	0	0	0	0	0 0	0	0	0	0	0 0	(	0	0	0	0	0	0	25		D
Matt Euler Ryan Euler	0	0	0	0	0	0	0	0	0	0	0 5	0	0	0	0	0	0 0	0	0 0	10	0	0	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0	0		20	-	0 0 0
Cindy Evans	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	(	0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	0	0	5	0	5	0	10	7	0
Curt Evoy Mary Fairdough	20		5	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	0	0 0	0	0	0	0	0 0	0	0	0	0	0 6		0	10	0	0	0	0	40	_	1
Rm Falcon Kari Fargusson	20	5	0	5	0	0	0	10	0	0	0 0	10	0	0	0	0	0 0	0	0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	) 6	0	0	0	0		10	-	0 0 0
Lori Farris	20	5	0	0	0	0	0	0	0	0	0 0	10	0	5	5	0	0 0	-	0 0	10	0	5	0	0 0	0	0	0	0	0 0	1	0 0	0	0	15	5	0	90	#	0
Tim Febus Paul Fee	0	0	0	0	0	0	0	0	0	0	0 0	10	0	5	5	5	0 5	3	5 0	10	0	5	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0	0		10	1	2
Christine Feller Nancy Ferguson	20	5	5	0	0 10	0	0	0	0	0	0 0	10		0	0	0	0 0	0	0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	0	0	0	15	5		50 150	,	2 1 2 1
Jamie Fitzpatrick	20	5	5	0	0	0	0	0	0	0	0 0	0	0	5	5	0	0 0	-	0 0	10	0	5	0	0 15	0	0	0	0	0 6		6	0	0	15	5	0	90		1
lack Flesner Angle Fletcher	0	0	0	0	0	0	0	0	0	0	0 0	0		5	0	0	0 0	0	0 0	10	0	5	0	0 0	0	0	0	0	0 0	0	0 0	0	0	15	5		35	-	0 0 3 4 0
Amanda Fogleman	0	0	5	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0		0 0	0	0	0	5	0 0	0	0	0	0	0 0	0	0 0	0	0	0	0		15	7	3
Nick Fegleman Debbie Fortman	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	-	0 0	0	5	5	0	0 0	0	0	0	0	0 6	0	6	0	0	0	0	0	10	⇉	0
Leann Fox Mike Fox	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	0	0 0	0	5	5	0	0 0	0	0	0	0	0 0	0	0 0	0	0	0	0		10	-	D D
Sheryl Friedrich	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	(	0 0	10	0	5	0	0 0	0	0	0	0	0 6	1	0 6	0	0	0	0	0	25	4	D
Carrie Fundel Doug Galayda	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 5	-	5 0	0	0	0	0	0 15	0	0	0	0	0 0	0	0	0	0	15	5	0	35 45		1
Kaylee Gholson Shawn Gibbs	20	0 5	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	0	0 0	10	0	5	0	0 15	0	0	0	0	0 6	0	0 0	0	0	15	5		50 25	-	D D
Nicholas Gilmore	0	0	0	0	0	0	0	0	3	0	0 0	0	0	0	0	0	0 0	-	0 0	0	0	0	0	0 0	0	0	0	0	0 6	C	) (6	0	0	0	0	0	3	#	0 0 0
Bryan Glass Amanda Gleason	20	5	0	0	0	0	0	0	0	0	0 0	10	0	0	0	0	0 0	0	0 0	0	5	5	0	0 0	0	0	0	0	0 0	0	0 0	10	0	0	0	0	25 45		0
Molly Gleason Blake Glisson	0	0	0	0	0	0	0	0	0	0	0 0	0	0	5	5.	0	0 0	9	0 0	0	0	0	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0	0		10	-1	0
Wendy Glisson	0	0	0	0	0	0	0	0	0	0	0 0	0	0	5	5	0	0 0	į,	0 0	10	0	5	0	0 0	0	0	0	0	0 0	C	0	0	0	15	5	0	45	#	D.
Cathy Gochenour Denise Gonzales	20	5	0	0	0	0	0	0	0	0	0 0	0	0	5	0	0	0 0	0	0 0	0	0	0	0	0 0	0	0	0	0	0 6	1	0 5	10	0	0	0	0	65 40	- 2	0
Rex Gradeless Patrick Green	20	9	5	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	0	0 0	10	0	5	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0	0		45 10	7	D D
Daniel Greenman	0	0	0	0	0	0	0	0	0	0	0 0	0	0	5	5	0	0 0	1	0 0	0	0	0	0	0 0	0	0	0	0	0 0	C	0	0	0	0	0	0	10	=	0
Adam Gribbins Jason Gribbins	0	0	0	0	0	0	0	0	0	0	0 0	0	0	5	5	5	0 0	0	0 0	0	0	0	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0	0	0	15		1
Christina Griffin Andrew Guardia	0	0	0	0	0	0	0	0	0	0	0 0	0	0	5	5	0	0 0		0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	0 0	0	0	0	0		10 25	7	D
Joy Guardia	0	0	0	0	0	0	0	0	0	0	0 0		0	5	5		0 0	-	0 0	0	0	0		0 0		0	0	0	0 6	0	6	0	0	0	0	0	10	⇉	0 0 0
Melody Guardia Grace Gudwien	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0 0	9	0 0	0	0	0	0	0 0	0	0	0	0	0 6	0	0 0	0	0	0	0	0	10	+	0
Kelly Guerrero Judy Gunn		0															0 0																				15 20	7	0
Lindsay Hager	0	0	5	5	0	0	0	0	5	0	0 3	. 0	5	- 5	5	.0	0 0	0	0 0	0	.0	0	0	0 0	0	0	0	0	0 6	0	0 6	0	0	0	0	0	35		1
Ami Hall Dave Hall	0					0				0			0	5	5	0	0 5	3	5 0	10	0	5		0 0											0	0	35	+	1
Alexis Hamblin		0	0	0	0	0	0	0	0	0	0 0	0	5	0	0	0	0 0		0 0	0	0	0	0	0 0	0	0	0	0	0 6	0	) 6	0					5		0
Alivia Hamblin Howard Hamblin	0	0	0	0	0	0	0	0	0	0	0 0	0	5	0	0	0	0 0	(	0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	0	0	0	0	0	0	5		D
Jessica Hamblin Kathy Handy	20									0			5	0	0	0	0 5	3	5 0	10	0	5	0	0 15	0	0	0	0	0 0	0	) (			15			120	1	0
Mary Harney		5	0	0	0	0	.0	0	0	0	0 0	0	0	5	5	0	0 0	- 0	0 0	0	0	0	0	0 0	0	0	0	0	0 6	0	) 6	0					35	$\neg$	0
Pamela Hart Dawn Hauer	0		0	0	0	0	0	0	5	0	0 5	0	0	0	0	0	0 0		0 0	0	5	5	0	0 0	0	0	0	0	0 6	0	0 0	0	5	0	5		75 30		1 D
John Hauer Laura Hauer	20	5								0		10	0	0	0	0	0 5	- 9	5 0	10	0	0	0	0 0	0	0	0	0	0 6	0	) 6			15	5		105	1	0
Lindsey Hauer	0	0	0	0	0	0	0	0	5	0	0 9	0	0	0	0	0	0 5		5 0	10	0	5	0	0 0	0	0	0	0	0 0	0	) (	0	0	0	0	0	35		D
Joy Hayes Terry Heisler	0	0	.0	0	0	0	0	0	.0	0	0 0	0	0	5	5	0	0 0		0 0	10	0	5	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0	8		25 25	- 3	0
Scott Hendren Jennifer Herman	20	9	0	0	0	0	0	0	9	0	0 0	0	0	0	0	0	0 5	0	0 0	10	0	5	0	0 15	0	0	0	0	0 6	0 0	) 6	0	0	15 15			85 130	1	0
Megan Hermon	0	0	0	0	0	0	0	0	0	0	0 0	0	0	. 5	5	0	0 0	. 0	0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	0	0	0	0	0	0	10	1	0
Chris Hernandez Rick Hernandez	0	0	0	0	0	0	0	0	0	0	0 0	0	0	5	5	5	0 0	0	0 8	0	5	5	0	0 0	0	0	0	0	0 6	0	) 6	0	0	0			35	1	2
Connie Heskett Linda Hicks	20 0	5	0	0	0	0	0	0	0	0	0 0	10	0	5	5	0	0 0 5	1	5 0	10	0	5	0	0 0	0	0	20	0	0 0		0 0	0		15	5		110 30	1	0
Michael Hilderbrand	0	0	0	0	0	0	0	10	0	0	0 0	10	5	5	5	5	0 0	0	0 0	10	0	5	5	0 15	0	0	0	0	0 6	0	0	0	0	0	0	5	80		3
Bobbie Jo Hill Layne Hill	20	5							0	0	0 0		5	0	0	0	0 0	0	0 0	0	0	0	0	0 0	0	0	0	0	0 0	0	) (	0	0	0	0		70		0
Brenda Hillen Kevin Hingle		5	5	0	0	0	0	0	0	0	0 5	0	0	. 5	5	0	0 5		5 0	10	0	5	0	0 15	0	0	0	0	0 0	0	0	10	0	15	5	0	115 45	1	1
George Hinkle																	0 3																				55	╛	1
CE:																																							_

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NAME	Uncoln Presidential Half Marathon	us LPHM - SRRC Bonus Points	or LPHM - Volunteer Bonus Points	or lunsia P. Carter, MD SK	S Lake Run Half Marathon	GLake Run 12 K	oo Lake Burs 4.37M	C Passavant Gatorade 10K	or Passavant Gatorade SK.	5 Steamboat Classic 15K	oo Steamboat Classic 4 Mile	v-Scheels 5K	5 Schees 10K	or 6th of July Blast 5K	or Women's Distance Festival 2 Mile	or MDF -SRRC Bonus Points	un WDF - Valunteer Bonus Points	Z NB 10	or Parade Rum 2 Mile	or Parade Run - SRRC Bonus Points	Run - Volunteer B	Most Amble 10K	Abe's Amble	or Abe's Amble - SRBC Bonus Points	or Abe's Amble Volunteer Bonus Points	v. Full Moon Trail Run	Ci Shoreline Classic 15K	or Shoreline Classic SX	S Qued Cities Marathon	Stuad Croes Half Marathon	ã	Springfield Marathon	Springfield Marathon - Half Distance	5 Springfield Marathon 1/4 Marathon	us Springfield Marathon 5K	S Canal Connection 10K	ur Frostbite Festival 2 Mile	Frostbite Festival 10 Mile	or Frostbite - SRRC Bonus Points	or Frostbite - Valunteer Bonus Points	Participation Points Total	w Participation Awand Tier	Times Volunteered
Sunney Hinman Lydia Hocker	20 20	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0 0	5	0	0	0	0	0					0	0	0	0	0	0	0	40 25	$\blacksquare$	0
Jennifer Hollinshead Joshua Hollinshead	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	10	0 0	5	0	0	15 15	0	0	0	0	0	0	0	0	0	0	15 15	5	0	55 55		D D
John Hollman Aaron Holmes	20 20	5	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25 35		D
Kristine Holtman Patricia Hopkins-Price	20 0	5	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	70 10		0
Linda Hostetler William Hostetler	20	5	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	10	5 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0 15	5	0	20 60		D D
Linda House Joyce Hubbard	0	0	5	5	0	0	8	0	5	0	8	5	0	0	5	5	0	0	5	5	0	10	0 0	5	0	0	0	5	0	0	0	0	0	0	9	10	5	0	9	5	15 106	1	2
Kelly Hubbard Ryan Huddle	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20	1	2 0 0
Steve Huddle Brenda Humbert	20	9	0	0	0	0	0	0	0	0	0	0	10	0	5	5	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	10 80		0
Matthew Humke Abby Incca Lori locca	0 20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	5	0	0	0	0	0	0	0	0	5	0	5	0	15 25 75		0
Henry Janssen Mark Janus	20	_	5	0	0	0	0	10	0	0	0	0	10	0	0	0	0	0	5	5	0	10	0 0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	100	1	2 2 0
Poornima Jayaramaiah Kathleen Jensen	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10		0
Amanda Johnson Wés Johnson	20	5	5	5	0	0	0	0	0	0 15	8	5	0	0	5	5	5	0	5	5	0	10	5	5	5	0	0	5	0	0	0	0	0	0	0	10	5	0	5		118	1	4 2
Caroline Jones Dianna Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15 15		D
Tom Jones Vivian Jones	20	5	9	0	0	0	0	0	0	0	0	0	0	0	9	0	5	0	0	0	9	10	0	5	9	0	0 15	0	0	0	0	0	0	0	0	0	0	0 15	9	0	25 110	1	0 S D
Bronwyn Jones-Leach Eswara Kakarala	0 20		5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	10	0 0	0	5	0	15	0	0	0	0	0	0	0	0	0	0	15 15	5	0	35 80	F 3	2
Holly Kaminski Maria Kaminski	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25 25	5 2	0 0 0
Kathy Kassing Machele Keen	0	0	0	0	0	0	0	0	5	0	0	0	0	5	5	5	0	0	5	5	5	10	0 0	5	0	0	15	0	0	20	0	0	0	10	5	0	0	15	0	0	40 110	1	0
Brian Kerber Lynn Kerber	20	5	5	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	5	5	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15 15	5	0	75 85		1
Presley Kerber Shella Kinison	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	5	0	0	10	0 0	5	0	5	0	0	0	0	0	0	0	0	0	0	5	0	5	0	25 30		0
Kim Kinsell Marilyn Kirchgesner	20	5	0	0	20	0	0	10	0	0	0	0	10	0	5	5	5	0	0	0	5	10	0 0	5	5	5	15	0	0	20	0	0	0	0	0	10	0	15	5	0	15 175	2	3
Kathleen Knolhoff Trista Knorrek	20 20		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	9	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	8	0	5	0	110 25	1	2 0 1 0
Kim Knuuti Ashleigh Koemer	20	5	0	0	0	0	0	0	0	0	0	0	0	5	5	5	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	15 75 45		D
David Krah Elizabeth Krah Jennifer Krause	0	B 0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20		0
James Kuhn Jerry Kuhn	20	0	5	0	20	0	0	0	0	0	0	5	0	0	0	0	0	0	5	5	0	10	0 0	5	5	0	15	0	0	0	0		0	0	0	0	0	0	0	0	75 90		2 2
Deepak Kumar Marilyn Kushak	0 20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 5	0	9	10	0 0	5	0	0	15	0	0	0	0	0	0	0	0	0	0	15	5	0	50		3
Tom Kushak Barry Lacy	20 0		0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25 10		D D B
Sarah Lacy Beth LaFata	0	0	0	0	0	0	0	0	0	0	0	5	0	0	9	5	0	0	9	5	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	10	0	15	9	0	5 70	2 2	0
Darla Lane Kristal Lane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25 15	S 5:	D
Sara Lane Roberta Langellier	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	9	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15 20		0
Courtney Langheim Adam Langley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	5	5	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20 35		D
John Langley Molife Langley	20	5	5	0	0	0	0	10	0	15	0	0	10	5	5	5	5	0	5	5	3	10	0 0	5	0	0	15	0	0	20	0	0	0	0	0	0	0	15	5		155 175	2	0 3 4 D
Willa Langley Rick Larson Tina Lascody	0	0	5	0	0	0	0	10	0	0	0	0	10	5	5	5	5	0	5	5	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	65 10		4
Scott Leopold	0		5		0	0	0	0	0	0	0	0	0	0	5	5	5	0	3	5	0		5	5	0	0	0	5	0	0			0	10	0	0	0	0	0	0	55	$\Box$	4 D 2
Barb LeVeque Angela Ules	0									0													0 0									0			0	0	0	0	0	0	30	П	0
Christian Liles Griffin Liles	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	35 25		2
Katie Lippert Lindsey Lister	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0		0	15 135	1	3
Chelsea Lord Jacob Lord	0			0						0				0									0					0			0			0	0	0	0	0	0	5	45	3 9	2
Kajanda Love Dana Lovekamp		0	0	0	0	0	0	0	.0	0	0	0	0	0	5	5	0	0	0	0	0	10	0 0	5	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	25 30	100	D
Randi Lucas Joyce Ludwig	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	115 25		2 D
Rebecca Luke Patrick Magennis	20 20	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	. 0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		0		75 25		0
Barbara Manson Charity Marr	20	5	.5	5	0	0	0	0	0	0	0	5	0	5	5	5	5	0	5	5	5	10	0 0	5	5	0	15	0	0	0	0	0	0	10	0	0	0	15	9	5	170 145	2	4
Arry Martin Andy Martin	20	5	5	0	0	0	0	10	.0	0	0	0	10	0	5	5	5	0	- 5	5	0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	8	0	0	5	15 95	ř 3	3
Casey Mayfield Doug McDonaid Kim McDonaid		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0 0	5	0	0	0	0	0	0	0	0	0	0	0	0	0		0	0	45 15	8 9	0
Noah McIntyre Shelley McIntyre		0	0	0	0	0	0	0	0		0	0	0	0	5	5	0	0	0	0	. 0	0	0	0	0	0	0	0	0	0	0	0	0		0				0		15 10 55		0
Wyatt McIntyre Gordon McKayanagh	0	0	0	0	0	0	0	0	0		0	0	0	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		0	0	0	0	10		0
Thanh Melick Ginger Mercier	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	20	2 Y	0
Jeff Meyerhoff Frank Midiri	20	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15 15	5	0	50 160	12. 12	4
Matt Minder Demetra Mishler	0	0	5	0	0	0	0	0	.0	0	0	0	.0	0	5	5	5	0	. 0	0	. 0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	8	5	30 25	30.00	3
Colleen Moore Amy Moreland	0	0	0	0	0	0	0	0	0	0	0	9	0	0	0	0	0	0	5	5	0	10	5 0	5	0	5	0	0	0	0	0	0	0	10	0	0	0	0	5	0	40 25		0
Lynne Morris Dustin Morrison	20 20	S	0	0	0	0	0	0	0	0	0	0	0	5	5	5	5	0	9	5	0	10	0 0	5	0	0	0	0	0	0	0	0	9 20	0	0	10	0	15 15	5	5	75 120	1	2
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NAME	O Lincoln Presidential Half Marathon	A LPHM - SRRC Bonus Points	A LPHM - Volunteer Bonus Paints	in lunaia P. Carter, MD SK	S Lake Run Half Marathon	Cake Run 12 K	take Run 4.37M	Passavant Gatorade 10K	A Passavant Gatorade 5K	5 Steamboat Classic 15K	o Steamboat Classic 4 Mile	in Scheels 5K	of Scheels 10K		A Women's Distance Festival 2 Mile		A WDF - Volunteer Bonus Points	Parade Run 2 Mile	Parade Run - SRRC Bonus Points	steer B	Abe's Amble 10K	Abe's Amble SK.	Abe's Amble - SRRC Bonus Points	Abe's Amble Volunteer Bonus Points	Full Me	physician classic 158	S Quad Cities Marathon	S Quad Cities Half Marathon	r-Quad Ottes SK	Springfield Marathon	Springfield Marathon - Half Distance	5 Springfield Marathon 1/4 Marathon	A Springfield Manathon 5K	S Canal Connection 10K	r Frostbite Festival 2 Mile	Frostbite Festival 10 Mile	ar Frostbite - SRRC Banus Points	rostbite - Valunteer Bonus Points	Participation Points Total	Participation Award Tier	Times Volumeered
Lisa Mosley Kristina Mucinskas	20	0 5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	10	5.0	5	0	0	0 0	0	0	0	0	20	0	0	0	0	15 15	5		50 90	7	0
Emily Mueller Roger Muench	0	D 0	5	0	0	0	0	0	0	0	0	0	0	0	5	5	0 0	0 0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	15 58	#	1
Diane Muncy	20	5	0	0	0	0	0	10	0	0	0	0	10	5	5	5	0 (	5	5	0	10	0	5	0	0 :	5 (	0	20	0	30	0	0	0	0	0	15	5	0	170	2	0
Roseanne Nance	20 20	5	5	0	0	0	0	0	0	0	0	0	0	0	5	5	0 0	3	5	0	10	0	5	5	0	0 0	0	0	0	0	0	0	0	0	0	15	5	0	25 90	=	2
Hannah Nation Scott Nation	20	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	25 40	=	0
Jerry Naughton Cody Needham	20		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	10	0	5	0	5	0 0	0	0	0	0	0	0	0	0	0	0	0		20	1	0
Eli Nehrt Kim Nehrt	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	5	5	0 0	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0		25 25		1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Nancy Neuberger Diana Nevitt	20	5	0	0	0	0	0	0	0	15	0	0	0	0	5	5	0 0	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0 15	0		50 100	1	3
Daniel Newton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	15 15	7	0
Shelly Newton Jason Nikson	20		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	15	0		15 70	7	2
Patricia Nikson Haley O'Brien	20		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	25 35	7	0
George Oliver Joanne Olson	0	0	0	0	0	0	0	0	0	0	0	0	10	5	0	0	0 0	5	5	0	10	0	5	0	0	0 5	0	0	0	0	0 20	0	0	0	5	0	5	0	55 20	7	0
Lucas Oseland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0 (	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	10	⇉	0
Mary Oseland William O'Sullivan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	15	5	0	15 35	⇉	0
Bill Owens Kim Owens	20		5	0	0	0	0	10	0	0	0	0	10	5	0	0	0 0	3	5	5	10	0	5	0	0 :	5 (	0	0	0	0	20	0	0	0	0	15	5	0	15 140	2	2
Stephen Paca John Palusinski	20 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	5	0	10	5	5	0	0	0 0	0	0	0	0	0	0	0	0	5	0	5	0	105 25	1	0
Nichole Pallusinski Debbie Parker	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	10	5	5	0	0 :	0 9	0	0	0	0	0	0	0	0	5	0	5	0	25 30	-	0
Hannah Pasman Nat Pasman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5 0	5	0 0	0 0	0	0	0	0	0	5	0	0 0	0	0	0	0	0	0	0	0	0	0	0		15	$\exists$	1
Sam Pasman Zvi Pasman	20	В	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	9	0	0	10	0	0	5	0	0 (	0	0	0	0	0	0	0	0	0	0 15	0 5	0	5 70	7	1 n
Hinal Patel Jan Patterson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	15	7	0
Kent Patterson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 (	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	10	0	0	0	5	30	#	1
Erin Pearce Kara Perez	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	0	5	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	15 10		0
Patty Petersen Johnita Pettys	0	D B	0	0	0	0	0	0	0	0	0	0	10	0	0	0	0 0	0 8	0	0	10	0	5	0	0 :	5 6	0	0	0	0	0	0	0	0	0	15	5	0	125 50	1	0
Dawn Phillips Elisabeth Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	0 0	9 5	5	5	10	0	0	0	0 :	5 0	0	0	0	0	0	0	0	0	0	0	0	0	60 20	1	1
Cindy Pierson Gray Pierson	0	0	0 0	0	0	0	0	0	0	0	0	5	0	0	5	5	0 0	0 0	0	0	0	5	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	25	-	D
Julie Pitchford Mark Pitchford	20		0	0	0	0	0	0	0	0	0	0	0	0	5	5	0 0	0 0	0	0	0	0	0	5	0	0 0	0	0	0	0	0	0	0	0	0	0	0		40 25	1	1 D
Michele Pitts Angela Poage	20		5	5	0	0	8	0	5	0	0	5	0	5	5	5	0 1	0 5	5	0	10	0	5	5	5 3	5 6	0	20	0	0	20	0	0	10	0	15	5		203	3	3
Daron T Poage Elizabeth Poage	0	0	5	0	0	0	0	0	0	0	0	0	0	0	5	5	0 0	0 0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	15	7	1
Cathy Popovitch Jon Popovitch	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0 0	0 0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	10	7	D
Lonna Porter Christina Powell	20	9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 (	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	25 95	7	0
Ianet Powell	0 20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	20	0	0	10	0	0	0	0	30 35	#	0
Mike Powell Patrick Price	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 (	3	5	0	0	0	0	0	0	9 0	0	0	0	0	8	0	8	0	8	0	8	0	10	⇉	0
Michelle Pulce-Flynn	20 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	80 15	╛	D
Marya Radunzel Dawn Raycraft	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 (	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	5	0	5		15 30	1	0
Stacy Reddecliff Brianne Redpath	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0		85 15	=	D
Evan Rees Jennifer Rees	0		0	0	0	0	0	0	0	0	0	0	0	0	5	5	0 0	0 0	0	0	0	0 5	0 5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0		10 20		D D D
Jill Reich Jeana Reinbold	20		5	0	0	10	0		0		0					5		5 0	5						0 1			0		0	0	0	0	0	0	15 15	5		110 95	1	0
Smitha Rhodes Rai Richardson	20	p 5	0	0			0	0	0	0	0	0	10	0	0	0	0 0	0 0	0	0	10	0	5	0	0 :	0 0	0	0	0	0	0	0	0	0	0	15			20 75		0
Amanda Rieger Cynthia Rieke	0		0	0	0	0	0	0	0	0	0	0	0	0	5 0	5	0 0	0 0	0	0	10 10	0	5	0	5 :	5 0	0	0	0	0	0	0	0	0	0		5	0	65 65	-	1
Randy Rieke Samantha Rieke	20	5	5	0	0	0	0	10	0	0	0	0	0	0	5	5	5 0	5 0	5	0	10	0.5	5.	0	0 :	0 0	0	0	0	30	0		0		0	15	5	0	145	2	2
Sarah Rieke Philip Riesterer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0 (	5 0	5	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	35	- 3	0
Kenneth Riley Rhonda Robinson		S	5	0	0	0	0	10	0	15	0	0	10	0	5	5	5 (	3	5	. 0	10	0	5	0	0	0 0	0	0	.0	0	20	0	0	0	0	15	5	0	145 70	2	2
Nina Rossini	20	5	5	5	0	0	0	0	5	0	0	0	0	0	0	0	5 (	0 0	0	5	0	5	5	5	0	0 9	0	0	5	0	0	0	0	0	0	0	0	0	75 75		4
Jennifer Ryterski Gregg Sams	20	5	5	5	0	0	0	0	9	0	0	0	0	0	0	0	0 (	5	5	0	10	0	5	0	0 :	5 0	0	0	0	0	20	0	0	0	0	15	5	5	120	1	2
Steward Sandstrom Amy Savel	0		0	0	0	0	0	0	0	0	0	0	0	0	5	5	0 0	0 0	0	0	10	0	5	0	0	0 9	0	0	0	0	0	10	5			0			55		0
Molly Schaefer Patricia Schaefer		5	5	0	0		0	0	0	0	0	0	0	0	5	5	0 0	5	5	. 0	10	0	5	0	5	0 0	0	0	0	0	0	0	0	0	0	15	5	5	95 95	- 23	2
Russell Schaefer Lesa Schaive	20	5	0	5	0	0	0	0	0	0	0	5	0	0	5	5	0 1	0 0	0	0	0	5	5	5	0	0 9	0	0	0	0	0	0	0	0	5	0	5	5	15 90		2
Christopher Schmit Kate Schroter	20	0 S	0.5	0	20	0	0	0	0	15	0	0	0	0	5	5	0 0	5 0	5	0	10	5	5	0	0 :	0 S	0	0	0	0	0	0	0	0	5	15	5	0		1	D 2
Blake Scranton Levette Shade	20	5	5	0	20	0	.0	10	0	15	.0	0	10	5	5	5	5 (	0 0	5	0	10	0	5	0	5	5 6	0	20	0	0	20	0	5	10	8	15	5		225 15	3	1
Brian Shaw Bill Shelley		0		0		0	0	10	0	0	0	0	0	0	0	0	0 (	5	- 5	0	10	0	5	0	0	0 6	0	0	0	0	20	0	0	0	0	0	0	0	55 50		D D
Jessica Sheppard Pavithra Shetty	0	0	0	0	0	0	0	0	0	0	0	5	0	0	5	5	0 0	0 0	0	0	10	0	5	9	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	30 10	-	2
Venugopala Shetty Heather Shipp	0		0	0	0		0	0	0	0	0	0	0	0	0	0	0 0	5 0	. 5	0	10	0	5	0	0	0 0	0	0	0	0	0	0	0	10	0		5	0			D D
Elizabeth Sievers	0	0	0		0	0	0	0	0	0	0	0	0	0	0	0	0 0	0 0	0	0	0	5	5	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	10		0
Stephanie Sievers Darrell Simmermaker Tim Skronski		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 (	5	5	0	10	0	5	0	0	0 6	0	0	0	0	0	0	0	0	0	15	5	0	45	- 4	0
Bradley Smith																		5 0																							0

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Kevin Spuriock	20	5		0							0	0	0		0	0	0	0	0	0		0	0	0	0	0							0		0			15	5		45		0
Alice Staats	20	5	5	0	0	0	8	10	0				0	0	5	5	0	0	- 5	5	0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	103	1	1
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Brett Stallone-Dwyer  Dawn Steams	0	0	0	0	0	0	0	10	0	0	0	0	10	0	0	0	0	0	0	0	0	10	0	5	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	135	-	D 2 5
John Stearns	20	5	5	5	0	0	0	10	0	0	0	0	10	5	5	5	5	0	5	5	5	10	0	5	5	0	15	0	0	0	0	0	0	0	0	10	8	15	5	5	160	2	5
Bill Stokes	20	5	0	0	0	0	0	0	- 5	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0		0	0	0	0	0	0	10	5	0	0	0	0	0	55		0
Jamie Stone	0	0			0			0	0	0			0			5	0	0	0			10	0	5		0			0	0	0	0	0	0	0	0	0	0	0	0	30	$\Box$	0 0
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Victoria Stoye Drew Stroud	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	10	0	0	0	0 5		0	0	0	0	0	0	0	0	0	0	15	5	0	30	Н	0 0 0
Megan Styles	20	5	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	55		D
Dave Suiter	20	5						0	0	0	0	0	0	0	0	0	0	0	5	5	0	10	0	5	0	0		0	0	0	0	0	0	0	0	0	0	15	5	0	70		D
Christianna Sullivan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	0	5	5	0	0	0	5	0	0	5	0	0	0	0	0	5	0	5	0	40	₽	D
Madalynn Sullivan Calla Summers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0	0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3	0	25	$\vdash$	1 0
Julie Summers	0	0	0	0		0		0	0	0	0	0	0	0	5	5	0	0	0	0		0	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20		0
Chris Swisegood	20	5	0	0	0	0	0	10	0	0	0	0		0	0	0	0	0	0	0	0	10	0	5	0	0	15	0	0	0	0	0	0	0	0	0	0	15	5	0	85		B
Carissa Switzer	0	0	0	0				_		0	.0	5	0	0	5	5	0	0	0	0		0	5	5	0	0				0	0	0	0	0	.0	0	0	0	0	0	25		0
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Justin Tabatabai	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0	5	0	0	_	_	0	0	0	0	0	0	0	0	0	0	0	0	15		0
Jeremy Tackett	0	0	0					0	0	0	0	0		0	0	0	0	0	0	0		10		5							0	0	0	Ö	0	0	0	0	0	0	15		0
Amanda Tamminga	20	5	0	0		0		0	0	0	0	0	10	0	5	5	0	0	5	5	0	10		5	0	0				0	0	0	0	0	0	0	0	15	5	0	105	1	0
Laurie Tappenbeck Amanda Tapscott	20	5		0					0	0	0	0	0	0	0	5	0	0	0	0		10	0	0 5	0	0				0	0	0	0	0	0	0	0	0	9	0	10		2
Trevor Tapscott	20	5	0	0	0	0	0	0	0	0	0	0	0	5	5	5	5	0	0	0	0	10		5	0	0		0	0	0	0	0	0	0	0	0	0	15	5	5	85		2
Tori Taylor	20	5	. 5	5	0	0	0	10	0	0	0	0	10	0	5	5	0	0	5	. 5	0	10	0	5	0	5	15	0	0	0	0	0	0	10	5	10	0	15	5	0	155	2	1
Fess Teldehalmanot	0	0	5	0	0	0	0	10	0	0	0	0	10	5	0	0	0	0	5	5	0	10	0	5	5	5	0	0	0	0	0	0	0	0	.0	0	0	15	5	0	85		2
Mary Thoele Kathy Thomas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	$\vdash$	D
Colin Tierney	0	0	0	0	_	0		0	0	0	0	0	0	0	0	0	0	0	0	0	_	10	0	5	0	0	_	_	0	0	0	0	0	0	0	0	0	0	0	0	15		0
Steve Tierney	0	0	0	0		0		0	0	0	0	0	0	0	5	S	0	0	0	0	0	0	0	0	0	0		0		0	0	0	0	0	0	0	0	0	0	0	10	100	0
Linsey Torchia	20	5	0	5	0	0	8	10	0	0	0	0	0	0	5	5	0	0	5	5	0	10	0	5	0	0	15	0	0	0	0	0	0	0	.0	0	0	15	3	0	118	1	0
Michael Torchia	20	5	0	0	0	10	0 0	10	0	0	0	0	10	5	0	5	0	0	5	5	0	10	0	5	0	0	15	0	0	0	0	0	0	0	0	10	0	15	5	0	120	1	0 0 2
Angela Turasky Paul Turner	20	5	5	0	0	0	0	10	0	0	0	0	10	0	5	5	5	0	0	0	0	10	0	5	0	0	15	0	0	0	0	30	0	0	0	30	0	15	0	0	155	7	2
Colene Underwood	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	.0	0	0	0	0	0	3		2 T
Brenda Vall	0	0	_	0	0	0	0	- 0	0	0	0	0	0	0	0	0	0	0	5	5	0	10	0	5	0	0	_	-	0	0	0	0	0	0	0	Ö	0	0	0	0	25		0
Keith Virden	20	5	_	5	20	0	0	10	0	15	0	0	10	5	0	0	0	0	5	5	0	10	0	5	0	5		0	0	0	0	0	0	10	5	10	0	15	5	0	180	2	0
Nick Walden Jennifer Walker	0	0							0	0	0	0	0	0	0	0	0	0	0	0		10		5	0	0				0	0		20	0	8	0	8	15	5	0	55 25	-	D D
Carrie Ward	20	5	5	0	0	0	0	10	0	0	8	0	10	0	5	5	0	0	5	5	0	0	0	0	5	0	15	0	0	20	0	0	20	0	0	10	0	15	5	0	168	2	0 0 2 0
Tony Wasilewski	0	0	0								0	0		0	0	0	0	0	0	0		10		5	0	0					0		0	0	0	0	0	0	0	0	15		D
Benjamin Watts	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0	0	0	5		D
Michael Watts Shelly Weatherholt	0	0	0	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	30	0	0	0	0	_	_	_	0	0	0	0	0	0	0	0	0	0	0	15	$\vdash$	0 0
Shirley Webb	20	5	0	0	0	0	-	0	0	0	0	0	0	0	5	5	0	0	0	0	0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	10	0	15	5	0	80		0
Tom Weir	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	10		5	0	0			0	0	0	0	0	0	0	0	0	0	0	0	25	2 3	0
Bette Wells	0	0	0	0		0		0	0	0	.0	0	0	0	5	5	0	0	0	0		10	0	5	0	0	15	0	0	0	0	0	0	0	0	0	0	15	5	0	60		0
Bridget West Curt Winhold	20	5	0	0		0		0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0	0	0	0		0	0	0	0	0	20	10	0	0	0	0	0	0	108		0
Curt Winhold Joni Winhold	0	0		0		0		0	0	0	0	0	0	0	5	5	0	0	5	5	0	10	0	5	- 0	5				0	0	0	8	0	0	0	5	12	5	0	108		0
Kathleen Winhold	0	0				0	_	0	0	0	8	0	0	0	5	5	0	0	0	0		0	5	5	0	0	0	_	_	0	0	0	0	10	0	0	5	0	3	0	53		0
Courtney Winningham	0	0						0	0	0	0	0	0		0	0	0	0	0	0		10	0	5		0				0	0	Ö	0	0	0	0	0	Ö	0	0	15		0 0 3
Melissa Wiseman	20	5	0	0	0	0	0	0	5	0	8	0	0	5	5	5	5	0	5	5	0	10	0	5	5	5	15	0	0	0	0	0	20	0	0	10	0	15	5	. 5	163	2	3
Sam Woods II Angela Woodson	20	0	0	0	-	0	0	10	0	0	0	0	10	0	5	5	0	0	5	0	0	10	0	5	0	2	15	0	0	0	0	0	0	0	0	0	0	0	0	0	160 25	- 4	p
LeAnne Woody	20	5	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	50		0 1 0
David Wortman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		10		5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	35		D
Debbie Yeaman	20	5	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0		10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	15	5	0	70	$\Box$	B
James Yeaman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	10	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	15	⊢	0 D
Carolyn Young Lisa Young	20	5	0	0	0	0	0	0	0	0	0	0	0	0	5	5	0	0	0	0		10		5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50	Н	0
Mark Young	20	5			0		0							0	0		0				0	10	0	5		0	0								0	0					40		D
Marybeth Young	20	9	0	0	0	0	0	0	0	0	.0	0	0	0	0	0	0	0	5	5	0	10	0	5	0	0	15	0	0	0	0	0	0	0	0	0	0	15	5		85	$\Box$	0 0
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#### SPRINGFIELD ROAD RUNNERS CLUB



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# LINCOLN PRESIDENTIAL HALF MARATHON APRIL 4, 2020

Come start the 2020 racing season with us! The Lincoln Presidential Half Marathon will take place in Downtown Springfield. Mark your calendars and get signed up now for the first SRRC race of the year. Register today! <a href="https://runsignup.com/Race/IL/Springfield/RunAbe">https://runsignup.com/Race/IL/Springfield/RunAbe</a>



Abe's 50K Throw Down is back for 2020! Don't miss out on the chance to complete SRRC's signature race series!